

Guidelines for Sending Your Child to School

Per Texas Department of State Health Services Recommendations

COLD, SORE THROAT, COUGH

Your child **may** attend school when he/she has ALL of the following:

- Has only mild cold symptoms, or no cold symptoms.
- Has a normal temperature (under 100 degrees) for 24 hours or more.
- Has enough energy to do school work.
- Can keep from spreading germs by washing their hands, throwing away used tissues, coughing into their sleeve/elbow, and coughing away from other people.
- Has been taking antibiotics for **MORE** than 24 hours (or is not taking any antibiotics).

Your child **may NOT** attend school when he/she:

- Has a fever (temperature over 100 degrees) or needs fever-reducing medication.
- Has swollen glands.
- Has been taking antibiotics for less than 24 hours.

FEVER, VOMITING, & DIARRHEA

If your child has a fever (100 degrees or higher), is vomiting, or having diarrhea they must stay home from school. Your child must be fever free (under 100 degrees) without fever reducing medication, and no vomiting or diarrhea for 24 hours before returning to school.

RED EYES

Keep your child home if the white part of the eye is red, and yellow, green crusty, or gooey substances are observed in the eye. If your child has pink eye (conjunctivitis), they must stay home until they have been using antibiotic eye medication prescribed by a physician, for 24 hours or more. Pink eye is extremely contagious.

RASH

Keep your child home if they have a rash over a large part of their body or if the rash is oozing. Rashes can sometimes be tricky, so if the school nurse feels it is contagious, your child will be sent home. Some rashes may also need to be diagnosed and treated by a physician.

WOUNDS

Keep your child home if he/she has:

- Open, draining wound.
- Area around wound is red, swollen, tender, or warm to the touch.
- Has developed a fever along with having the wound.

If your child has a small wound that is not draining, it **must** remain covered throughout the entirety of the school day. If your school nurse feels that the wound is spreading or getting worse, your child will be sent home and this will warrant a visit to a physician.