



ISB Raiders Athletics by Season 2023-2024			
	Fall Season	Winter Season	Spring Season
Tryouts Start	30 August	21 November	19 March
Raiders 101 Open House	6 September	28 November	26 March
End of Season Tournament	9 - 11 November	7 - 9 March	23 - 25 May
U14 Girls Sports Grades 6- 8	Soccer, Cross Country, Tennis	Basketball, Swimming, *Developmental Lacrosse	Track & Field, Softball, Volleyball
U14 Boys Sports Grades 6- 8	Soccer, Cross Country, Tennis	Basketball, Swimming, *Developmental Rugby	Track & Field, Lacrosse, *Baseball, Volleyball
JV Girls Sports Grades 9 - 10	Soccer, Volleyball, Cross Country, *Field Hockey	Basketball, Swimming, Lacrosse	*Softball, Track & Field, Tennis, Golf
JV Boys Sports Grades 9 - 10	Soccer, Volleyball, Cross Country, *American Football	Basketball, Swimming, Rugby	Track & Field, Baseball, Tennis, Lacrosse, Golf
Varsity Girls Sports Grades 11 - 12	Soccer, Volleyball, Cross Country, Field Hockey	Basketball, Swimming, Lacrosse	Softball, Track & Field, Tennis, Golf
Varsity Boys Sports Grades 11 - 12	Soccer, Volleyball, American Football, Cross Country	Basketball, Swimming, Rugby	Lacrosse, Baseball, Track & Field, Tennis, Golf

Important Information: List of end of season tournaments with locations found [here](#) and estimated costs per location can be found [here](#).