

# Menu



# Mayfield Girls School

Week 5	Monday 03/07	Tuesday 04/07	Wednesday 05/07	Thursday 06/07			
Cooked Breakfast	Fried egg, hash brown, plum tomatoes & baked beans	Smoked salmon, scrambled egg & bagel	Sausage, beans & herby diced potatoes	Bacon, poached eggs & mushrooms	Buffet lunch		
Lunch Main Meal	Cauliflower, potato & pea masala with vegetable samosa	Chicken & tomato pasta with spinach and basil	Pork belly bao bun with hoisin, crispy onions & sesame				
Lunch Vegetarian	Vegetable enchilida	Macaroni cheese with mozzarella, cherry tomatoes & pesto	Bang Bang cauliflower bao buns with crispy onions & sesame				
Lunch Side Dishes	Rice & steamed spring greens & sugar snap peas	Green beans & broccoli	Stir fried Asian greens Noodles with onions & beansprouts				
Salad Bar Specials	Tex Mex sweetcorn salad	Asian noodle salad	Super green pesto pasta				
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked beans	Baked Beans	Baked Beans	Baked Beans			
		Tuna & sweetcorn					
Lunch Dessert	Blackcurrant mousse	Berry cheesecake tarts	Caramel mud cake with chantilly cream	Dessert of the day			
Supper Main Meal	Nando's style Peri peri chicken	Beef burger in a bun	Meatball sub				
Supper Vegetarian	Halloumi & mushroom pitta pocket with chilli jam	Mozzarella sticks & tomato relish	Falafal sub				
Supper Side Dishes	French fries, corn on cob & Slaw	Italian salad chips	Crisps & slaw				
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards						
Jacket Potatoes	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.						