

**MAHWAH PUBLIC SCHOOLS
MAHWAH, NEW JERSEY 07430**

**HEALTH REQUIREMENTS
FOR ADMISSION TO MAHWAH SCHOOLS**

DEAR PARENTS:

We are happy to welcome your child to our school and wish to take this opportunity to acquaint you with the school health program. The health program has been designed to improve, protect and promote the health of the children. However, the success of the program depends on the cooperation of the parents. To facilitate your cooperation and insure its success, we have outlined briefly for you the important aspects of the health program.

According to the directives of state, county, township, and school board policy we are mandated to make certain requests of you before your child can attend class. We have outlined these requirements for you and anticipate your full cooperation in these matters.

We have also included additional information about health programs in order to help your child maintain a status of total well being.

If at any time you have questions pertaining to the health program, please call the school health office.

1. IMMUNIZATION REQUIREMENTS

- a. **D.P.T.** (Diphtheria, Pertussis and Tetanus), at least four doses of DPT provided one dose is given on or after the fourth birthday. As of September 2008, 6th grade students will be required to show an additional dose of Tdap.
- b. **Polio** – at least three doses provided one dose is given on or after the fourth birthday.
- c. **Measles** –two doses after age one
- d. **Rubella** –at least one dose after age one
- e. **Mumps** –at least one dose after age one
- f. **Hepatitis B** – series of 3 doses.
- g. **Varicella** – at least one dose after age one or verification of disease by doctor, serologic evidence or parent.
- h. **Meningococcal** – for 6th grade as of September 2008

The record of immunizations must include the month, day and year if immunization has been given. In the case of a child having had measles and/or mumps, the lab results of a blood titer must be presented.

IMMUNIZATION RECORD MUST BE SUBMITTED TO HEALTH OFFICE ON OR BEFORE THE FIRST DAY OF SCHOOL.

2. PHYSICAL EXAMINATIONS

Physical examinations are recommended annually and are required for all new students entering the Mahwah School District. The health record form to be completed by your physician is included in this packet/on the district web site under all health forms. Please note that the form required for HS and MS is different from the primary physical form.

3. **T.B. TESTING**
If your child is coming from a TB designated testing area, a Mantoux test must be administered. You can verify if you need a Mantoux test by checking with your pediatrician or our school nurse.
4. **EMERGENCY AND HEALTH ACCIDENT FORM CARD**
These cards are distributed yearly to all students. These cards must be completed in full and returned to the school for use if a child is injured or becomes ill at school.
Please take the time to carefully fill out and complete both sides with signature.
5. **TESTING PROGRAM**
Vision, hearing, and scoliosis screenings are conducted according to NJ State Standards of Practice. Heights, weights and blood pressure are done annually to determine the growth pattern of the children.
6. **ILLNESS AND INJURIES AT SCHOOL**
Students who are ill or injured at school are seen in the health office. Parents will be contacted if their children need further care.
7. **SCHOOL INSURANCE**
School insurance is available to all students through Bollinger Insurance at an annual fee and health insurance is available through NJ Family Care for those who qualify. Details can be obtained through your school.
8. **ILLNESSES AND INJURIES AT HOME**
Please call the school in the morning if your child is going to be absent. All illnesses and injuries should be reported to the school. Children with a fever, productive cough, cold, rash, or inflamed eyes should be kept at home. Students returning to school after being absent must have a note from a parent or doctor.
9. **COMMUNICABLE DISEASES**
Communicable diseases should be reported to the school nurse immediately upon diagnosis. Quarantine regulations to be followed are issued by the state and local Board of Health.
10. **MEDICATION**
Any medication that is to be given in school, whether over the counter or prescription, requires the authorization of a physician and the parent. Medication forms can be found on the district web site under health forms and must be renewed every year.
11. **FREE OR REDUCED LUNCH**
An application for free or reduced price lunch is available for those who qualify.