## **SAMPLE FULL-DAY SCHEDULE**

| 8:00 am – 8:15 am   | Arrival Routine                      | Greeting Children/ families – Health Check and hand washing  |
|---------------------|--------------------------------------|--|
| 8:15 am – 8:30 am   | Morning Circle                       | Morning Circle/ Second Step (Social Emotional) / Calendar and Daily Picture Schedule.  |
| 8:30 am – 8:50 am   | Breakfast                            | Staff will interact and conversate with children during family style meal time.  |
| 8:50 am – 9:00 am   | Health/ Safety                       | Tooth Brushing   |
| 9:00 am – 9:15 am   | Large Group<br>Time (Circle)         | Students will engage in a read-aloud, music and movement using songs, rhymes, and fingerplays, Literacy Review/ Transitions to centers   |
| 9:15 am – 10:00 am  | Learning Centers                     | Students will self-select areas in the classroom they wish to explore. Literacy, Math, Science, Block, Art, Dramatic Play, Library, Writing, and Listening center. Staff will interact in small groups on specific literacy skills during this time. Staff supervision at all times  |
| 10:00 am – 10:30 am | Outdoor<br>Activities                | Students will self-select areas on the playground they wish to explore. During this time students are exercising their gross motor skills by running, jumping, hopping, climbing, crawling, sliding, balancing and more. Riding bike, large group games such obstacles, duck-duck goose etc. Transition-clean up and get ready for lunch Staff will interact and conversate with children. Staff supervision at all times  |
| 10:30 am – 11:30 am | Learning Centers                     | Students will self-select areas in the classroom they wish to explore. Literacy, Math, Science, Block, Art, Dramatic Play, Library, Writing, and Listening center. Staff will interact in small groups on specific literacy skills during this time. Staff supervision at all times  |
| 11:30 am – 12:00 pm | Lunch                                | Staff will interact and conversate with children during family style meal time.  |
| 12:00 pm – 12:15 pm | Transition to<br>Circle- Story       | Students will wash hands after lunch, use restroom, come to circle (Story time)  |
| 12:15 pm – 1:15 pm  | Nap                                  | Book / Rest  |
| 1:15 pm – 1:30 pm   | Snack                                | Staff will interact and conversate with children during family style meal time.  |
| 1:30 pm – 1: 50 pm  | Small Groups                         | Math / Science/ Literacy   |
| 1:50 pm – 2:20 pm   | Outdoor<br>Activities                | Students will self-select areas on the playground they wish to explore. During this time students are exercising their gross motor skills by running, jumping, hopping, climbing, crawling, sliding, balancing and more. Riding bike, large group games such obstacles, duck-duck goose etc. Transition-clean up and get ready for lunch Staff will interact and conversate with children. Staff supervision at all times. |
| 2:20 pm – 2:30 pm   | Wrap up/<br>Review Day/<br>Dismissal | Students will gather together with the teacher to discuss and reflect on the day.  Students will be invited to participate in the closing song   |