



## 2017-18 School Health Advisory Committee Recommendations

- 1. The committee recommends reinstating a yearly health/wellness fair for parents, students and employees.**
  - a. Health Care providers to offer basic health screenings;
  - b. Vendor tables of local services related to health/wellness/physical fitness, etc.;
  - c. Home exercise instruction by WISD physical education teachers;
  - d. Food tasting and demonstrations by Culinary Arts students from CTE center
  
- 2. Increase district-wide offering of parent classes that address student mental health and online safety.**
  - a. How to recognize and treat depression and/or suicidal tendencies;
  - b. How to address bullying;
  - c. How to monitor and protect students from online threats and proper use of social media;
  - d. Utilize local agencies to offer these classes and provide resources; possibly organize a taped presentation in order to share with all WISD parents
    - i. *Conroe PD Cyber Crimes Unit*
    - ii. *SHSU Counseling Center*
    - iii. *Montgomery County Health Department / Tri County Mental Health*
  
- 3. Recruit additional members to join committee.**
  - a. Current members
  - b. District Leadership (community and business contacts)
  - c. School Leadership (parents)