



Tiger Club Summer 2023: LUNCH Menu - June & July

Monday	Tuesday	Wednesday	Thursday	Friday
June 19 Holiday Tiger Club Closed	20 Mini Corn Dogs Parmesan Potatoes Assorted Fruit & Vegetable 1% Milk	21 Crispy Chicken Sandwich Assorted Fruit & Vegetable 1% Milk	22 Cooks Choice Baby Carrots & Broccoli Assorted Fruit 1% Milk	23 Pizza Bento Box Marinara Cup Craisins 1% Milk
26 Cheeseburger on Bun Baked Beans, Pickles Assorted Fruit 1% Milk	27 Orange Chicken Seasoned Rice Assorted Fruit & Vegetable 1% Milk	28 Sandwich Assorted Fruit & Vegetables 1% Milk	29 Cooks Choice Assorted Fruit & Vegetables 1% Milk	30 Italian Sub Cool Ranch Doritos Baby Carrots, Applesauce Cup 1% Milk
July 3 Holiday Tiger Club Closed	4 Holiday Tiger Club Closed	5 Sandwich Assorted Fruit & Vegetables 1% Milk	6 Crispy Chicken Sandwich Assorted Fruit & Vegetables 1% Milk	7 Yogurt Parfait Goldfish or Granola Bar Broccoli 1% Milk
10 Cheeseburger on Bun Baked Beans, Pickles Assorted Fruit 1% Milk	11 Orange Chicken Seasoned Rice Assorted Fruit & Vegetable 1% Milk	12 Popcorn Chicken Sun Chips, Steamed Corn Assorted Fruit 1% Milk	13 Cooks Choice Assorted Fruit & Vegetables 1% Milk	14 Turkey Sub Goldfish Crackers Baby Carrots, Diced Pears 1% Milk
17 Pizza Assorted Fruit & Vegetable 1% Milk	18 Mini Corn Dogs Parmesan Potatoes Assorted Fruit & Vegetable 1% Milk	19 Sandwich Assorted Fruit & Vegetables 1% Milk	20 Calzones Assorted Fruit & Vegetables 1% Milk	21 Pizza Bento Box Marinara Cup Craisins 1% Milk
24 Cheeseburger on Bun Baked Beans, Pickles Assorted Fruit 1% Milk	25 Orange Chicken Seasoned Rice Assorted Fruit & Vegetable 1% Milk	26 Popcorn Chicken Sun Chips, Steamed Corn Assorted Fruit 1% Milk	27 Cooks Choice Assorted Fruit & Vegetables 1% Milk	28 Italian Sub Cool Ranch Doritos Baby Carrots, Applesauce Cup 1% Milk
31 Pizza Assorted Fruit & Vegetable 1% Milk				

This institution is an equal opportunity provider. Due to supply chain issues, menus are subject to change.



Tiger Club Summer 2023: LUNCH Menu - August

Monday	Tuesday	Wednesday	Thursday	Friday
	August 1 Mini Corn Dogs Parmesan Potatoes Assorted Fruit & Vegetable 1% Milk	2 Sandwich Assorted Fruit & Vegetables 1% Milk	3 Empanadas Assorted Fruits & Vegetables 1% Milk	4 Yogurt Parfait Vanilla Gold Fish or Cooper Street Bars Broccoli 1% Milk
7 Cheeseburger on Bun Baked Beans, Pickles Assorted Fruit 1% Milk	8 Orange Chicken Seasoned Rice Assorted Fruit & Vegetable 1% Milk	9 <i>Offsite Lunch:</i> Sandwich Assorted Fruit & Vegetables 1% Milk & <i>Onsite Lunch:</i> Popcorn Chicken Sun Chips, Steamed Corn Assorted Fruit 1% Milk	10 Cooks Choice Assorted Fruit & Vegetables 1% Milk	11 Turkey Sub Goldfish Crackers Baby Carrots, Diced Pears 1% Milk
14 Pizza Assorted Fruit & Vegetable 1% Milk	15 Mini Corn Dogs Parmesan Potatoes Assorted Fruit & Vegetable 1% Milk	16 Sandwich Assorted Fruit & Vegetables 1% Milk	17 Cooks Choice Assorted Fruit & Vegetables 1% Milk	18 Pizza Bento Box Broccoli Craisins 1% Milk
21 Cooks Choice Assorted Fruit & Vegetables 1% Milk	22 Cooks Choice Assorted Fruit & Vegetables 1% Milk	23 Cooks Choice Assorted Fruit & Vegetables 1% Milk	24 Cooks Choice Assorted Fruit & Vegetables 1% Milk	25 Cooks Choice Assorted Fruit & Vegetables 1% Milk



