





What Zone Are You In?

| Blue | Green | Yellow | Red |
|---|---|--|---|
|  A blue character with large eyes and glasses, looking sad and holding a blue ball. |  A yellow character with a wide smile, arms outstretched, and one leg raised in a happy dance. |  A purple character with a long nose, looking frustrated with a hand to his chin. |  An orange character with a large, angry mouth and a flame-like top, looking very angry. |
| <p>Sick Sad Tired Bored Moving slowly</p> | <p>Happy Calm Feeling okay Focused Ready to learn</p> | <p>Frustrated Worried Silly Excited Loss of some control</p> | <p>Mad/Angry Mean Yelling/Hitting Disgusted Out of control</p> |

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Credits to the font artist:



thank you!
Christine – Creatively Learning



¿En qué zona estás?

| Azul | Verde | Amarillo | Rojo |
|--|--|---|---|
|  |  |  |  |
| <p>Enfermo Triste Cansado Aburrido Moviéndose lento</p> | <p>feliz tranquilo sintiéndose bien Enfocado Listo para aprender</p> | <p>Frustrado Preocupado Inquieto Emocionado Pérdida de cierto control</p> | <p>Enojado Aterrorizado Gritando / Golpeando Elevado Fuera de control</p> |

