The background features a large, faint dashed blue circle. Scattered around it are various solid-colored circles in shades of teal, light blue, lime green, orange, and pink. Some of these circles are partially enclosed by dashed lines of the same color as the circles they surround.

Social Emotional Learning Update

Board of Education Meeting
March 10, 2023

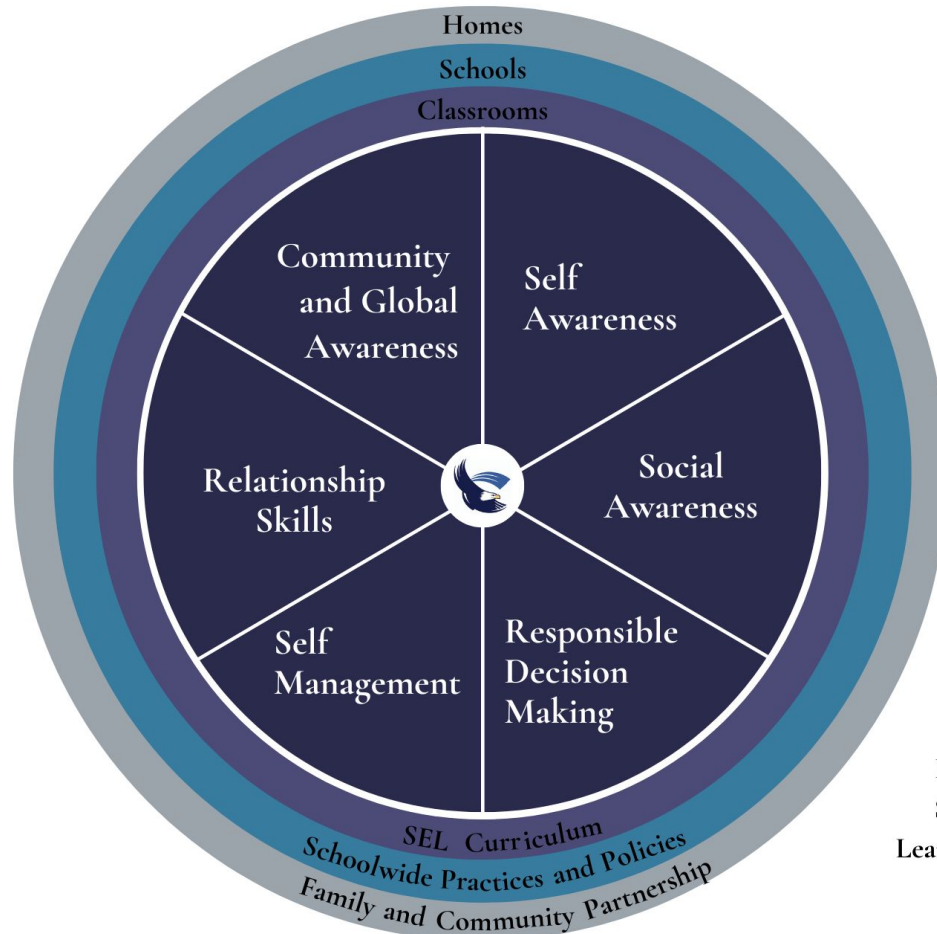
What is SEL?

The California Department of Education defines Social and Emotional Learning (SEL) as teaching:

“the critical role of positive relationships and emotional connections in the learning process”^[1] which helps students acquire and apply, the knowledge, skills, and attitudes to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions. All of these competencies are vital for success in school, work, and life.

When did SEL start at R. Roger Rowe and what have we accomplished?

- The Board of Education established SEL as one of our District Priorities in the 2018–2019 school year. In response, the SEL Committee was established in winter/spring of 2019.
- The Committee accomplished the following work over the last several years:
 - They created a wheel of social and emotional competencies and school wide expectations (Be resilient, Be respectful, Be responsible) based on the expectations of the R. Roger Rowe school community.
 - The Committee recommended a multi-year plan of SEL implementation:
 - First year – focus on School Wide Expectations and Morning Meetings (K-5) and Advisory Lessons (Grades 6-8)
 - Second year – an explicit curriculum to teach the SEL Competencies – using a “home grown” curriculum at this time
 - They recommended that a school counselor be hired; Carly Bourque was hired for the 20–21 school year, and was supporting both schools.
- Parent workshops with Susan Wais – Fostering Resilience in Children
- More communication to parents via the Sunday E-Newsletter, counselor’s monthly newsletter, and teacher newsletters



Rancho Santa Fe
Social Emotional
Learning Competencies

2020-2021

School Wide Expectations

BE RESPECTFUL

BE RESILIENT

BE RESPONSIBLE

[K-8 Expectations](#)

Social/Emotional Instructional Expectations

Elementary:

- Four Days – 30 minutes per day, 8:00 – 8:30 a.m.
 - Combination of:
 - Morning Meetings: Greeting, Sharing, Activity, Morning Message
 - Explicit SEL Lessons
- Friday on the Field

Middle School:

- Advisory Meetings – First 20 – 30 minutes of class
 - Explicit SEL Lessons, study skills, work habits
 - Now Advisory class is a placeholder for this work
- Principal and School Counselor provide assemblies in the year on topics/needs during Advisory Class