

# CIRCLE OF SECURITY: PARENTING

A COMPASSIONATE PROGRAM  
TO SUPPORT PARENTS IN  
BUILDING STRONG & TRUSTING  
RELATIONSHIPS WITH THEIR  
YOUNG CHILDREN

## DETAILS

**Facilitators:**

Mary Beth Swanson, LCSW &  
Hannah Wurster, Ph.D., LMFT

**Dates:**

April 19 – June 25

**Times:**

Mondays 5:30-7:00pm

OR

Tuesdays 9:30-11:00am

**Billing:**

\$50/session (sliding fee scale available) OR  
Medicaid

**Participation:**

Groups are adults-only and are limited to 8 parents each. Sessions are held via Zoom and combine educational videos, discussion questions, and handouts. Program is in English.

## ABOUT

Circle of Security: Parenting is a group workshop for parents of young children (5 or under).

In this 10-week program, parents reflect upon their child's emotional needs and how to sensitively respond. The goal is to foster a secure attachment, which contributes to lifelong well-being!

## INTERESTED?

If you or somebody you know has a child age 5 and under and can commit to a 10-week program, contact us or enroll to learn more!

Complete referral form:

<https://forms.gle/shoA1F7gvHmxYsim7>

Questions? Email us:

[contact@willowcollectivefoco.com](mailto:contact@willowcollectivefoco.com)

More information:

[www.circleofsecurityinternational.com](http://www.circleofsecurityinternational.com)

[www.willowcollectivefoco.com](http://www.willowcollectivefoco.com)



THE WILLOW COLLECTIVE

Supporting young children & their families