# SENIOR FACT SHEET

Please complete this form and return it to the Counseling Office. This form will help your counselor and teachers write recommendations for your college applications, scholarships, employment, or other opportunities. Please feel free to attach any additional materials.

Name: _____ Date: _____

Address: _____ Email: _____
_____

Career and college major choices you are considering: _____
Colleges to which you expect to apply:

_____ _____ _____
_____ _____ _____

**Resume**

Extra and co-curricular activities – in the space provided please provide an organized list of any clubs, organizations, and athletic teams in which you participated both in and out of school. In addition to years of participation, please identify leadership held or other relevant information which will help to define your involvement in that organization.

| Activity | Position/Dates |
|---|---|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

**Work/Volunteer Experience**

Please include date of employment, type of work, and approximate hours per week)

| Place of Employment | Position/Dates |
|---|---|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

**Academic Honors, Awards, and/or Achievements**

Please include those earned both inside and outside of school. Include summer programs if not listed elsewhere.

| | |
|---|---|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

## Personal Data

College recommendations will also ask for a summary about a student's character and sense of a student's promise for personal and intellectual growth. Conveying your personal qualities is not an easy task. Therefore, I would appreciate an honest estimation of yourself. What you have done and what you will do.
Don't limit your discussion to what you have done in school. Include experiences drawn from any part of your life.

1. **Describe yourself**
   i. _____
   ii. _____
   iii. _____
   iv. _____
   v. _____

2. **What are your special interests and abilities, both academic and recreational?** (identify at least the top 3)
   i. _____
   ii. _____
   iii. _____
   iv. _____

3. **Has any summer experience, job, or study has been of significant importance to you?**

_____
_____
_____
_____
_____
_____
_____

4. **What circumstances, if any, have interfered with your academic performance?**

_____
_____
_____
_____
_____
_____
_____

5. **List 2 or three academic and/or personal goals you have set for yourself.**
   i. _____
   ii. _____
   iii. _____

6. **Is there any other information you would like to share with me so that I can make an accurate appraisal of you to colleges?**

_____
_____
_____
_____
_____
_____
_____