

Robertson County Schools 2021-2022 Health and Safety Plan as of 1/12/2022

https://www.rcstn.net	Traditional Procedures Minimal Spread of COVID-19 in the school community	Modified Procedures Moderate Spread of COVID-19 in the school community
Schedule	<ul style="list-style-type: none"> Schools open for in-person learning for students and teachers Virtual option available through TN Connections Academy or The Robertson County Virtual School (limited enrollment) Students participate in transitions and enrichment classes based on the school schedule 	<ul style="list-style-type: none"> Integrated learning plan with modified schedule to reduce capacity in school buildings Students participate in enrichment classes in modified format Class and hallway transitions are managed
Delivery of Learning	<ul style="list-style-type: none"> Traditional instruction and incorporation of Teams for technology integration in classroom Students participate in enrichment classes, physical education, and recess as regularly scheduled Outdoor learning and play encouraged 	<ul style="list-style-type: none"> Traditional instruction and incorporation of Teams for technology integration in classroom Managed transitions for enrichment Plans for cafeteria seating
Health and Safety Measures	<ul style="list-style-type: none"> Regular cleaning and disinfection protocols for classrooms and common areas Additional disinfection of areas impacted by illness Proper handwashing and coughing etiquette taught Students with symptoms of illness placed in sick clinic to wait to be picked up 	<ul style="list-style-type: none"> Regular cleaning and disinfection protocols for classrooms and common areas Additional disinfection of areas impacted by illness Proper handwashing and coughing etiquette taught Limited transitions for students Limit non-essential visitors Limited field trips Water fountains closed; hydration stations open Students with symptoms of illness placed in sick clinic (mask required) to wait to be picked up
Transportation	<ul style="list-style-type: none"> Buses run normal routes Siblings/Same household sit together Assigned seats on buses Run at capacity 	<ul style="list-style-type: none"> Buses run normal routes Siblings/Same household sit together Assigned seats on buses Run at capacity Face coverings recommended but not required Buses cleaned with disinfectant after each route If capable of using transportation other than buses, please do so to reduce capacity
Nutrition	<ul style="list-style-type: none"> Breakfast options available upon arrival. The breakfast location will be determined in individual schools. Contact the individual school office to determine whether breakfast will take place in the cafeteria or at "Grab and Go" stations Lunch- Students will eat lunch in the cafeteria based on the school schedule 	<ul style="list-style-type: none"> "Grab and Go" breakfast stations will be available upon arrival Lunch scheduled and spaced in buildings to provide distance

***See all updated procedures, protocols, and guidelines in appendices A-D of this document.**

**The 2021-2022 Robertson County Schools Health and Safety Plan is a framework based on the most up-to-date public health recommendations given the evidence at the time of publication. It is informed by guidance from organizations such as the Tennessee Department of Health, the office of the Governor of Tennessee, the Robertson County Regional Health Department, and the Tennessee Secondary Schools Athletic Association. It does not, however, constitute medical advice, and it will need to be adapted in real time as the pandemic evolves. The Robertson County Director of Schools has the authority to make such revisions as needed based on changes or updates to public health guidance.*



Appendix A:

Health and Safety Procedures beginning January 12, 2022

Masks

- Masks or face shields are recommended on the school bus, in the hallway, and other areas where students cannot socially distance. Although not required, masks have been shown to limit the spread of COVID-19 and have been strongly encouraged by local, state, and national health officials.

Contact Tracing and Quarantining Procedures

- Students and staff that have been exposed to COVID-19 will be notified by the Health Dept regarding quarantine guidelines. The Health Department will provide return dates and letters for close contacts.
- If a member of a household tests positive for COVID-19, we ask that you notify your school nurse. Quarantine guidance varies for household contacts based on several factors. The school nurse will help you navigate your individual household contact situation.
- Students with symptoms of illness will be placed in the school clinic (mask required) to wait to be picked up. A doctor's release will be required to return if COVID symptoms are present.
- Students/staff testing positive for Covid-19 will only be allowed to return to school with proper medical documentation showing the date of return.
- Students/staff returning after isolation (positive case) or quarantine (close contacts) are strongly encouraged to wear masks per CDC guidelines.

