Books for Educators and Parents	© 2013 Committee for Children
Title	**Author**
The Art of Happiness: A Handbook for Living	By His Holiness the Dalai Lama and Howard C. Cutler, M.D
Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years	By Laura Davis and Janis Keyser
Best New Games: 77 Games and 7 Trust Activities for All Ages and Abilities	By Dale N. Lefevre
Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children	By Linda Lantieri and Daniel Goleman
Bullying in American Schools: A Social-Ecological Perspective on Prevention and Intervention	By Dorothy L. Espelage and Susan M. Swearer
Bullying, Victimization, and Peer Harassment: A Handbook of Prevention and Intervention	By Joseph E. Zins, Maurice J. Elias, and Charles A. Maher (Eds.)
Caring Classrooms/Intelligent Schools: The Social Emotional Education of Young Children	By Jonathan Cohen (Ed.)
Children's Social Consciousness and the Development of Social Responsibility	By Sheldon Berman
Chill and Spill: An Educator's Companion (available through Committee for Children)	By Art with Heart
Creating Culturally Responsive Classrooms	By Barbara J. Shade, Cynthia A. Kelly, and Mary Oberg
Creative Conflict Resolution: More Than 200 Activities for Keeping Peace in the Classroom K–6	By William J. Kreidler
Cultural Diversity and Social Skills Instruction: Understanding Ethnic and Gender Differences	By Gwendolyn Cartledge
Culturally Responsive Teaching: Theory, Research, and Practice	By Geneva Gay
The Difficult Child	By Stanley Turecki, M.D., and Leslie Tonner
Diversity in the Classroom: New Approaches to the Education of Young Children	By Frances E. Kendall
Early Violence Prevention: Tools for Teachers of Young Children	By Ronald G. Slaby, Wendy Roedell, Diana Arezzo, and Kate Hendrix
Easing the Teasing: Helping Your Child Cope with Name-Calling, Ridicule, and Verbal Bullying	By Judy S. Freedman
Educating People to Be Emotionally Intelligent	By Reuven Bar-On, J. G. Maree, and Maurice J. Elias, Ph.D. (Eds.)
The Emotional Development of Young Children: Building an Emotion-Centered Curriculum	By Marilou Hyson
Emotional Intelligence: Why It Can Matter More Than IQ	By Daniel Goleman
Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child	By Maurice J. Elias, Ph.D., Steven E. Tobias, Ph.D., and Brian S. Friedlander, Ph.D
Everybody Wins: 393 Non-Competitive Games for Young Children	By Jeffrey Sobel
Everyday Blessings: The Inner Work of Mindful Parenting	By M. Kabat-Zinn and J. Kabat-Zinn
The Feelings Book: The Care & Keeping of Your Emotions (American Girl)	By Dr. Lynda Madison
Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness	By Jon Kabat-Zinn, Ph.D
Games Educators Play: Interactive Games and Role Plays	By Mary J. Podgurski
Getting Past No: Negotiating Your Way from Confrontation to Cooperation	By William Ury
Getting to Yes: Negotiating Agreement Without Giving In	By Roger Fisher, Bruce Patton, and William Ury
Healthy Teens: Facing the Challenges of Young Lives (Third Edition)	By Alice R. MacCarthy, Ph.D
The Heart of Parenting: Raising an Emotionally Intelligent Child	By John Gottman, Ph.D., and Joan Declaire
Helping Students Overcome Substance Abuse: Effective Practices for Prevention and Intervention	By Jason J. Burrow-Sanchez and Leanne S. Hawken
Homework Without Tears: A Parent's Guide for Motivating Children to Do Homework and to Succeed in School	By Lee Canter and Lee Hausner, Ph.D
How to Talk So Kids Will Listen and Listen So Kids Will Talk	By Adele Faber and Elaine Mazlish
The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3–8	By Carolyn Webster-Stratton, Ph.D
Interventions for Academic and Behavior Problems II: Preventive and Remedial Approaches	By Mark R. Shinn, Gary Stoner, and Hill M. Walker
Just Say Know: Talking with Kids about Drugs and Alcohol	By Cynthia Kuhn, Ph.D., Scott Swartzwelder, Ph.D., and Wilkie Wilson, Ph.D
The Kindness Curriculum: Introducing Young Children to Loving Values	By Judith Anne Rice
Kid Cooperation: How to Stop Yelling, Nagging and Pleading and Get Kids to Cooperate	By Elizabeth Pantley
Kids Can Cooperate: A Practical Guide to Teaching Problem Solving	By Elizabeth Crary
Learning Together and Alone: Cooperative, Competitive, and Individualistic Learning	By David W. Johnson and Roger T. Johnson
Late, Lost, and Unprepared: A Parent's Guide to Helping Children with Executive Functioning	By Joyce Cooper-Kahn, Ph.D., and Laurie Dietzel, Ph.D
Little Girls Can Be Mean: Four Steps to Bully-Proof Girls in the Early Grades	By Michelle Anthony, Ph.D., and Reyna Lindert, Ph.D
Love and Anger: The Parental Dilemma	By Nancy Samalin and Catherine Whitney
1-2-3 Magic: Effective Discipline for Children 2–12	By Thomas W. Phelan, Ph.D
Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity, and Healthy Emotions from Birth Through Adolescence	By Marian Diamond, Ph.D., and Janet Hopson
Making Schools Safer and Violence Free: Critical Issues, Solutions and Recommended Practices	By Hill M. Walker and Michael H. Epstein (Eds.)
