Dear Parents,

This spring we will be studying human growth and development/puberty, the endocrine system, the reproductive system, and communicable diseases-those that can be passed from one person to another. The last topic will also include the study of sexually transmitted diseases and HIV/AIDS.
I would like to call your attention to the topics that evolve around teaching contents of human sexuality.

Our school-districts approach to teaching human sexuality is abstinence-based. My lesson plans will therefore emphasizes choosing abstinence as one of the most important health decisions your children can make. Your teenager will be presented educational, age-appropriate, medically and scientifically accurate materials to learn about the male and female reproductive system and personal health enhancing strategies that encompass sexual activity and disease prevention. If you would like to view the video prior to the presentation, here is the link. Always Changing and Growing Up- Co Ed Puberty Education.

Although I teach and encourage young people to choose abstinence and to feel good about that decision, experience has shown that the students' questions in class often go beyond abstinence. Their questions often evolve around contraception, safer sex, etc. Since our district is stressing abstinence, your teenager's questions often stay unanswered.

The solution to this dilemma is simple, please choose from the following option below and have it returned by your child's next Health class.

- Please remove my child _____from instruction on the following topics:

  _____

  _____

- My child _____ is allowed to participate in class. If he/she has questions that go beyond abstinence, I, as a parent, am available to answer questions and discuss concerns of sexual nature with my child.

- My child _____ is allowed to participate in class. If he/she has questions that go beyond abstinence, I give my consent to the teacher to answer those questions in an educational, scientific, and age appropriate manner after class.

Signature: _____