

Sanger ISD
3rd Grade Sensitive Lessons
Personal Safety Assistance and Abuse and Neglect

Dear Sanger ISD Families,

The Texas Essential Knowledge Skills (TEKS) for Health: Grade 3 requires the teaching of certain sensitive topics related to child abuse and family violence. The 3rd-grade lesson Personal Safety Assistance Lesson will occur between November 6-November 17 and the Abuse and Neglect Lesson will take place between February 5 - February 16 of this academic year.

Personal Safety Assistance

This lesson includes:

1. Explaining the importance of seeking assistance in unsafe situations
2. Discussing sources of assistance to promote personal safety
3. Demonstrating when and how to get help in unsafe situations

Keywords and Concepts

- Unsafe situations: Situations that compromise personal safety.
- Risky situations: Situations that put personal safety at risk.
- Decision-making: Students will participate in activities that ask them to evaluate unsafe situations and make action choices.
- Personal safety: Keeping yourself free from harm, both physical and emotional.
- Refusal skills: How to say no and refuse to do things that are unsafe.
- Trusted adult: Someone you can talk to about anything. Someone who is safe to be around, has helped you before, and is a good listener.

Abuse and Neglect

This lesson includes:

1. Contrasting healthy familial behavior examples with examples of abuse and neglect
2. Discussing the importance of reporting abuse and neglect to a parent or another trusted adult
3. Examining the short – and long-term impact of abuse and neglect.

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Keywords and Concepts

- Healthy behavior: Students will discuss models of healthy behaviors.
- Unhealthy behavior: Students will discuss models of unhealthy behaviors.
- Abuse: When someone hurts a child's body or emotions on purpose.
- Neglect: When someone doesn't provide a child with what they need to grow and be healthy.
- Trusted adult: Someone you can talk to about anything. Someone who is safe to be around, has helped you before, and is a good listener.
- Impact of abuse: Examples will be given to students.
- Personal safety: Keeping yourself free from harm, both physical and emotional.

Texas state law requires you to give written permission for your student to participate in lessons involving human sexuality, child abuse, family violence, teen dating violence, and sex trafficking. **The permission form you will receive must be signed and returned to your student's campus in order for them to participate in these lessons. If you do not give permission, your student will not participate.**

Because the QuaverHealth•PE curriculum is online for teachers, we can send links to the lesson detailed above. Please indicate on the [Request to View Elementary QuaverEd Form](#) if you would like to receive those links and look over the lessons your student is eligible to study.

In Partnership,

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