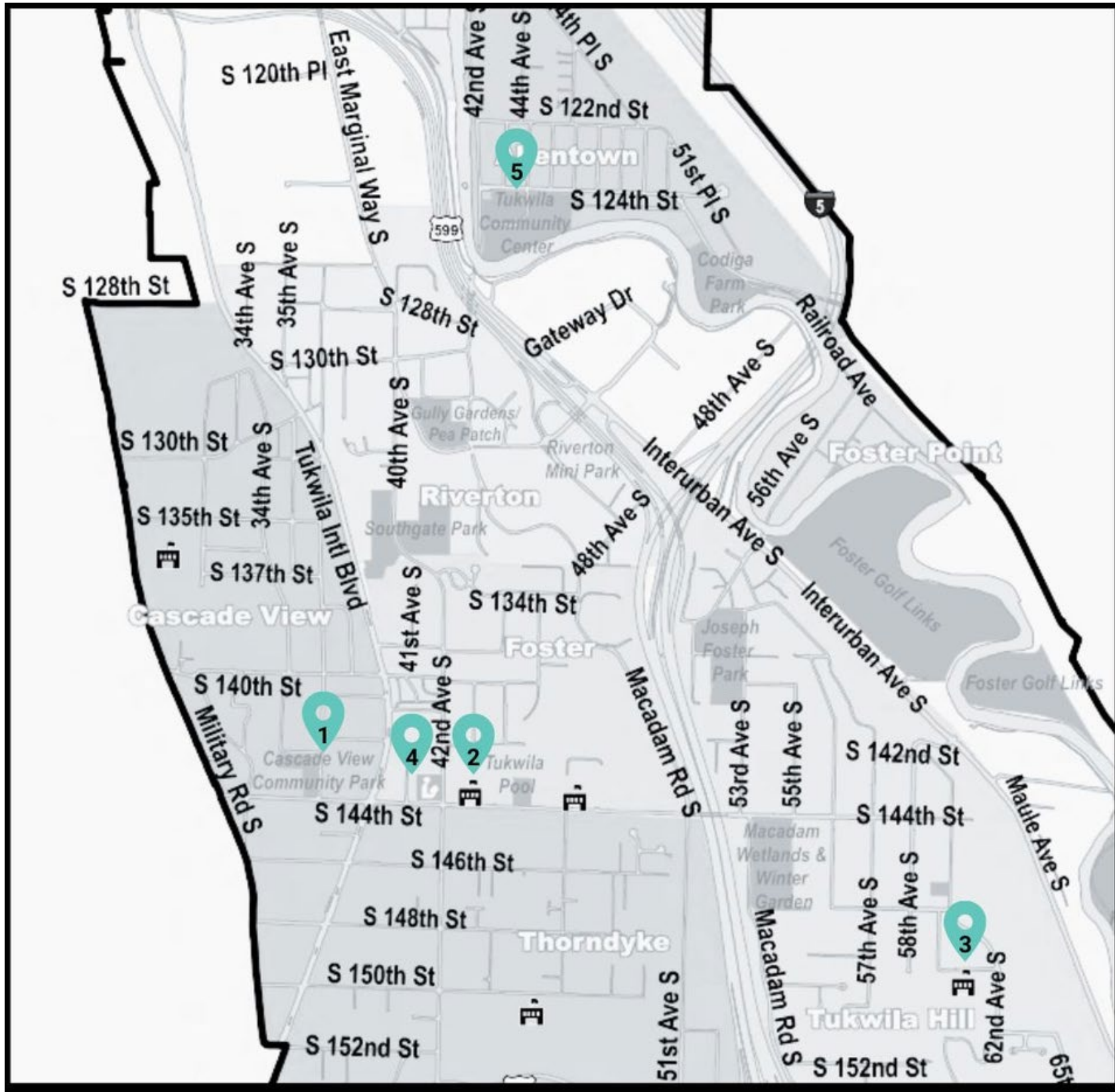


# FREE SUMMER MEALS

## for TUKWILA KIDS & TEENS



Summer meals are open to all kids and teens 18 years and younger.

