



Suicide Prevention Plan For Jefferson 14J 2022-2023

Jefferson School District is committed to the health and well-being of all students and understands that by having procedures in place to prevent, assess the risk of, intervene in, and respond to suicide, they are not only complying with Senate Bill 52, but, more importantly, saving lives. Jefferson School District:

- recognizes that physical and mental health are integral components of student outcomes, both educationally and beyond graduation
- further recognizes that suicide is a leading cause of death among young people
- has an ethical responsibility to take a proactive approach in preventing deaths by suicide
- acknowledges its role in providing an environment that is sensitive to individual and societal factors that place youth at greater risk for suicide and helps to foster positive youth development and resilience
- acknowledges that comprehensive suicide prevention policies include prevention, intervention, and postvention components
- will publish its policy and plan on their website and will revisit and refine the plan regularly

PREVENTION

- A school administrator at each building is annually determined as a point of contact for issues relating to suicide prevention and policy implementation. Contact this person to request a review of actions by the school in responding to a suicidal risk
 - The administrator and/or designated staff member for the 2022-2023 school year for Jefferson Elementary School is Chris Sullivan (541)327-3337, #4
 - For Jefferson Middle School is Scott Jantzi (541) 327-3337, #5
 - For Jefferson High School is Laura Pierce-Cummings (541)327-3337, #6The district office can be contacted at (541)327-3337, #3

- All staff shall be made aware of school suicide prevention protocols on an annual basis including the names and contact information of the administrator and/or designated staff



member of whom to report to when they believe a student to be at elevated risk for suicide.

- All staff who have contact with students shall receive annual gatekeeper training in suicide prevention. This training shall include, but is not limited to, the identification of risk factors, warning signs, protective factors, response procedures, district referral processes, and postvention response protocols. The gatekeeper training for the 2020-2021 school year is: QPR (Question, Persuade, Refer) Suicide Prevention Training.
- Additional training is recommended and shall be offered to administrators, school counselors, and other designated staff.
- Additional support or resources needed regarding youth suicide, including those living with mental and/or substance use disorders, those who engage in self-harm or have attempted suicide, those in out-of-home settings, those experiencing homelessness, American Indian/Alaska Native students, LGBTQ (lesbian, gay, bisexual, transgender, and questioning) students, students bereaved by suicide, and those with medical conditions or certain types of disabilities can be obtained by contacting the Marion county website www.co.marion.or.us/HLT/MH or the [WESD Suicide Prevention Consultant](#)
- Developmentally appropriate, student-centered education materials will be made available to all students that include safe and healthy choices and coping strategies, how to recognize risk factors and warning signs of suicide, and help seeking strategies for oneself and others, including how to engage school resources and refer friends for help.
 - The student-centered education materials for the 2022-2023 school year for Jefferson Elementary School is The Great Body Shop and Second Step
 - For Jefferson Middle School is The Great Body Shop and My Life is Worth Living
 - For Jefferson High School is My Life is Worth Living

INTERVENTION

- Any employee who reasonably believes that a student is at risk of suicide shall report such belief to the designated staff member and/or administrator as soon as possible, but no later than the end of the school day
- Upon notification, the designated staff member and/or administrator shall complete a [Suicide Risk Assessment Level 1](#). If warranted, the student will be placed under continuous adult supervision during this time. Emergency services will be contacted immediately if an imminent threat and/or an in-school attempt is made
- If a referral for a Suicide Risk Assessment Level 2 is determined, after a Level 1 is completed, contact Marion County Youth & Family Crisis Services at (503) 576-4673.
- Prior to contacting the student's parent/guardian, a determination will be made if further harm will result from notification



- If parent/guardian notification is determined, the designated staff member or administrator will:
 - Inform if emergency services were contacted
 - Share results of the Suicide Risk Assessment Level 1, including if a referral for a Level 2 was made
 - Provide names of community mental health resources, if appropriate
 - The district will request written permission from student/parent/guardian to discuss the student's health with outside care providers, if appropriate
 - The designated staff member will attempt to establish a communication line and agreement with local hospitals for shared information (with parent and/or child permission) with the school after a student is seen in the Emergency Department for suicide ideation and/or attempt. This is generally the hospital social work staff or community liaison. Hospitals often do not know who to contact at the school, and vice versa and the 7-day period after a child is seen in the Emergency Department is the most at-risk time for suicide
- After an attempt, prior to the student returning to school, a school support team shall meet with the student and the parent/guardian to develop a safety plan.

POSTVENTION

- Immediately after a suicide death, the superintendent will contact the [WESD Crisis Response Team](#) or county crisis response team. The crisis response team shall meet with district personnel and develop a postvention plan including but not limited to:
 - Verification of death
 - Preparation of school and/or district response, including support services
 - Informing staff of death
 - Informing students that a death has occurred
 - Providing counselors and/or trained crisis responders to support students and staff at the school site or virtually
 - Providing additional resources to staff and students
- Crisis team will work with staff to identify students most likely to be impacted by the death to provide additional assistance and counseling, if needed. Additionally, an administrator and/or designated staff member will review suicide warning signs and reporting requirements with staff



REFERENCES

- afsp.org/modelschoolpolicy

RESOURCES

- Suicide & Crisis Lifeline, **988** www.988lifeline.org
- Oregon YouthLine www.oregonyouthline.org
- Willamette Education Service District www.wesd.org/suicideprevention
- Mid-Valley Suicide Prevention Coalition www.mvsuicideprevention.org