Tiger Club Summer 2023: BREAKFAST Menu - June & July

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
June 19 Holiday Tiger Club Closed	20 Benefit Bars Assorted Fruit 1% Milk	21 Nature Valley Rounds Assorted Fruit 1% Milk	22 Cooks Choice Assorted Fruit 1% Milk	23 Cocoa Puff Cereal Bowl Assorted Fruit 1% Milk
26 French Toast Bread Assorted Fruit 1% Milk	27 Peach or Cinnamon Toast Cereal Bar Assorted Fruit 1% Milk	28 Brekkie Cookie Assorted Fruit 1% Milk	29 Cooks Choice Assorted Fruit 1% Milk	30 Honey Cheerios Cereal Bowl Assorted Fruit 1% Milk
July 3 Holiday Tiger Club Closed	4 Holiday Tiger Club Closed	5 Benefit Bars Assorted Fruit 1% Milk	6 Cooks Choice Assorted Fruit 1% Milk	7 Cinnamon Toast Crunch Bowl Assorted Fruit 1% Milk
10 Chocolate Chip Bread Assorted Fruit 1% Milk	11 Peach or Cinnamon Toast Cereal Bar Assorted Fruit 1% Milk	12 Brekkie Cookie Assorted Fruit 1% Milk	13 Cooks Choice Assorted Fruit 1% Milk	14 Cocoa Puff Cereal Bowl Assorted Fruit 1% Milk
17 Banana Chocolate Chip Bread Assorted Fruit 1% Milk	18 Benefit Bars Assorted Fruit 1% Milk	19 Nature Valley Rounds Assorted Fruit 1% Milk	20 Cooks Choice Assorted Fruit 1% Milk	21 Honey Cheerios Cereal Bowl Assorted Fruit 1% Milk
24 French Toast Bread Assorted Fruit 1% Milk	25 Peach or Cinnamon Toast Cereal Bar Assorted Fruit 1% Milk	26 Brekkie Cookie Assorted Fruit 1% Milk	27 Cooks Choice Assorted Fruit 1% Milk	28 Cocoa Puff Cereal Bowl Assorted Fruit 1% Milk
31 Chocolate Chip Bread Assorted Fruit 1% Milk				



Tiger Club Summer 2023: BREAKFAST Menu - August

Monday	Tuesday	Wednesday	Thursday	Friday
	August 1			
	Benefit Bars Assorted Fruit 1% Milk	Nature Valley Rounds Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk	Cinnamon Toast Crunch Bowl Assorted Fruit 1% Milk
Banana Chocolate Chip Bread Assorted Fruit 1% Milk	Peach or Cinnamon Toast Cereal Bar Assorted Fruit 1% Milk	Brekkie Cookie Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk	Assorted Cereal Bowl Assorted Fruit 1% Milk
French Toast Bread Assorted Fruit 1% Milk	Benefit Bars Assorted Fruit 1% Milk	Nature Valley Rounds Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk	Assorted Cereal Bowl Assorted Fruit 1% Milk
Cooks Choice Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk	Cooks Choice Assorted Fruit 1% Milk



Tiger Club Summer 2023: SNACK Menu #1

Monday	Tuesday	Wednesday	Thursday	Friday
Vanilla Graham Crackers Carrots	Tiger Bites Yogurt	Cheese Sticks Chocolate Chex Mix	Juice Cheddar Goldfish	Banana Bread Applesauce



Tiger Club Summer 2023: SNACK Menu #2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Cubes Sun Chips	Cinnamon Mini Bagels Diced Peaches	Cereal Juice	Pretzel Goldfish Yogurt	Cinnamon Goldfish Apples