

Menifee County Schools Physical Activity and Nutrition Report

The purpose of this information is to meet the requirements as stated in KRS 158.856. It is important that all parents and guardians of students who attend our schools have an understanding and input in the nutrition environment of our schools. If you would like to comment on the information below or ask questions regarding the information, please contact Christin Ricker 606-768-8010. A board meeting will be determined at a later date, to discuss findings from this assessment and develop recommendations for improvement.

Requirements:

1. Evaluation of compliance with NSLP and SBP: You can find the most recent report from the Kentucky Department of Education for our district's Administrative Review on the [SCN Administrative Review CNIPS website](#).
2. Evaluation of Fast Foods available: 0 days
3. Review of access to competitive foods (vending, school stores, a la carte): Menifee Central has 0 vending machines. Menifee High School has vending machines with diet beverages and water available 30 minutes after the last lunch.
4. List of foods and beverages available and nutritional value of items are available upon request.

Findings

Nutrition Standards for Competitive and Other Foods and Beverages:

- Add to policy all food and beverages served at class parties are regulated
- Address nutritional standards for food and beverages served/sold to students after the school day
- Address foods not being used as rewards

Physical Activity Environment:

- Address family and community engagement and physical activity opportunities at all schools
- Address before and after school activities for all students including clubs, intramural, interscholastic opportunities
- Joint or shared use agreements for physical activity participation at all schools

Wellness Promotion and Marketing:

- Encourage staff to model healthy eating and physical activity
- Address strategies to support employee wellness
- Address using physical activity as a reward
- Address physical activity not being used as a punishment
- Address physical not being withheld as a punishment
- Address marketing on school property on equipment/educational material/school publications and media/fundraising and corporate incentive programs and where food is purchased

Implementation, Evaluation & Communication:

- Identify officials for the wellness committee
- Identify officials responsible for the implementation and compliance of wellness policy
- Addresses the assessment of district implementation of the wellness policy at least once every three years
- Triennial assessment results made available
- Address a plan for updating policy based on results of the triennial assessment
- Address the establishment of an ongoing school building level wellness committee

Recommendations

- Meet with committee to update both the wellness and Meniffee Central wellness policy