



MENTAL HEALTH AND SOCIAL EMOTIONAL LEARNING 2023 PROFESSIONAL DEVELOPMENT OFFERINGS

DATE(S)	TIME	LOCATION	WORKSHOP	PRESENTER
3/1/23	8:30 am – 2:30 pm	ISCS – Holtsville	Anxious and Depressed: Effective Support Strategies Every Educator Can Provide	Frank Kros
3/29/23	8:30 am – 2:30 pm	ISCS – Holtsville	Mental Health Skills for Education Professionals: Essential Knowledge, Practical Strategies and Must-Have Tools	Frank Kros
5/2/23	8:30 am – 2:30 pm	ISCS – Holtsville	Understanding Student Behavior	Dr. Kelly Zinn, DSW, LSW
5/4/23 5/16/23 5/18/23	8:30 am – 2:30 pm	ISCS – Holtsville	Building A Culture Of Health: Three-Day Mindfulness Teacher Certification Training	Melissa Del Giudice & Laurie Ahlemann, Think Wellness NY
5/15/23	8:30 am – 2:30 pm	ISCS – Holtsville	Your Resilient Mind: Neuroscience, Resiliency and Life Success	Frank Kros

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