

A decorative graphic featuring a large, light blue dashed circle that frames the central text. Various solid-colored circles in shades of teal, blue, green, yellow, orange, and pink are scattered around the page. Some circles are solid, while others are dashed outlines. The overall design is clean and modern.

# Social Emotional Committee Update

# SEL Committee Representatives

## Administrators:

Donna Tripi  
Megan Loh  
Jeremy Owen  
John Galipault

## Teacher Representatives:

Erin Dunigan (Nicole Morin while Erin is on leave)- Kindergarten  
Angelina Isambert - First grade  
Linda Tan - Second grade  
Terrie Bacon - Third grade  
Haley Cameron - Fourth grade  
Kristin Gerding - Fifth grade  
Heidi Moreno - Sixth grade  
Lindsey Conley - Seventh grade  
Elaine Dolnack - Eighth Grade

# Important to the Committee

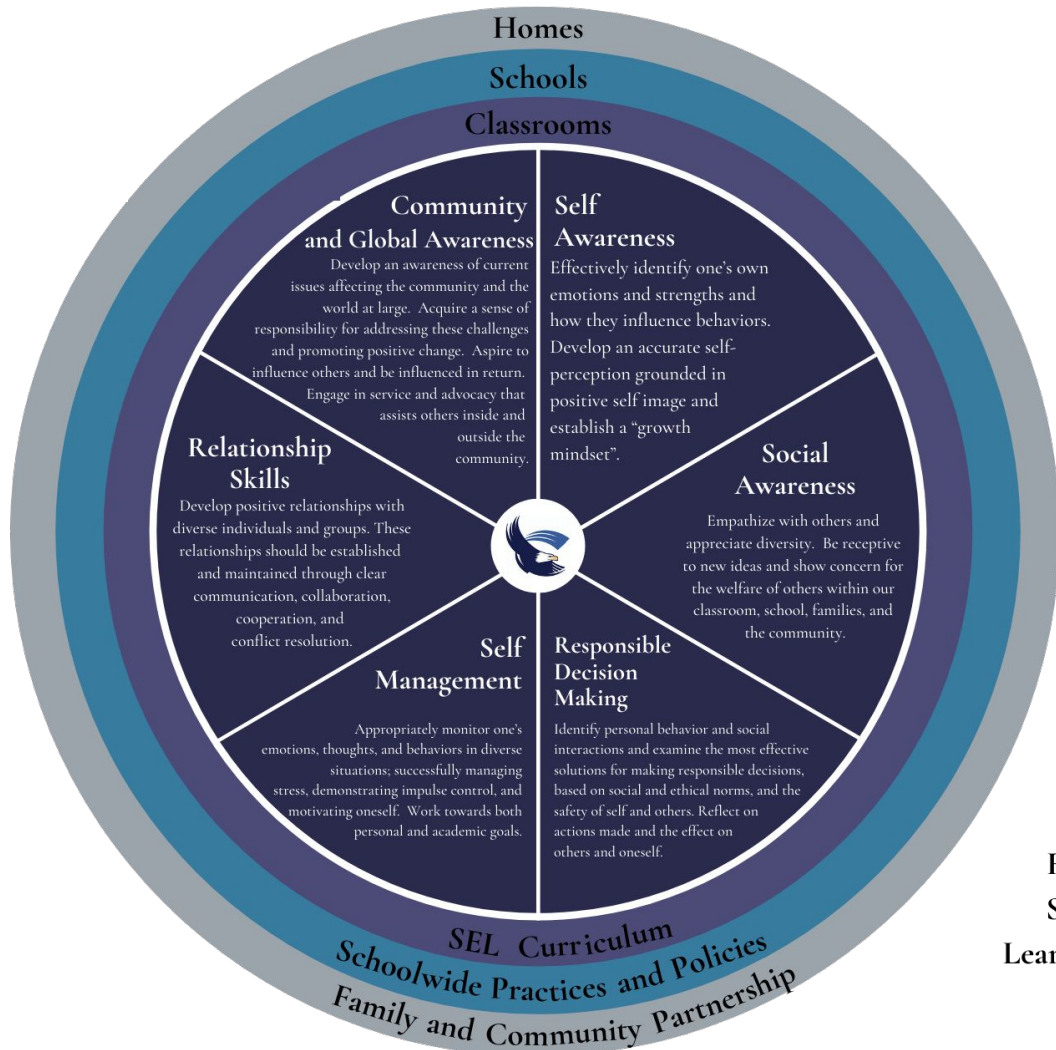
- Integrated approach toward teaching SEL K-8 instead of traditional curriculum
- Resources to meet the specific needs of our students
- Common language for District, K-8
- Appropriate interventions and supports
- Multi-year implementation timeline
- Input from all stakeholders
  - Surveys - teachers, parents, staff
  - Meetings