Social Distancing

- Robertson County Schools will promote social distancing inside the school building, when possible, to limit the exposure of COVID-19.

Cleaning and other procedures

- Regular cleaning and disinfection protocols will be used for classrooms and common areas.
- Additional disinfection of areas impacted by illness will be conducted.
- Proper handwashing and coughing etiquette will be retaught.
- Water fountains are closed; hydration stations will remain open.

Appendix B:

Students who test POSITIVE for COVID **(Regardless of vaccination status)**

- Students who test positive for COVID should be reported to the School Nurse. The names of positive students will be reported to the Health Department.
- Students who test positive for COVID must provide a note from a PCP, the Health Department, or another healthcare facility to return to school. This note must include a clear return to school date. Students will not be permitted to return to school until the date identified on their return note.
- Students who take an at-home test must report the positive result to the Health Department to obtain the required return to school note.
- Students who test positive for COVID should isolate at home for 5 days.
- Students may return to school on day 6 if their symptoms are improved, they have been fever-free for 24 hours, and they provide the appropriate documentation.
- Students returning after a positive case should be encouraged to wear a mask while at school through day 10 following their positive result.

Students identified as CONTACTS **(Students who have been exposed to a positive case)**

- Students identified as close contacts of a positive case within a classroom will be reported to the Health Department.
 - Elementary level- The nurse will provide the names of classroom contacts to the Health Department so that the Health Department can reach out to those families with necessary information.
 - Middle/High School- The Health Department will identify names of classroom contacts when conducting their contact tracing interview with the positive case from the classroom. The Health Department will then reach out to those families identified as contacts with necessary information.
- Students identified as close contacts of a positive case within the household should be reported to the School Nurse.
 - The names of household contacts will be reported to the Health Department.
 - The Health Department will reach out to these families with necessary information.
- Students identified as close contacts should follow all recommendations from the local Health Department. However, the quarantining of asymptomatic students will not be mandated if the close contact continues to come to school.
- Students identified as close contacts should be encouraged to wear a mask while at school through day 10 following their last exposure to the positive person.

Summary of Updated CDC Guidelines

For Individuals who test POSITIVE:

- Isolate (stay home) for 5 days (first day of symptoms is counted as day 0, the following day is counted as day 1 etc.)
- You may return on day 6 if your symptoms are improved and you have been fever-free for 24 hours.
- You should continue to wear a mask when you are around other people for an additional 5 days.

For FULLY VACCINATED CONTACTS:

- No quarantine is necessary.
- Wear a mask when you are around other people for 10 days following your last exposure to the positive person.
- Test on day 5 if possible.
- If you develop symptoms, get tested and stay home.

For UNVACCINATED/NOT FULLY VACCINATED CONTACTS:

- Quarantine (stay home) for 5 days from your last exposure to the positive person.
- Continue to wear a mask when you are around others for an additional 5 days.
- Test on day 5 if possible.
- If you develop symptoms, get tested and stay home.

<u>You are considered FULLY VACCINATED If one of these conditions is met</u>	<u>You are NOT FULLY VACCINATED If one of these conditions is met</u>
<ul style="list-style-type: none">• You have received your booster shot• You completed the primary series of Pfizer or Moderna within the last 6 months• You completed the primary series of J&J within the last 2 months	<ul style="list-style-type: none">• You completed the primary series of Pfizer or Moderna more than 6 months ago and have not received a booster• You completed the primary series of J & J more than 2 months ago and have not received a booster• You are unvaccinated

*Anyone identified as a close contact who has tested positive for COVID in the last 90 days is not required to quarantine.

