

Five Ways You Can Support LGBTQ+ Youth in Your Life

**A free workshop for parents, grandparents, caregivers,
and anyone who loves or works with kids.**

This is an exceptionally challenging time for LGBTQ+ youth across the country, especially trans and gender expansive kids. Laws are being created that threaten to take away their rights and ability to just be who they really are. You probably know or know of a kid who is now out as nonbinary or gay or another LGBTQ+ identity. Loving and affirming them can help save lives.

I'm Christina (Tina) Nguyen, founder of Dreaming Sky Circles and your guide for this workshop. I understand how these identities can feel really confusing and disorienting for us grown up folks. You might have a lot of questions and wish you had a **non-judgmental space** to put it all in perspective. If you feel like you are at the beginning of your journey to support and understand the LGBTQ+ youth in your life, I'm here to help. Join me for a session. I'll offer up some helpful tips to get you started and also **lovingly bear witness** to everything you might be feeling.

Dates for 2023

- Tuesday, March 21
- Thursday, May 18
- **Monday, July 17**
- Monday, November 6

Location

Parkview United Church of Christ
3737 Bellaire Ave.,
White Bear Lake, MN 55110

Meet in Fellowship Hall



All sessions are 6:30-8:00 p.m.

Sign up today at <https://drmsky.us/5waysregister>



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