



Olentangy Schools Food Service  
Middle School Breakfast Program

Olentangy middle schools are pleased to participate in the National School Breakfast Program, which makes a balanced, nutritious breakfast available to all students.

Breakfast is available daily at all Olentangy middle school buildings. Please consult with your individual building as to the time and location of breakfast.

Breakfast consists of 4 items:

- An entrée, which is 2 items (whole grain-rich grains, example pancakes, or a whole grain-rich grain and a protein, example muffin and yogurt)
- Fruit, vegetable or juice\*
- Fat-free or low-fat milk

Students may take all 4 items, but must select at least 3 of the 4 items.

\*Students may take up to 2 servings of fruit, vegetable, or juice as part of their breakfast, but must select at least 1 serving.

Breakfast is served “grab and go” so that students can quickly pick up their meal to eat. The breakfast menu is included on the district food service website. Alternative menu options are available for students with medically documented food allergies or other special dietary needs.

The price for breakfast is \$1.50. If your student is currently participating in the free or reduced-price lunch program, they are automatically eligible for breakfast as well. The free price for breakfast is \$0.00 and the reduced-price breakfast is \$0.30. Students will use their meal account to purchase breakfast, plan accordingly when depositing funds to their account.

Free and reduced-price meal applications are available for families on the district's website that believe they may qualify.

If you have questions about the school meals programs contact the Olentangy Food Service office at 740-657-4053/5057 or [olsd\\_lunchaccount@olsd.us](mailto:olsd_lunchaccount@olsd.us).

This institution is an equal opportunity provider.