

Student Health Advisory Council
February 22, 2022

Minutes

The Driscoll Independent School District School Health Advisory Council (SHAC) met at 3:45 P.M. in the Driscoll School Cafeteria.

Present: Minerva Zapata, DISD Child Nutrition Director/Grandparent
Jennifer Killion, District Nurse / Chair
Danny Vasquez, DISD Coach / Parent
Jorgena Gonzalez, Paraprofessional / Parent
Joy Saenz, Parent/Community Member
Vicki Garcia, Grandparent/Community Member
Andrew Smith, Guest/Business Manager/Parent

1. Introductions
 - a. Jennifer Killion introduced members & guest.
 - b. Jennifer Killion stated that Hazel Hooze moved from this community and has resigned from her position as Co-Chair. Her resignation letter, dated 12/6/21, was accepted.
 - c. New member, Debra Reyna, unable to attend.
2. Review and Approve Minutes from May 26, 2021 Meeting
 - a. Jennifer Killion read the minutes from May 26th. The minutes were approved as written.
3. Red Ribbon Week
 - a. Jennifer Killion reported that October 25-29th was Red Ribbon Week. Students learned why it is important to say, "No to Drugs".
4. Ag Days
 - a. Jennifer Killion reported that 3rd graders attended a Field Trip on 10/28/21 to the Richard M. Borchard Fairgrounds for Ag Days. Students learned where our food comes from.
5. Dragon Fest
 - a. Jennifer Killion reported that Dragon Fest was on 10/29/21. Students, families and the community enjoyed an evening of fun activities. It was a successful fundraiser for the District.
6. Pie Sale

- a. Jennifer Killion reported that grades 3, 4 & 5 had a pie sale in November as their annual fundraiser. It was a great success. Profits are used for their annual field trip.
- 7. Reading Day Picnic
 - a. Jennifer Killion reported that we had a Reading Day Picnic on 11/19/21 for all students and their families. Several staff members read books to students in grades PK-5, then a picnic followed outside with students and their families. It was a nice day to enjoy the outdoors.
- 8. Christmas Program / Toy Drive
 - a. Our Christmas Program was on 12/15/21. The program theme was songs from “The Decades”. It was an enjoyable event for students, staff, parents and the community. Event admission was the donation of an unwrapped toy. All toys were donated to CASA.
- 9. Popcorn Sale
 - a. Jennifer Killion reported that grades 1 & 2 had their annual Popcorn Sale in January. Students sell popcorn as a fundraiser for their annual field trip.
- 10. Joy Club
 - a. Jennifer Killion reported that Joy Club meets every Monday after school for those students in grades K-5 who are interested in a spiritual education. Approximately 40 students attend.
- 11. Boy Scouts
 - a. Jennifer Killion reported that a Boy Scout recruiter visited students during all lunch periods on 2/8/22. Several boys joined. They will be going on a camping trip this weekend.
- 12. Physical Education Report
 - a. Danny Vasquez reported that all 7th graders who participate in Athletics receive a physical from a medical doctor at the beginning of the school year. There are currently 37 students participating in Athletics. UIL states only grades 7 & 8 are eligible to participate in extracurricular sports. Middle school students are required to have 2 years of PE. All students are involved in some form of physical fitness.
 - b. Danny Vasquez reported that Cross Country season, girls’ volleyball, football and basketball have ended. Track and Field is in progress now.
 - c. Danny Vasquez reported there will a Track Meet on 2/24/22 in Bishop, TX.

- d. Danny Vasquez reported that the track and playground are opened yearly for the community.
- e. Danny Vasquez reported that Recess and P.E. benefit the brain, emotional health and Athletics.

13. Health Report

- a. Communicable Disease Report – Jennifer Killion reported that flu season is here. A flu prevention letter/brochure was distributed to all students on 2/4/22. As of now, we have had 1 case of flu, 1 case of strep and 60 cases of COVID-19 (students). We have had 19 cases of staff reported COVID-19 so far this school year.
- b. Jennifer Killion reported that all staff was trained in CPR & use of AED in July.
- c. Jennifer Killion reported that all student immunizations are up to date and that the annual immunization report was submitted to TDSHS in November.
- d. Jennifer Killion reported that Vision, Hearing, TRAT2DC and Spinal Screenings have been performed on all students. There are 3 outstanding screening referrals pending.
- e. Jennifer Killion reported that Puberty / Personal Hygiene Education was given to all 5th grade students on 2/15/22.

14. Food Service Report

- a. Minerva Zapata reported that this is the 4th year of a 4-year grant for the free breakfast/lunch program. Free breakfast and lunch is provided to all students. Joy Saenz commented that having a child who participates in the free breakfast/lunch program also assists the family in receiving food from the food bank.
- b. Minerva Zapata reported that Tacos for Grandparents was canceled this past September due to COVID.
- c. Minerva Zapata reported that a Veteran's Day Luncheon was held on November 11th, 2021. It was a nice luncheon and many veterans attended.
- d. Minerva Zapata reported that Muffins with Mom was held on February 10th. Many students enjoyed having muffins with their mothers. It was a successful event.

15. Health and Wellness Policy/Plan Approval

- a. District Wellness Policy distributed to SHAC Members.

- b. Wellness Policy / Plan reviewed. I motioned to accepted & approve Plan and Minerva Zapata second the motion.
- c. Jennifer Killion reported that Minerva Zapata and I attended a Virtual Health and Wellness Workshop on 8/5/21.
- d. Minerva Zapata reported that all students are given a Socioeconomic Information Form on the first day of school. Parents are encouraged to complete form, even though we currently receive a free breakfast and lunch grant.
- e. Minerva Zapata reported that breakfast and lunch menus are posted on DISD's website monthly.
- f. Jennifer Killion reported that "My Plate at Home" flyer, which encourages healthy eating and physical exercise at home, was sent home with all students on 9/10/21.
- g. Jennifer Killion reported that teachers in grades PK-5 were given a handout regarding Classroom Exercise breaks for students, at the beginning of the school year. A survey was completed by teachers the beginning of January. The survey showed that all teachers are incorporating some form of exercise into their classroom routines daily. Exercise handout & survey was shared with SHAC members.
- h. Jennifer Killion reported that the flu and COVID vaccine was offered to all staff on September 23, 2021 by Dr. Patel. Approximately 50% of staff members received one, or both, vaccines.
- i. Jennifer Killion reported that RGV VAX, from Weslaco, TX, was here at Dragon Fest on 10/29/21 to administer COVID-19 vaccines to anyone from school or the community who was interested. They administered approximately 45 vaccines.
- j. Jennifer Killion reported that a "Tips for Parents-Healthy Snacks" flyer was distributed to parents at a basketball game on 1/24/22.

16. Questions and Comments

- a. Jennifer Killion reported that the SHAC January 11th meeting was canceled due to rise in COVID cases. SHAC meeting dates have been changed to March 22nd, April 12th and May 17th to comply with 4 meetings per school year. SHAC members agreed and approved meeting dates.
- b. Jennifer Killion reported on upcoming events: 2nd grade field trip to Gladys Porter Zoo in Brownsville, TX 2/24/22, TX Public Schools Week Feb 28th to March 4th, Dragon Dash 3/2/22 and Field Day 3/4/22.

- c. Jennifer Killion reported that the next SHAC meeting will be 3/22/22.
- d. No questions asked.

17. Close of Meeting

The Meeting adjourned at 4:30 P.M.