

# Dyslexia

## is real.

It's a learning difference that makes reading difficult. It often runs in families. Researchers have been studying dyslexia for more than 100 years.

## is common.

Some experts say 5 to 10 percent of people have dyslexia. Other say as many as 17 percent show signs of it.

## is lifelong.

With the right support, people with dyslexia can get better at reading. Many thriving adults with dyslexia say it helped them be more creative and resilient.



**Dyslexia isn't a problem of intelligence, laziness, vision, or reading letters backwards.**

## Trouble areas

- Sounding out written words
- Recognizing common words in text
- Spelling
- Reading accurately and smoothly
- Understanding what's read
- Writing
- Rhyming
- Solving word problems in math
- Learning a foreign language

## Ways to help

1. Step-by-step instructions on the basics of reading, with each concept mastered before moving on
2. Different ways for people to show what they know, like speaking rather than doing a written report
3. Technology like audiobooks and text-to-speech to level the playing field