

## **Rights Respecting Schools**

At Ysgol Nantgwyn we are committed to becoming a fully accredited rights respecting school. At present we have achieved our bronze award which shows our commitment to children's rights. The UN Convention on the rights of the child is made up of 54 articles.

### **Article 24 (right to health and health services)**

Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy.

#### **People use medicines, vaccines and drugs for lots of different positive reasons:**

- To treat an illness
- To protect them from infection and possible illness
- To make sure they get the right vitamins
- To help them sleep better
- To feel relief from pain
- To help treat serious mental ill-health
- To protect them from allergies or allergic reactions.

**Think about the different ways that you can stay healthy.**

