

JEFFERSON SCHOOL DISTRICT 14J

COMMUNICABLE DISEASE MANAGEMENT PLAN COVID-19

School Year 2022-23

School/District/Program Information

District or Education Service District Name and ID: Jefferson School District 14J/2140

School or Program Name: Jefferson Elementary School/Jefferson Middle School/Jefferson High School

Contact Name and Title: Brad Capener, Superintendent

Contact Phone: (541) 327-3337 Contact Email: brad.capener@jefferson.k12.or.us

Table 1.

	Policies, protocols, procedures and plans already in place Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.
School District Communicable Disease Management Plan OAR 581-022-2220	https://drive.google.com/file/d/1IDNOCdrIoHpksHBVF8edMUjfwYd-40rV/view
J	GBEB: https://policy.osba.org/jeff14j/G/GBEB%20G1.PDF GBEB-AR: https://policy.osba.org/jeff14j/G/GBEB%20R%20G1.PDF JHCC: https://policy.osba.org/jeff14j/J/JHCC%20G1.PDF JHCC-AR: https://policy.osba.org/jeff14j/J/JHCC%20R%20G1.PDF
Isolation Space Requires a prevention- oriented health services program including a dedicated space to isolate sick students and to provide services for students with special health care needs. OAR 581-022-2220	JHC: https://policy.osba.org/jeff14j/J/JHC%20G1.PDF
Educator Vaccination OAR 333-019-1030	All educators will be vaccinated or hold an exemption from the Jefferson School District
Emergency Plan or Emergency Operations Plan OAR 581-022-2225	We have an Emergency Operations Plan on file in the Superintendent's office.
Additional documents	

Table 2.

SECTION 1. Clarifying Roles and Responsibilities

Identifying roles central to communicable disease management. Clarifying responsibilities related to communicable disease response is a first step in keeping communities healthy and safe. In general, decisions of school health and safety reside with school and district officials. Together with local public health officials, school/district administrators should consult a variety of individuals when making decisions about health and safety in school.

		3	
School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Building Lead / Administrator	 Educates staff, families, and students on policies regarding visitors and volunteers, ensuring health and safety are being maintained. In consultation with district leadership and LPHA staff, determines the level and type of response that is required/necessary. Acts as key spokesperson to communicate health-related matters within school community members, health partners, and other local partners. 	Brad Capener, Superintendent	Wesley Rogers RN, MPH, District Nurse Cathy Emmert, Director of Special Initiatives
School Safety Team Representative (or staff member knowledgeable about risks within a school,	 Trains staff at the start of the academic year and at periodic intervals on communicable disease management procedures. Leads debrief of communicable disease event, informing continuous improvement of the planning, prevention, response, and recovery system. 	Brad Capener, Superintendent Wesley Rogers RN, MPH, District Nurse	Cathy Emmert, Director of Special Initiatives

Roles and Responsibilities

emergency response, or operations planning)			
Health Representative (health aid, administrator, school/district nurse, ESD support)	 Supports building lead/administrator in determining the level and type of response that is necessary. Reports to the LPHA any cluster of illness among staff or students. Provides requested logs and information to the LPHA in a timely manner. 	Brad Capener, Superintendent	Wesley Rogers RN, MPH, District Nurse Cathy Emmert, Director of Special Initiatives
School Support Staff as needed (transportation, food service, maintenance/custodial)	 Advises on prevention/response procedures that are required to maintain student services. 	Wesley Rogers RN, MPH, District Nurse	Brad Capener, Superintendent Cathy Emmert, Director of Special Initiatives
Communications Lead (staff member responsible for ensuring internal/external messaging is completed)	 Ensures accurate, clear, and timely information is communicated including those who may have been exposed, a description of how the school is responding, and action community members can take to protect their health. Shares communications in all languages relevant to school community. 	Brad Capener, Superintendent	Wesley Rogers RN, MPH, District Nurse Cathy Emmert, Director of Special Initiatives
District Level Leadership Support (staff member in which to consult surrounding a communicable disease event)	 Has responsibility over COVID-19 response during periods of high transmission. May act as school level support to Building lead/Administrator activating a scaled response. Responds to media inquiries during the communicable disease event and ensures that those responsible for communication are designated speakers. 	Brad Capener, Superintendent	Wesley Rogers RN, MPH, District Nurse Cathy Emmert, Director of Special Initiatives

Main Contact within Local Public Health Authority (LPHA)	 Notifies Building Lead/Administrator of communicable disease outbreak and offers recommendations for appropriate response. Key spokesperson to communicate on health-related matters with community members, health facility staff, and other local community partners. 	Brad Capener, Superintendent	Wesley Rogers RN, MPH, District Nurse Cathy Emmert, Director of Special Initiatives
Others as identified by team			

Section 2. Equity and Mental Health

Preparing a plan that centers equity and supports mental health

Preparing a school to manage COVID-19 requires an inclusive and holistic approach to protect access to in-person learning for all students. In this section suggested resources are offered to help prepare for COVID-19 management while centering an equitable and caring response.

