

“The most important thing is to try and inspire people so that they can be great in whatever they want to do.” - Kobe Bryant

Good Afternoon,

Congratulations class of 2023! Your class has been through quite a lot of challenges during your high school career. All of these challenges that you have faced will better prepare you for the difficult times that may lay ahead as you enter the workforce, go to college, or a tech school. I wish you all the best of luck. It has been a pleasure working with all of you in my first year as an Athletic Director.

Registration for next year’s athletics and activities will be open on July 1st. When you register for the upcoming year, make sure to include the most up to date wellness form. This will help ensure that your student is able to participate on the first day of their practices. If their wellness form is out of date, they will not be permitted to participate until that is up to date. Also, I would encourage you to register for all sports or activities that you plan to participate in for the upcoming year. This helps with planning for how many teams I should expect. Go Ghosts!

I have multiple open coaching opportunities for this coming fall. If you or anyone you know is interested in one of these positions please go on to schoolspring.com and apply there. Or you can email me directly letting me know of your interest and I can let you know what the next steps for you would be.

STATE CHAMPION ALERT! Congratulations Chase Gardner for winning the D3 State Championship in the boys 400m and for breaking the school record while doing it with a time of 52.86! Wait there's more, our boys also won the D3 State Championship for the 4x400m with a school record time of 3:42.71. The team consisted of Wyatt Yanker, Drew Best, Pablo Mendez, and Chase Gardner! Great job crew and way to represent Randolph! Some other highlights from the state meet are Beatrice Lake earning the runner up title in the 400m, Wyatt Yanker earning the runner up title in the 100m and 200m, and Chase Gardner for earning runner up in long jump. Our teams performed tremendously overall with the boys team earning 3rd in the state and the Girls team earning 8th! Congratulations to all student athletes involved. All of your hard work and dedication really shined through at the state meet!

COACH OF THE YEAR ALERT! Not one, but TWO coaches earned coaching honors this spring. Our boys lacrosse coaches earned coach of the year and assistant coach of the year for their tremendous efforts and work they did with our student athletes this spring. Congratulations Aaron Dieckerhoff for coach of the year and Richard Burnham for assistant coach of the year. Hearing all the compliments from opposing teams and ADs

this comes as no surprise to me and it is well deserved. Once again, we are setting the example of how athletics should operate and carry themselves!

I currently have large #GhostNation stickers for sale. These stickers are designed to go on vehicles, but can go on just about anything. They are being sold for \$10 a piece. If you are interested in purchasing one, please reach out to me by phone or email.

The practice schedule is on the RUHS athletics website. It will be updated weekly to show where and when each team will practice. Be sure to give it a close look so you know when your student athletes are practicing.

Enjoy your weekend,

Nick

1. Quick dates to have tucked away:
 - a. Sports registration opens 7/1

2. [FormReleaf](#) Registration for all co-curricular Registrations
3. For location information for other school athletic venues can be found here: [VPA School Athletic Information](#) (note: information is only as accurate as the school reporting/filing out the information)

Social Media:

When sharing RU sports and event pictures, use the tag #Ghostpride

1. Sports Boosters Facebook
2. Instagram - [RUHSGhosts](#)

Schedule/Location Notes for the Week:

Open Coach Positions:

Bass Fishing

Varsity Girls Volleyball

Varsity Boys Soccer

Varsity Girls Soccer

Coach Hiring Announcement:

Co-Op/Member-to-Member Updates:

Fundraising: #Ghostnation stickers on sale for \$10

Sports Boosters:

Other Notes:

Ghost Trivia-What is the name of the Individual that won 3 Track State Championship in 3 separate events in one year? Email me the answer before next week's ghostly for a chance to win a \$10 gift card

A reminder that the attached practice/game schedule is as accurate as the information available at the time of publishing. Changes to practice times may be decided by program coaches and communicated by them as well.