

FAMILY RECONCILIATION MEDIATION



PEACEFUL



EFFECTIVE



SOLUTIONS



RESOLUTION



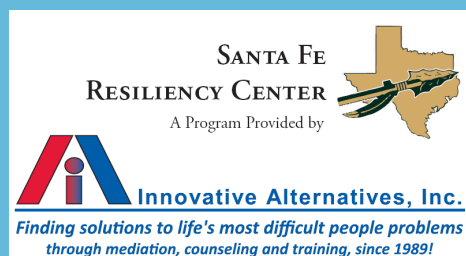
EFFICIENT



AGREEMENT

Family Reconciliation Mediation promotes peaceful, effective and thorough conflict resolution, problem-solving and planning that enables couples and families to save and strengthen relationships whenever possible. IA has developed a process for disputing families that rapidly identifies core issues and allows constructive problem solving within much less time than family counseling!

What takes months in counseling and often involves circular arguments, stays focused on solutions within the structure provided by the mediation process. The resulting agreement is created by you, is yours to keep, and fits the needs of your family!



**IA accepts health insurance for family mediation.
(Except Divorce & Custody)**

4233 FM 1764 Suite 4E, Santa Fe, TX 77517 | 409.218.7129
713.222.2525 | sfrcreferral@innovativealternatives.org

Family Intervention Mediation

Family intervention services to discuss difficult issues & stop the escalation of conflict!

FIM looks just like Family Reconciliation Mediation, but clients give a mental health mediator permission to step into a clinical role if family history indicates this is the most appropriate approach.

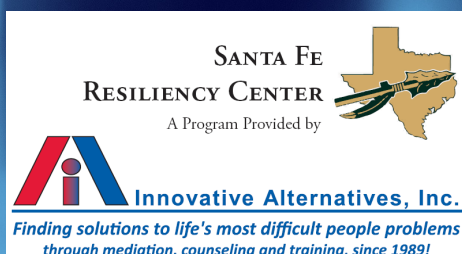
FIM is necessary to keep family relationships safe and healthy when:

- Periods of crisis, stress, or trauma increase conflict in couples & the desire to reconcile is questionable for one or both parties;
- Any volatile or escalating conflict history exists;
- A family wishes to request that a relative who is acting erratically, seek a mental health or substance abuse assessment;
- An elderly parent is losing the capacity to live independently & complex planning is needed for care;
- A known, or suspected mental health diagnosis exists and is untreated;
- A known, or suspected substance dependence or addiction exists & is disrupting family &/or endangering others.

Trained mediators and mental health Providers work with couples & families to:

- Assess the desire for reconciliation of the relationship;
- Establish safety plans in high conflict couples or families;
- Identify strengths and problem areas in the relationship in need of resolution;
- Express impact of unresolved problem areas on each family member, including on the kids;
- Determine if reconciliation is possible;
- Establish treatment plans for individual & relational problems to heal the relationship;
- Set milestones that allow each person to know if/when goals are met, or when it's time to stop trying;
- Assist partners or family members in working together to create real change.

Family Intervention Mediation allows safe discussion of difficult issues, interrupts the escalation of conflict & creates solutions to prevent problems from recurring!



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