

Student Health Advisory Council
October 12, 2022

Minutes

The Driscoll Independent School District School Health Advisory Council (SHAC) met at 3:45 P.M. in the Driscoll School Cafeteria.

Present: Minerva Zapata, DISD Child Nutrition Director/Grandparent
Jennifer Killion, District Nurse / Chair
Danny Vasquez, DISD Coach / Parent
Vicki Garcia, Grandparent/Community Member
Janie Galvan, Co-chair/Grandparent/Community Member
Margarita Avalos, Grandparent/Community Member
Shana Vasquez, Counselor/Guest Speaker

1. Introductions
 - a. Jennifer Killion introduced members & guest speaker.
 - b. Jennifer Killion reported that Jorgena Gonzalez has resigned from SHAC due to other personal responsibilities. Resignation letter read to members and accepted.
 - c. New member, Margarita Avalos, introduced and welcomed into SHAC.
 - d. Members are encouraged to bring their children and grand children to SHAC meetings.
2. Review and Approve Minutes from May 18, 2022 Meeting
 - a. Jennifer Killion read the minutes from May 18th. The minutes were approved as written.
3. Shana Vasquez, Counselor, Guest Speaker
 - a. Shana Vasquez, Counselor, spoke to members on Suicide Awareness. A handout on preventing teen suicide was handed out. Members were open for discussion and found information to be very helpful and informative. Mrs. Vasquez reported that all DISD Staff in trained annually on Suicide Awareness/Prevention.
4. My Plate Nutrition Class
 - a. Jennifer Killion reported that “My Plate Nutrition Class” was held every Thursday from 8/11/22 to 9/15/22 for all K-5 students. Mrs. Lopez, from

Alice, TX, educated the students on the 4 food groups, portion size, healthy snacks and how to maintain a healthy diet.

5. Joy Club

- a. Jennifer Killion reported that Joy Club meets every Monday after school for those students in grades K-5 who are interested in a spiritual education. Approximately 40 students attend.

6. Dragon Fest

- a. Jennifer Killion reported that Dragon Fest, our annual fundraiser, will be held on 10/28/22. Students, families and the community are invited to come and enjoy an evening full of fun activities.

7. Veteran's Day Luncheon

- a. Jennifer Killion reported that our Veteran's Day Luncheon will be held on November 11, 2022 in the cafeteria. All Veterans are welcome to attend. A turkey and dressing lunch will be served along with a short program put on by grades K-2 to honor all our Veterans.

8. Reading Day Picnic

- a. Jennifer Killion reported that a Reading Day Picnic will be held on 11/18/22. Several staff members will read books to students in grades PK-5, then a picnic will follow outside with students and their families. It will be a good day to enjoy the outdoors.

9. Physical Education Report

- a. Danny Vasquez reported that all 7th graders who participate in Athletics receive a physical from a medical doctor at the beginning of the school year. There are currently 37 students participating in Athletics. UIL states only grades 7 & 8 are eligible to participate in extracurricular sports. Middle school students are required to have 2 years of PE. All students are involved in some form of physical fitness.
- b. Danny Vasquez reported that Cross Country season & girls' volleyball, are now in progress. The girls' Cross Country team placed first in District and the boys placed second. Basketball will begin soon.
- c. Danny Vasquez reported that the track and playground are open year round for the community.
- d. Danny Vasquez reported that Recess and P.E. benefit the brain, emotional health and Academics.

10. Health Report

- a. Communicable Disease Report – Jennifer Killion reported that as of now, we have had 1 student case of Hand, Foot and Mouth Disease and 29

student cases of COVID-19. We have had 6 cases of staff reported COVID-19 so far this school year.

- b. Jennifer Killion reported that all staff was trained in CPR & use of AED in July.
- c. Jennifer Killion reported that all student immunizations are up to date and that the annual immunization report will be submitted to TDSHS in November.
- d. Jennifer Killion reported that Vision, Hearing, TRAT2DC and Spinal Screenings are currently being performed on all PK, K, 1st, 3rd, 5th, 7th and new students.
- e. Jennifer Killion reported that Dr. Patel's Medical Assistants were here on September 23, 2022 to administer flu and COVID vaccines to all staff members who were interested. Approximately 21 flu vaccines and 16 COVID vaccines were administered.

11. Food Service Report

- a. Minerva Zapata reported that our district has been approved for an additional 4-year grant for the free breakfast/lunch program. Free breakfast and lunch is provided to all students.
- b. Minerva Zapata reported that Goodies with Grandparents was held on 9/9/22. It was a great success and many grandparents attended.

12. Health and Wellness Policy/Plan Approval

- a. District Wellness Policy distributed to all SHAC Members.
- b. Wellness Policy / updated Plan reviewed. All members were in agreement with Wellness Policy/Plan. I motioned to approve & accept Plan as is and Danny Vasquez second the motion.
- c. Minerva Zapata reported that all students are given a Socioeconomic Information Form on the first day of school. Parents are encouraged to complete form, even though we currently receive a free breakfast and lunch grant.
- d. Minerva Zapata reported that breakfast and lunch menus are posted on DISD's website monthly.

13. Questions and Comments

- a. Jennifer Killion reported that SHAC meets 4 times per year. The next SHAC Meeting will be 12/7/22.
- b. Jennifer Killion reported on upcoming events: Red Ribbon Week will be from October 24-28th.

- c. Jennifer Killion reported that TEA performed a Safety Audit on 10/12/22 and we were informed we “passed with flying colors”.
- d. No questions asked.

14. Close of Meeting

The Meeting adjourned at 4:30 P.M.