

Parenting in a Pandemic

A virtual meeting series providing local caregivers with a place to connect, learn and share resources

Are you a parent of a young child?

Feeling overwhelmed with COVID, remote learning, challenging behaviors, and *everything else*?

We hear you, and trust us, you're not alone.

Designed to run alongside the Mind Matters exhibit, Fort Collins Museum of Discovery has teamed up with the Early Childhood Council of Larimer County to create a place for parents and caregivers to connect, share stories, and learn from local experts.

These virtual gatherings will be facilitated by Dr. Buffy Trent Wolf, a psychologist and early childhood mental health expert who will provide information, resources and tools about common COVID-related stressors impacting caregivers and children. Participants will also have a chance to connect with other local families going through similar challenges, and to celebrate even the smallest successes.

There will be two meetups offered each month,
one in English and one in Spanish:

Tuesday, October 27, 2020 (ENGLISH) - 10:30am-11:30am

Tuesday, November 24, 2020 (ENGLISH) - 10:30am-11:30am

Tuesday, December 22, 2020 (ENGLISH) - 10:30am-11:30am

Tuesday, November 10, 2020 (SPANISH) - 10:30am-11:30am

Tuesday, December 8, 2020 (SPANISH) - 10:30am-11:30am

Tuesday, January 5, 2020 (SPANISH) - 10:30am-11:30am

**Participation is free, but space is limited.
Registration required at www.fcmod.org/event**

Questions? Contact:

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