

COUNSELING NEWS

The latest news and updates from Mrs. Trawick and Mr. Fricks

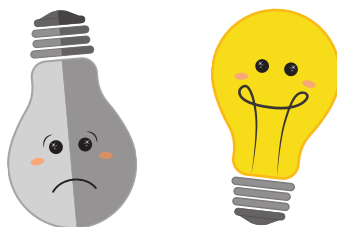


What did we do in counseling?

Kindergarten - Fifth Grades

- You will see your school counselor walk up and down the halls visiting classes and talking with teachers.
- Your school counselor has helping hands and hugs whenever you feel down.
- Your school counselor is here to listen to your feelings/problems whenever you need him/her.
- Your school counselor does not repeat what you tell her unless you are being hurt or in danger.
- Your school counselor's job is to look out for her students and help see ways to help students.
- Your school counselor may talk with your parents or teachers on how to help you be the best that you can be.

Bag: Your school counselor has a bag of tricks that can help you find new ways to try to make friends, help with bullies, and do a great job in school.



UPCOMING DATES:

October 7th thru 12th
No School - Fall Break

October 14th (Thursday)
Marcos Spirit Night

October 13th (Wednesday)
Report Cards will come home in folders.

October 25th thru 29th
Red Ribbon Week

6th Grade

How Does My Character Look?

Educators can help students understand the effects of their choices, and possible outcomes, by openly discussing the true facts about how life works. As students get older, they need to understand that their choices determine the outcomes of their dreams. Poor decisions can prevent students from making the team, being accepted into a club or organization, graduating high school or college, being accepted into the university/college of their choice, and even getting their dream job.

Red Ribbon Week Schedule

RED RIBBON WEEK

OCTOBER 25-29, 2021

Monday

Don't Let Drugs Steal Your Life Treasures



Students wear gold, silver, beads, crowns, and tiaras

Tuesday

THE MESSAGE IS CLEAR: SAY **NO** TO DRUGS



Students wear Island Attire

Wednesday

ALL Hands on Deck for a DRUG FREE LIFE



Students wear

RED



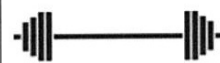
Thursday

Don't walk the Plank!! Say **NO** to Drugs



Students wear

FITNESS ATTIRE



Friday

Shiver Me Timbers! Drugs "ARRGH" Scary



Students Dress like



Life Is A Treasure! Map Out A Healthy Journey

Red Ribbon Week is the nation's oldest and largest drug prevention awareness program. We are spreading awareness on the dangers of drugs and alcohol abuse and teaching students the benefits of building lifelong healthy habits, physically, mentally, and emotionally.

Counseling Topics for October

- K: My Good Choices
- 1st: The Choice is Yours
- 2nd: My Healthy Choices
- 3rd: Healthy Choices Help
- 4th: I Choose...
- 5th: Can I Make Tough Decisions?
- 6th: Decisions, Decisions

Counselors Corner

Be sure to check out the Counselor's Corner on the school website for more information and helpful tips.



Mrs. Trawick & Mr. Fricks
Elementary Counselors

