

RGS Multi Skills Camp Timetable

	8:30-10:00	10:00-10:45	10:45-11:15	11:15-12:00	12:00-13:00	13:00-13:45	13:45-14:30	14:30-15:00	15:00-16:00	16:00-17:00
Tuesday	Arrival / Wake up Shake up	Team Building Games  <b>Main School Sports Hall</b>	Break	Football  <b>Outdoor Hockey Pitch</b>	Lunch	Swimming / Table Tennis  <b>Main School Sports Hall</b>	Swimming / Table Tennis  <b>Main School Sports Hall</b>	Break	Basketball  <b>Main School Sports Hall</b>	Free time/ Pick ups
Wednesday	Arrival / Wake up Shake up	Dodgeball  <b>Main School Sports Hall</b>	Break	Cricket  <b>Outdoor Hockey Pitch</b>	Lunch	Tag Rugby  <b>Outdoor Hockey Pitch</b>	Invasion Games  <b>Outdoor Hockey Pitch</b>	Break	Problem Solving Games  <b>Outdoor Hockey Pitch</b>	Free time/ Pick ups
Thursday	Arrival / Wake up Shake up	Badminton  <b>Main School Sports Hall</b>	Break	Hockey  <b>Outdoor Hockey Pitch</b>	Lunch	Swimming / Table Tennis  <b>Main School Sports Hall</b>	Swimming / Table Tennis  <b>Main School Sports Hall</b>	Break	Rounders  <b>Outdoor Hockey Pitch</b>	Free time/ Pick ups
Friday	Arrival / Wake up Shake up	Tennis  <b>Main School Sports Hall</b>	Break	Netball  <b>Main School Sports Hall</b>	Lunch	Dodgeball  <b>Main School Sports Hall</b>	Football  <b>Outdoor Hockey Pitch</b>	Break	Cricket  <b>Outdoor Hockey Pitch</b>	Free time/ Pick ups

