

## COLLEGE COUNSELING AT **FREDERICA ACADEMY**

Frederica Academy's College Counseling Center aims to support students in identifying their college of best fit while promoting and encouraging students to develop the skills and knowledge they need for higher education and beyond.



## FRESHMAN YEAR

- Attend the US 101 summer class (August)
- Work to keep a balance between academics and extracurricular activities
- Attend the Freshmen College Counseling Workshop (September)
- Take the PreACT (October)
- Attend an Understanding your PreACT Score Workshop
- Explore SCOIR- build/update résumé and complete the YouScience assessment
- Take advantage of opportunities to visit colleges
- Plan a meaningful summer experience

## SOPHOMORE YEAR

- Work to keep a balance between academics and extracurricular activities
- Attend the Sophomore College Counseling Workshop (September)
- Take the PSAT (October)
- Take the PreACT (October)
- Attend Sophomore Class College Night (November)
- Attend an Understanding your PSAT and PreACT Score Workshop
- Explore SCOIR- update résumé
- Take advantage of opportunities to visit colleges
- Plan a meaningful summer experience
- Start to think about what you are enjoying most about your life at FA. Could a favorite class lead to a major in college or a career later in life? Does this environment (small classes, supportive faculty) appeal to you? How important are your favorite activities and sports to you?

## JUNIOR YEAR

- Work to keep a balance between academics and extracurricular activities
- Attend the Junior College Counseling Workshop (September)
- Take the PSAT/NMSQT (October)
- Take the PreACT (October)
- Attend the Junior ACT Prep Course (January)
- Attend Junior Class College Night (January)
- Schedule an Individual College Conference with Dr. Nevins
- Prepare for standardized tests- SAT, ACT
- Explore SCOIR- update résumé and take virtual tours
- Take advantage of opportunities to visit colleges
- Plan a meaningful summer experience
- Begin working on college essays
- Begin creating your college list

## SENIOR YEAR

- Schedule an Individual College Conference with Dr. Nevins (August)
- Explore SCOIR - update résumé and finalize college list
- Prepare for standardized tests - SAT, ACT
- Attend Senior Class College Night (September)
- Plan to make “overnight visits” to selected colleges
- Attend Financial Aid Night (October)
- Complete the college application process (February)
- Await college decisions (April 1st)
- Attend open houses or admitted student events to finalize your college choice
- Select a college and pay the deposit (May 1st)
- Schedule your Orientation at the college you have decided to attend
- Graduation!

SCAN TO LEARN MORE



**LAURA NEVINS**

Director of College Placement  
Assistant Head of Upper School

lauranevins@fredericaacademy.org  
(912) 638-9981 ext. 186

[www.fredericaacademy.org/academics/college-counseling](http://www.fredericaacademy.org/academics/college-counseling)