

Resources for families and children from SIAC meeting 04/22/2020

If anyone needs information on Video Remote Interpreters for American Sign Language, please feel free to email me at Michelle.Niehaus@ky.gov. Several agencies are offering the service with telehealth.

<https://kypartnership.org/>

link to register for Parent Cafes:

<http://events.constantcontact.com/register/event?llr=xmzewwvab&oeidk=a07eh1d79y1df3f51dd>

Kentucky Hands & Voices is also offering weekly virtual Parent Cafes for families with children who are Deaf, Hard of Hearing, or Deaf-Blind. They are at 2:00 and 7:00 each Tuesday. For more info, go to the KY Hands & Voices FB page.

Here are some resources that address social/emotional well-being during this time from KDE: <https://education.ky.gov/curriculum/Pages/Comprehensive-School-Counseling.aspx>

www.kyspin.com - parent and youth resources, lots of educational resources including the KY Department of Education. Weekly webinar every Tuesday 10 to 11 central time. Variety of topics

Friday's virtual café from 12 to 1 central time. Parent support

A few resources from the Kentucky Autism Training Center: new website for COVID-19 specific resources <https://bit.ly/ASDathome> also our UofL colleagues at the Early Learning Campus created some great videos for caregivers of young children (preschool and younger) https://www.youtube.com/playlist?list=PLo-wwE3L033WHHoiLukUIL_IB3pYUJon&fbclid=IwAR13TVpkSnCaUeM_IM_OXjzT3u7f0QY9swegqU9I05YYxY_aA6cingaoXXw&app=desktop

SAMHSA's MHTTC - COVID response page has great guidance for education systems, including remote options for staff wellness, crisis planning, telehealth, SEL at home, support for parents, assisting with grief, teacher strategies...

Some Student/family virtual support options

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

Crisis text line 471-471

SAMHSA Disaster Distress Helpline

Call **1-800-985-5990** or text **TalkWithUs to 66746**

24/7, 365-day-a-year, toll-free hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This multilingual and confidential crisis support service is available to all residents in the United States and its territories.

The Trevor Project A national 24-hour, toll free confidential suicide hotline for LGBTQ youth
1-866-488-7386

Depression and Bipolar Support Alliance

[Online support groups](#)

AI-Anon and Alateen

[Online support groups](#)

Telehealth site (thanks Kathryn!) <https://chfs.ky.gov/agencies/ohda/Pages/thev.aspx>

Closed Schools Are Creating More Trauma For Students (thanks Damien!)

<https://www.npr.org/2020/04/20/828026185/school-counselors-have-a-message-for-kids-it-s-ok-to-not-be-ok>

Other Guidance

- Connecticut State Department of Education shared a great resource with a national group: [Attendance Guidance and Ensuring Student Engagement during School Class Cancellations Due to COVID-19](#).

Additionally, Attendance Works has been made aware of these resources [Remote Learning Guidance From State Education Agencies During the COVID-19 Pandemic: A First Look](#) and [COVID-19 State Education Agency Remote Learning Guidance](#).

Cell phone assistance:

https://www.wtvq.com/2020/04/08/medicaid-recipients-get-expanded-phone-use-telehealth-services/?fbclid=IwAR0ZjnRloLSqUsaaRUV5gBW_smxyxhJe8FpAJY8wTeGtyg4If8u8KAm1VN8