

## Sanger ISD

### 1st Grade: Module 8: Safety and Accident Prevention:

#### Safe and Unsafe Touch

Dear SISD Families,

The Texas Essential Knowledge Skills (TEKS) for Health: Grade 1 requires the teaching of certain sensitive topics related to body safety, including safe and unsafe touch.

We will be using QuaverHealth•PE for our curriculum this year as we cover the required Health TEKS. The lesson covering this topic, "Safe and Unsafe Touch," will take place between November 6 - November 17 of this academic year.

The "Safe and Unsafe Touch" lesson will address:

1. Defining safe touch
  - Safe touch: *Comfortable or healthy touch*
    - Comfortable touch: *Touches that make me feel happy or safe. Comfortable touches are wanted and welcomed*
    - Healthy touch: *Touches that help keep me healthy*
2. Defining unsafe touch
  - Unsafe touch: *Uncomfortable or unhealthy touch*
    - Uncomfortable touch: *Touches that make me feel sad, angry, worried, or confused and that are unwanted and unwelcome*
    - Unhealthy touch: *Touches that hurt my body*
3. Practicing using assertive language in an unwanted situation and reporting the incident to a parent or another trusted adult
  - Assertiveness: *Ability to use refusal skills and strong "no" language*
    - Refusal skills: *How to say no and refuse to do things that are unsafe*
    - Reporting: *Telling a parent or another trusted adult about any form of abuse or neglect*

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Texas state law requires you to give written permission for your student to participate in "Safe and Unsafe Touch" lesson. **The permission form you will receive must be signed and returned to your student's campus in order for them to participate in these lessons. If you do not give permission, your student will not participate.**

Because the QuaverHealth•PE curriculum is online for teachers, we can send links to the lesson detailed above. Please indicate on the [Request to View Elementary QuaverEd Form](#) if you would like to receive those links and look over the lessons your student is eligible to study.

In Partnership,

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Sanger ISD

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