Appendix C:



Robertson County Schools COVID-19 Illness Protocol Guidelines

- Any student/staff member who develops signs/symptoms of illness during the school day should immediately don his/her mask and see the School Nurse for evaluation.
- Students exhibiting fever (100.0 and above), new onset of uncontrolled cough, shortness of breath/increased work of breathing, loss of taste/smell, and/or other signs/symptoms of illness will remain in the Nurse's clinic with a mask.
- Staff members meeting the above criteria will be sent home.
- Student emergency contacts will be notified to pick the student up from school.
- Any student/staff member sent home ill must remain home until symptoms are resolved and they have remained fever free for a full 24 hours (without the use of fever reducing medications).
- If a student/staff member is sent home with multiple symptoms, one of the following conditions must also be met in order to return to school/work:
 - A doctor's note is provided, documenting an acceptable, alternative diagnosis and a clear to return to school/work date is provided.
 - Documentation of a negative test is provided.
 - A positive test was obtained AND the student/staff has remained isolated for a minimum of 5 days and has been fever free with symptom resolution for at least 24 hours.
- Any student/staff member who tests positive for COVID-19 should be made known to the School Nurse for purposes of tracking and reporting to the Health Department.
- Any student/staff member who tests positive for COVID-19 must remain isolated at home for a minimum of 5 days from the onset of symptoms (or date of positive test if asymptomatic). Once the student/staff member has been home for 5 days AND has been fever free for a full 24 hours, without the use of fever reducing medications, they should be allowed to return to school/work with appropriate documentation.
- Students/staff returning are strongly encouraged to wear a mask through day 10 following their symptom onset or positive test.
- Any student/staff member with a pending test must remain at home until test results are confirmed.
- Information regarding close contacts and related quarantine recommendations will be given by the TN Department of Health. Students/staff identified as close contacts are strongly encouraged to wear a mask through day 10 following their exposure to a positive case.

Appendix D:



DEPARTMENT OF SCHOOL NURSING

800 M.S. Coutts Blvd., Suite #1 • Springfield, TN 37172 • Phone: 615-382-3606 • Fax: 615-382-2306

School: _____

Date: _____

Student Name: _____

Dear Parent/Guardian,

Your child is being sent home because they are exhibiting the symptoms:

High Risk Symptoms: (Checked if applicable)

FEVER (>100.0) NEW ONSET OF COUGH DIFFICULTY BREATHING LOSS of TASTE/ SMELL

Low Risk Symptoms: (Checked if applicable)

CONGESTION RUNNY NOSE NAUSEA/VOMITING/DIARRHEA SORE THROAT HEADACHE MYALGIA (muscle aches)

***Has this student been EXPOSED to a positive case of COVID-19? YES _____ NO _____ UNKNOWN _____**

(Exposure is defined as within 6 ft of a positive case for > 15 min in a 24-hour period)

Please follow these guidelines for returning to school:

- Students with one low risk symptom must remain home until symptoms are resolved and they have remained fever free for a full 24 hours (without the use of fever reducing medication)
- If your student is sent home with multiple symptoms, one of the following conditions must be met in order to return to school:
 - A doctor's note is provided, documenting an acceptable, alternative diagnosis and a clear to return to school date is provided.
 - Documentation of a negative test is provided.
 - A positive test was obtained AND the student has remained isolated for a minimum of 5 days and has been fever free with symptom resolution for at least 24 hours.
- Any student who tests positive for COVID-19 should be made known to the School Nurse for purposes of tracking and reporting to the Health Department.
- Any student who tests positive for COVID-19 must remain isolated at home for a minimum of 5 days from the onset of symptoms (or date of positive test if asymptomatic). Once the student has been home for 5 days AND has been fever free for a full 24 hours, without the use of fever reducing medications, they should be allowed to return to school. Please provide appropriate documentation upon return to school.
- Students returning to school are strongly encouraged to wear a mask through day 10 following their onset of symptoms (or positive test).
- Any student with a pending test must remain at home until test results are confirmed.