Meet Me in the Middle: Becoming an Accomplished Middle-Level Teacher	By Rick Wormeli
The Mindful Child: How to Help Your Kid Manage Stress and Become Happier, Kinder, and More Compassionate	By S. K. Greenland
The Moral Judgment of the Child	By Jean Piaget
The Moral Life of Children	By Robert Coles
Multicultural Education of Children and Adolescents	By M. Lee Manning and Leroy G. Baruth
Multiple Intelligences in the Classroom	By Thomas Armstrong

Multiple Intelligences: The Theory in Practice	By Howard Gardner
The Nature of Prejudice	By Gordon W. Allport
Nonviolent Communication: A Language of Life	By Marshall B. Rosenberg, Ph.D
Odd Girl Out: The Hidden Culture of Aggression in Girls	By Rachel Simmons
The Optimistic Child	By Martin E. P. Seligman, Ph.D.
A Parent's Guide to Building Resilience in Children and Teens: Giving Your Child Roots and Wings (American Academy of Pediatrics)	By Kenneth R. Ginsburg, M.D
Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds	By Rex Forehand, Ph.D., and Nicholas Long, Ph.D.
Parenting Your Anxious Child with Mindfulness and Acceptance: A Powerful New Approach to Overcoming Fear, Panic, and Worry Using Acceptance and Commitment Therapy	By Christopher McCurry, Ph.D.
The Peaceful Classroom: 162 Easy Activities to Teach Preschoolers Compassion and Cooperation	By Charles A. Smith, Ph.D.
The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About Our Kids	By Barbara Strauch
Promoting Social and Emotional Learning: Guidelines for Educators	By Maurice J. Elias, Joseph E. Zins, Roger P. Weissberg, Karin S. Frey, Mark T. Greenberg, Norris M. Haynes, Rachael K. Kessler, Mary E. Schwab-Stone, and Timothy P. Shriver
Quality Middle Schools: Open and Healthy	By Wayne K. Hoy and Dennis J. Sabo
Raising a Thinking Child: Help Your Young Child to Resolve Everyday Conflicts and Get Along with Others	By Myrna B. Shure, Ph.D., and Theresa Foy DiGeronimo
Raising an Emotionally Intelligent Child: The Heart of Parenting	By John Gottman, Ph.D., and Joan Declaire
Raising Children in a Socially Toxic Environment	By James Garbarino
Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks for Developing Capable Young People	By H. Stephen Glenn, Ph.D., and Jane Nelsen
Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic	By Mary Sheedy Kurcinka
Rethinking Substance Abuse: What the Science Shows, and What We Should Do About It	By William R. Miller and Kathleen M. Carroll (Eds.)
Role Play: Theory and Practice	By Krysia M. Yardley-Matwiejczuk
Roots & Wings: Affirming Culture in Early Childhood Programs	By Stacey York
Schools Where Everyone Belongs: Practical Strategies for Reducing Bullying	By Stan Davis and Julia Davis
Schools with Spirit: Nurturing the Inner Lives of Children and Teachers	By Linda Lantieri (Ed.)
The Second Cooperative Sports and Games Book	By Terry Orlick
The Shelter of Each Other: Rebuilding Our Families to Enrich Our Lives	By Mary Pipher, Ph.D.
Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too	By Adele Faber and Elaine Mazlish
Social Intelligence: The New Science of Human Relationships	By Daniel Goleman
SOS! Help for Parents	By Lynn Clark, Ph.D.
Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts	By David C. Hall, M.D.
Sustainable Schoolwide Social-Emotional Learning: Implementation Guide and Toolkit	By Elizabeth Devaney, Mary Utne O'Brien, Hank Resnik, Susan Keister, and Roger P. Weissberg
Thinking Parent, Thinking Child	By Myrna B. Shure, Ph.D., and Theresa Foy DiGeronimo
Understanding Youth: Adolescent Development for Educators	By Michael J. Nakkula and Eric Toshalis
The Unwritten Rules of Friendship: Simple Strategies to Help Your Child Make Friends	By Natalie Madorsky Elman, Ph.D., and Eileen Kennedy-Moore, Ph.D
Urban Dreams: Stories of Hope, Resilience and Character	By Maurice J. Elias, Gina Ogburn-Thompson, Claudine Lewis, and Deborah I. Neft (Eds.)
Using Literature to Help Troubled Teenagers Cope with Societal Issues	By Pamela S. Carroll (Ed.)
When Anger Hurts Your Kids: A Parent's Guide	By Matthew McKay, Ph.D., Patrick Fanning, Kim Paleg, Ph.D., and Dana Landis
Without Spanking or Spoiling: A Practical Approach to Toddler and Preschool Guidance	By Elizabeth Crary
You Can't Say You Can't Play	By Vivian Gussin Paley