

Wolfe County_Schools
Physical Activity and Nutrition Report
Findings and Recommendations

Findings

Nutrition Environment:

- Farm to School Activities
- Collaboration between food service staff and teachers
- Smarter lunchroom techniques – to have greater participation in our breakfast program.

Physical Activity Environment:

- Licensed Physical Education teachers
- Prohibit using physical activities as punishment
- Prohibit using recess as punishment

Recommendations

- Use more local farmers and maybe even use some out of county farmers to buy fruits and produce
- Monthly meetings between food service staff and teachers for collaboration.
- Training on techniques on how to make food more appealing for greater participation in our breakfast program.
- Professional Development on way to punish students instead of taking his/her recess or physical education class.
- Continue to search for money to hire licensed physical education teachers for all schools.
-