

**Springfield Local School District
Food Service Department**

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Springfield Local School District Nutrition Standards Report

Springfield Local Schools follows the standards governing types of foods and beverages sold on school premises. The two policies that focus on nutritional standards adopted by the state and enforced the school district are the wellness policy #8510 and the food service policy #8500.

Child nutrition programs give children an understanding of the relationship between proper eating habits and good health. Schools must follow the meal pattern which involves planned menus meeting at least minimum daily quantities and requirements of fruits, vegetables, whole grains, meats and milk. These meal components are assessed for calories, saturated fat, sodium and trans fat. The district purchases from vendors who ensure that all products meet nutritional standards and that labeling of their products is clear and concise. The daily availability of fresh fruits and vegetables helps encourage students to make healthier decisions about their meals. Monthly cycle menus are designed to be catchy to the eye, flavorful, and nutritionally balanced. The district also follows the Smart Snack guidelines and ensures that all food or beverages served during the restricted times comply with those standards. Special dietary needs are also met and overseen by cafeteria personnel along with the school nurse.

The USDA requires cafeteria employees take part in furthering their professional development yearly, (minimum hours are set by the USDA) with in person or online classes that are available. This includes not only nutrition but also food safety. The district enforces an approved HACCP plan and mandates that employees attend training on the HACCP plan and on food safety in general.

Overall, the district has many programs, policies and procedures in place to ensure that they are meeting the state standards and the district strives to not only meet but exceed those standards.