



Homeless Youth & Young Adult RESOURCES & ASSISTANCE CARD

Call 211 - if you are in immediate danger then call 911

MN Helpline: Call 211 / www.minnesotahelp.info / www.youthlinkmn.org
(housing, food, shelter, transportation, etc.)

Washington County After Hours Crisis # (for open cases): 651-291-6795
Child Protection Intake Line: 651-430-6457
Adult Services Intake Line: 651-430-6484
Washington County Social Workers: 651-430-6455
HSI Mobile Crisis (& to access face-to-face MH Svs. - Wash. Co.): 651-777-5222
Multi-County Crisis Connection: 612-379-6363
Confidential Free Phone Counseling: 1-866-379-6363
Suicide Prevention Crisis Line: 1-800-273-8255 / www.suicidepreventionlifeline.org

Domestic Abuse Support:
Tubman Family Alliance: 651-770-0777 (East) / 612-825-0000 (West)



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EMERGENCY SHELTERS: call #211 (for locations and numbers) / www.thebeehive.org or call your worker if you have an open case.

Metro Shelter Hotline: (Toll Free) 1-888-234-1329

Project Offstreets: 612-252-1200 / www.youthlinkmn.org
(medical care, shower, laundry, lockers, help getting necessities & finding shelter)

Tubman Family Alliance: www.tubman.org
(East Metro) 651-770-0777 / (West Metro) 612-825-0000
(emergency shelters for domestic & relationship abuse issues)

SafeZone: 651-224-9644 / www.face2face.org

Safe House Shelter (through Lutheran Social Svs.): 651-644-3446

Hope Street: 651-775-5615 / 612-827-9372 / www.ccspm.org

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EMPLOYMENT (ask for Youth Employment Counselor):

Workforce Center Washington Co.:

Woodbury office: 651-275-8651 Forest Lake office: 651-275-7265

Ramsey County: Call for different locations: 651-770-4499

www.mnwfc.org (to locate other offices) these offices give employment counseling, employment assist & free use of computers, faxes, copiers, job listings & searches, classes, etc.

FREE VOCATIONAL/EDUCATIONAL/TRAINING PROGRAM/

JOB PLACEMENT:

Job Corps: 651-642-1133/1-800-733-jobs / www.jobcorps.gov
(A St. Paul Program with free room and board. Get paid & get medical/dental care, clothing, & spending money for performance bonus and cash upon completion.)

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FREE VOICE MAIL: 651-643-0883 / www.tccvm.org



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**FINANCIAL ASSISTANCE/FOOD STAMPS/CHILD SUPPORT/
MEDICAL ASSISTANCE/ENERGY ASSISTANCE:**

Go to www.bridgetobenefits.org - there is a free screening tool you can use to see what benefits you are eligible for and help in understanding them. Always call your county of residence to apply.

Washington County: 651-430-6459 Chisago County: 651-213-5600

WIC Food Program: 651-430-6658 Dakota County: 651-554-5611

Anoka County: Hennepin County: 612-596-1300

Adults (no kids under 18) 763-422-7246 Ramsey County: 651-266-4444

Families (w/kids under 18) 763-717-7730

NON-PROFIT & ENERGY ASSISTANCE:

Salvation Army: 651-739-6288/ Energy Assistance: 651-645-6770

1-800-842-7279/Fax: 651-739-9608

CAP of Ramsey/Washington Co: 651-645-6445 / www.caprw.org

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HEALTH CARE:

Minnesota Care (insurance for low income): 651-297-3862
Portico Healthnet (free assistance in finding healthcare): 651-603-5100
Project Offstreets: 612-252-1200 / www.youthlinkmn.org
Red Door Clinic: 612-543-5555 / www.reddoorclinic.org
Face to Face: 651-772-5555 www.face2face.org
St. Mary's Health Clinic (no cost to low income): 651-690-7029
STD Hotline: 1-800-783-2287
Planned Parenthood: 1-800-230-7526 / www.plannedparenthood.org
Birthright (pregnancy support & infant supplies): 651-646-7033
Minnesota AIDS Project: 1-800-248-2437 / 612-341-2060
Washington Co. Public Health Nurses: 651-430-6655
Safe Places for Newborns: 1-877-440-2229 / 612-875-2873
(Babies up to 3 days may be left at any hospital; no questions asked; confidential)
Sexual Assault - Victim Interventions & Recovery:
651-777-1117

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DIAL A RIDE (Washington County Only): 651-275-4315
Consumer Credit Counseling:
Family Means: 651-439-4840
SMRLS (Legal Assistance on housing matters): 651-222-5863
Legal Assistance-Washington Co. (for civil matters):
651-351-7172
Dads & Families Center: 651-770-0777 / 612-825-000
(Also has a Law clinic once/month) www.mnfathers.org

ONLINE SCHOOLS:

www.mnola.org

To order more youth cards call:
651-275-7258



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Youth Resources: www.mnyouth.net; www.wacydasp.org;
www.youthlinkmn.org; www.fosterclub.org; www.aindahyung.com
National Runaway Switchboard: 1-800-786-2929
SELF-HELP GROUPS: www.minnesotarecovery.info
AA Intergroup (St. Paul): 651-227-5502
Alateen / Alanon: 651-771-2208
WACY: 651-430-6724 / www.wacydasp.org

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FOOD/CLOTHING/SHOWERS/MEDICAL CARE/ADVOCACY:

(for food stamps program contact your County of residence)

Food Assistance: www.emergencyfoodshelf.org
and Fare For All: www.fareforall.org
(for both) 1-800-582-4291
(save 50% on your monthly food - volunteer oriented)

Face to Face: 651-772-5555 / www.face2face.org
(food, showers, laundry, help finding shelter, medical care, advocacy)

Project Off Streets: 612-252-1200 / www.youthlinkmn.org
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Salvation Army (Washington County): 651-739-6288 / www.thesalarmy.org

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HOUSING: (Young Adult Oriented)

Washington Co. Housing Coordinator: 651-430-6529
MN Website: www.housinglink.org / www.youthlinkmn.org

Seventh Landing: 651-291-3842
Lindquist Apartments: 612-287-1624

<http://rseden.nonprofitoffice.com>
Booth Brown Foyer Apartments: 651-251-3502
www.thesalarmy.org/serv/Foyer.pdf

St. Barnabas Apartments: 612-341-3148
Homeline (rental advocacy & tenant landlord disputes): 612-728-5767

HOUSING/EDUCATIONAL/VOCATIONAL TRAINING - ALL IN ONE:

Job Corps: 651-642-1133 / 1-800-733-jobs / www.jobcorps.gov
(Free room/board and get paid/medical/dental care/clothing/spending money.)

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