Registration is not required. There are no forms to fill out and no names are written down. Just stop by any of these locations for a free, nutritious meal. The meals must be eaten on-site.

- 1** Cascade View Community Park  
 14211 37th Ave South  
 July 10th – August 25th, Monday – Friday  
 Lunch: 11:45 am – 12:45 pm  
 Snack: 1:45 – 2:00 pm
- 2** Foster High School  
 4242 South 144th Street  
 July 5th – August 3rd, Monday – Thursday  
 Breakfast: 7:30 – 8:00 am  
 Lunch: 11:00 – 11:30 am
- 3** Tukwila Elementary  
 5939 South 149th St  
 July 5th – August 3rd, Monday – Thursday  
 Breakfast 8:30-9:00 am  
 Lunch: 12:00 – 12:30 pm
- 4** Tukwila Village Farmer's Market  
 14350 Tukwila International Blvd  
 June 21st – August 30th, Wednesdays  
 Dinner: 4:30 – 6:30 pm  
 Halal friendly options.  
 Meals available for caregivers too!
- 5** Tukwila Community Center  
 12424 42nd Ave South  
 July 5th-August 25th, Monday – Friday  
 Lunch: 11:15 am – 12:15 pm  
 Snack: 3:00 – 3:30 pm



| Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                                                  |
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| <p><b>Breakfast:</b><br/>           7:30-8 am Foster High School<br/>           8:30-9 am Tukwila Elementary</p> <p><b>Lunch:</b><br/>           11-11:30 am Foster High School<br/>           11:15 am -12:15 pm Tukwila Community Center<br/>           12-12:30 pm Tukwila Elementary<br/>           11:45 am -12:45 pm Cascade View Community Park</p> <p><b>Snack:</b><br/>           1:45-2 pm Cascade View Community Park<br/>           3-3:30 pm Tukwila Community Center</p> | <p><b>Breakfast:</b><br/>           7:30-8 am Foster High School<br/>           8:30-9 am Tukwila Elementary</p> <p><b>Lunch:</b><br/>           11-11:30 am Foster High School<br/>           11:15 am -12:15 pm Tukwila Community Center<br/>           12-12:30 pm Tukwila Elementary<br/>           11:45 am -12:45 pm Cascade View Community Park</p> <p><b>Snack:</b><br/>           1:45-2 pm Cascade View Community Park<br/>           3-3:30 pm Tukwila Community Center</p> | <p><b>Breakfast:</b><br/>           7:30-8 am Foster High School<br/>           8:30-9 am Tukwila Elementary</p> <p><b>Lunch:</b><br/>           11-11:30 am Foster High School<br/>           11:15 am -12:15 pm Tukwila Community Center<br/>           12-12:30 pm Tukwila Elementary<br/>           11:45 am -12:45 pm Cascade View Community Park</p> <p><b>Snack:</b><br/>           1:45-2 pm Cascade View Community Park<br/>           3-3:30 pm Tukwila Community Center</p> <p><b>Dinner:</b><br/>           4:30-6:30 pm Tukwila Village Farmer's Market</p> | <p><b>Breakfast:</b><br/>           7:30-8 am Foster High School<br/>           8:30-9 am Tukwila Elementary</p> <p><b>Lunch:</b><br/>           11-11:30 am Foster High School<br/>           11:15 am -12:15 pm Tukwila Community Center<br/>           12-12:30 pm Tukwila Elementary<br/>           11:45 am -12:45 pm Cascade View Community Park</p> <p><b>Snack:</b><br/>           1:45-2 pm Cascade View Community Park<br/>           3-3:30 pm Tukwila Community Center</p> | <p><b>Lunch:</b><br/>           11:15 am -12:15 pm Tukwila Community Center<br/>           12-12:30 pm Tukwila Elementary<br/>           11:45 am -12:45 pm Cascade View Community Park</p> <p><b>Snack:</b><br/>           1:45-2 pm Cascade View Community Park<br/>           3-3:30 pm Tukwila Community Center</p> |