# 2019–2020 School Year

- SEL Committee meetings four times in the year, full day release
- District wide behavior expectations clearly communicated to students and parents throughout the year
- Grade level behavior assemblies
- Consistent teaching of elementary playground games
- Parent meetings with Susan Wais - Raising Resilient Children
- Full day meeting - SEL wheel, school wide expectations, first steps in curriculum, recommendation for school counselor

# 2020–2021 School Year

- K-5 Morning Meetings
- 6-8 Advisory Lessons
- Revised the Discipline Plan - Elementary and Middle School
- Full time school counselor hired
- Pilot of Restorative Circles in several middle school cohorts, fifth grade
- Parent meetings with Susan Wais - Happiness Habits Workshop
- School Wide Expectations (Be resilient, Be respectful, Be responsible)



**Rancho Santa Fe  
 Social Emotional  
 Learning Competencies**  
 2020-2021

# School Wide Expectations

BE RESPECTFUL

BE RESILIENT

BE RESPONSIBLE

[K-8 Expectations](#)

# What is a Morning Meeting?

- A daily opportunity for students to gather as a group, greet each other, and listen and respond to each other
- 30 minutes daily (beginning of the day)
- Is built into the master schedule
- Four sequential components of every class meeting

Greeting: Students greet each other by name

Sharing: Students share some news or information about themselves and respond to each other, articulating their thoughts, feelings, and ideas in a positive way.

Group Activity: The whole class does a short, inclusive activity together, reinforcing learning and building class cohesion through active participation

Morning Message: Students practice academic and social skills and warm up for the day ahead by reading and discussing a daily note to the class posted by their teacher.

# What is an Advisory Meeting?

- An opportunity for teachers to meet with students to provide academic and social/emotional support and to strengthen the community of the school.
- Supports students in building positive, meaningful relationships with one another and caring adults at school.
- Provides a safe place for students to strengthen their academic and social-emotional competencies.
- Is built into the Master Schedule during Advisory, taught four times each month (weekly).
- Lindsey Conley and Heidi Moreno worked on grade specific lessons to teach content related to the competencies.



# School Counselor

- Comprehensive counseling program:
  - Part of a multi-tiered system of support
  - Whole class lessons
  - Provides small group work or individual work with students to the extent possible:
    - Grief
    - Social skills
    - Divorce and separation
    - Executive functioning and self-management
  - Supports teachers with morning meetings, advisory meetings, class meetings, Restorative Circles
  - Meets with parents; provides community resources
- Participates in SEL Committee

# School Counselor Update Semester One



90

Classroom Lessons

Teacher Consultations

50

35

Parent Contacts

Individual Student  
Connections

125

# Next Steps for 21-22 and Beyond

- Continue to build positive school culture
- Begin the year with school wide expectations
- Consider explicit curriculum to teach SEL competencies
- Provide vehicle for problem solving within the classroom/cohort
  - Class meetings
  - Restorative Circles
- Provide professional learning opportunities for teachers
- Assessment tools
- Provide parent education
- Utilize newsletter, etc. to communicate competency focus to parent community
- Provide service opportunities at each grade level



Questions?  
Feedback?  
Comments?