

NWR 7 HEALTH OFFICE

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Health services formation regarding health enrollment requirements, sports participation, and medications at school. Information and required forms are also available on the district website.

Student Health Emergency Information Forms

This confidential medical information, held on file in the health office, to assist in providing for the health and safety of your child. This form is to be updated at the start of the new school year.

*If you indicate that your child has asthma or a life-threatening allergy that requires either rescue/emergency medication, you **MUST** provide both the medication and a physician-signed Medication Authorization form signed by a parent. Without these medications and forms, your child will be excluded from all field trips.*

Immunizations

All students must present proof of immunizations upon enrollment to Region 7. Students not immunized for medical reasons, must provide a notarized statement from a physician and signed by the parent. Medical exemption forms are available on the district web site. **Only Religious exemptions prior to 4/28/21 are accepted.*

Physical Examinations

NWR 7 Board policy examination (C.G.S. 10-2045a) mandates that all students must present an updated physical exam:

1. Upon enrollment to the district
2. Entry to 7th grade (physicals completed during 6th grade year will be accepted)
3. During the 10th grade year, prior to the start of the 11th grade year

The CT Health Assessment Record (Blue) Form shall be completed in its entirety to include vision, auditory, scoliosis screenings & immunization updates.

Illness or Injury

If a student becomes injured or ill in school, he/she should report to the Health Office. The nurse will evaluate the child and contact the parent if necessary. Parents of students dismissed through the health office are required to sign their child out in the Main Office.

Guideline for determining if your child should be in school:

1. Fever free (less than 100.4) for 24 hours before returning to school.
2. No episodes of vomiting for 24 hours.
3. No active communicable and/ or contagious infections.
4. On antibiotics for 24 hours before returning from a communicable infection.
5. Contact the Heath Office regarding influenza & COVID guidance.

Administration of Medication in School

Nurses must follow CT State law and Board of Education policy re: the administration of medicine to your child. Medications are administered during school hours if the desired effect cannot be achieved outside school hours.

1. All medications, including emergency self-carry medications, will be administered only with the following:
 - a. Medication Authorization Form, signed by an authorized prescriber and written authorization of the parent.
Law does not permit verbal authorization/request by parents
 - b. Medication orders are valid for one academic year.
2. All medications must be brought to the health office by an adult with the exception of emergency medications (EpiPens, Inhalers or diabetic supplies) which may be transported by the student.
3. Students who self-carry these emergency medications must have them on their person at all times in case of an emergency (i.e.: a lock down, fire drill etc.)
 - a. Parents are encouraged to provide a backup medication available in the health office in the event the student does not have them on their person.
4. Parents must pick up all unused medication at the end of the school year. Medication not picked up will be disposed of per policy.
5. Standing order for Tylenol, Ibuprofen or Tums is available through the district physician. Parents must complete the (purple) permission form in order for their child to receive medication.

Requirements for Return to School after Surgery or Serious Illness/Injury

Students returning to school after surgery or a serious illness, concussion, or hospitalization must provide a note from a physician indicating clearance to return to school.

The note should include any restrictions (i.e.: no physical education) or required accommodations (i.e.: elevator use). The physician must update continued restrictions.

Documentation must be provided when these restrictions or accommodations are no longer indicated.

Physician Notes

In keeping with FERPA guidelines for confidentiality & privacy, all medical notes must be brought/faxed (860-379-8940) directly to the Health Office. The nurses will only communicate pertinent information or restrictions to the appropriate staff.

Field Trips

Students must have an updated Health Emergency (pink form) Form on file in health office. Those who self- carry inhalers, epi pens, or diabetes supplies are expected to bring their medications from home for field trips. If this form is not on file, or medications are not available, your child will be excluded from field trips for their own safety.

Sports Participation

Registration is managed through Family ID/Arbiter Sports. To facilitate the eligibility validation process parents should, complete the online registration at least 2 weeks prior to the start of sports. This will allow the nursing staff ample time to review the registrations.

Please be advised registration does not confirm eligibility. The following items are required:

1. Current physical from the past 13 months. Physicals may be uploaded through Family ID, faxed 860-379-8940, mailed, or delivered directly to the Health Office. *Sports physicals will not be accepted in lieu of the CT Health Assessment blue form*
2. No current physician-imposed restrictions from previous injuries or conditions. A note from a medical provider is required for clearance from a current injury or condition that resulted in exclusion from sports.
3. Students returning after recovery from a concussion must provide a physician note to the Health Office indicating clearance and have completed the return to play protocol prior to participation.
4. Athletes who have tested positive for COVID 6 months prior to the season must provide a report of symptoms to the Health Office & check in with the Athletic Director prior to participation.

Please check Family ID to confirm eligibility status or physical exam expiration date. You will receive an email from Family ID 60 days in advance of the expiration date of your physical.