

# Diet Order for Children with Special Needs

Medical Statement

## Part I (to be filled out by parent or guardian)

Name of Student: (LAST) \_\_\_\_\_ (FIRST) \_\_\_\_\_ (MI) \_\_\_\_\_

Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

School Attended by Student \_\_\_\_\_

Name of Parent or Guardian(s) \_\_\_\_\_ Home Phone Number \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Cell Phone Number \_\_\_\_\_

## Part II (to be filled out by Physician)

Patient's Diagnosis \_\_\_\_\_

Describe the patient's condition and the major life activity affected by the condition related to the need for dietary modification: \_\_\_\_\_  
\_\_\_\_\_

List and describe any special diet or dietary restrictions: \_\_\_\_\_  
\_\_\_\_\_

### Specify changes needing to be made as relative to special diet or dietary restrictions below:

- List any allergies or food intolerances to avoid: \_\_\_\_\_  
\_\_\_\_\_

- List foods to be omitted:

- List foods to be substituted:

- Circle if texture modification necessary: Pureed Ground Chopped

- List any special meal time equipment:

- Special medical comments about the child's eating or feeding patterns:

Please attach additional information available or needed to this form.

Dietitian's Name (if available): \_\_\_\_\_ Phone \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Signature of Physician \_\_\_\_\_ Date \_\_\_\_\_

## **Diet Order for Children with Special Needs**

**Purpose:** to record the student's condition requiring dietary modifications of school meals and the changes needed.

**Preparation:** The parent or guardian of the child is responsible for obtaining the form, filling out Part I, requesting completion by a physician, and delivering the form to the school. A licensed physician is responsible for completing Part II of the document based on the child's medical condition.

### **INSTRUCTIONS:**

#### **Part I (to be filled out by parent or guardian)**

**Name of Student:** Enter the student's last name, first name, and middle initial.

**Social Security Number:** Enter the student's nine-digit social security number.

**Date of Birth:** Enter the student's six digit date of birth.

**Age:** Enter the student's one or two digit AGE.

**School Attended:** Enter the name of the school the student regularly attends.

#### **Parent/Guardian Phone Numbers:**

If available, enter home or work and cell phone numbers with the area code where parent or guardian can be reached in the day time.

**Name of Parent/Guardian:** Enter the full name of the student's parent(s) or legal guardian(s)

#### **Signature of Parent/Guardian:**

Enter the signature of one parent or legal guardian's name.

The printed name on the previous line should correspond to the signature.

#### **Part II (to be filled out by licensed physician)**

**Patient's Diagnosis:** Insert the patient's clinical diagnosis for the condition which requires dietary modification.

**Description of patient's condition and major life activity affected by the condition related to dietary modification:** Describe the patient's condition as it affects a major life activity.

Describe how the restrictions of the patient's condition affect his/her diet.

#### **Indicate which dietary modifications the patient needs and specify what changes need to be made:**

Check the type(s) of modification the patient's condition requires and fill in the corresponding specification next to the type of modification.

#### **Dietitian's Name/Phone Number (if available):**

Provide a local dietitian's name and phone number if available.

**Physician:** Print the name, address, and phone number of the physician completing form.

#### **Physician's Signature/Date Signed:**

Enter the signature of the physician filling out the form and the date signed.

**RETURN COMPLETED FORM TO:  
THE PRINCIPAL, SCHOOL NURSE, OR CAFETERIA MANAGER AT YOUR CHILD'S SCHOOL**