Centering Equity

Identify existing district or school plans and tools that can be utilized when centering equity in prevention, response, and recovery from incidents of COVID-19 (e.g., district or school equity plans/stances/lenses/decision tools, Equity Committee or Team protocols, district or school systems for including student voice, existing agreements or community engagement or consultation models, Tribal Consultation, etc.)

- District-wide equity team
- Policy JB: https://policy.osba.org/jeff14j/J/JB%20D1.PDF
- Community Engagement/Student survey/equity lens

Suggested Resources:

- 1. <u>Equity Decision Tools</u> for School Leaders
- 2. Oregon Data for Decisions Guide
- 3. <u>Oregon's COVID-19 Data Dashboards</u> by Oregon Health Authority COVID-19

4.	Data for Decisions Dashboard
5.	Community Engagement Toolkit
6.	Tribal Consultation Toolkit

Table 3.	Centering Equity
OHA/ODE Recommendation(s)	Response:
Describe how you identify those in your school setting that are disproportionately impacted by COVID-19 and which students and families may need differentiated or additional support.	The Jefferson School District is committed to every student in our school district. Educational equity is based on the principles of fairness and justice in allocating resources, opportunity, treatment and creating success for each student. We have created systems within each school and the district to identify students who have been disproportionately impacted by COVID-19, and who may need additional assistance and support because of the pandemic. Students who are identified are eligible for wrap-around support services to mitigate the needs that they may have.
Describe the process by which the school will implement a differentiated plan for those that are disproportionately impacted, historically underserved or at higher risk of negative impacts or complications related to COVID-19.	Each school within the Jefferson School District, has a student assistance/care team to examine and implement a plan for any student/family who has been disproportionately impacted or historically underserved, or might be at higher risk of negative impacts from complications related to COVID-19. Plans will be created by bringing together support specialists.
What support, training or logistics need to be in place to ensure that the named strategies are understood, implemented, and monitored successfully.	JSD believes that our processes are both thorough and streamlined, and that our attention to each student's needs within these processes have been successfully implemented and monitored. We use a process of design, plan, implement and reflect to have a continuous improvement plan.

Mental Health Supports

Schools are encouraged to continue to prioritize cultivating care, connection, and community to support the mental, emotional, and social health and well-being of students, families, staff, and administrators.

Identify existing district or school plans and tools that can be utilized in supporting student and staff wellbeing and mental health during prevention, response, and recovery from incidents of COVID-19 (e.g., counseling services; partnerships with community mental and behavioral health providers;

school district suicide prevention, intervention, and postvention plan; School Based Health Center resources; tribal resources, etc.)

- Mental Health Web page: https://www.jefferson14j.com/domain/234
- Counseling Resources: https://www.jefferson14j.com/domain/234

Suggested Resources:

- 1. ODE Mental Health Toolkit
- 2. <u>Care and Connection</u> Program
- 3. Statewide interactive map of Care and Connection examples
- 4. <u>Care and Connection District Examples</u>
- 5. Oregon Health Authority Youth Suicide Prevention

Table 4.	Mental Health Supports
OHA/ODE Recommendation(s)	Response:
	The Jefferson School District has spent considerable time, effort and money to make sure that our in- person learning environment prioitizes developing and cultivating healthy relationships within, and outside of our school buildings. At the core of the implementation of this intentional plan is social, emotional and mental health supports, which are anchored in RULER. RULER is a recognized SEL support that focuses on Recognizing, Understanding, Labeling, Expressing and Regulation one's emotions. We also support mental health needs using Trillium, who meets with students who are referred to them. Finally, our staff know who and when to inform regarding student issues. Time has been built in to each day as an effort to support our students. We have hired additional staff members for a mental health focus, and have partnered with Trillium to support all of our students. Opportunities to connect with peers and with school staff have become a priority, and advisory periods have become an opportunity to engage our students in a new way.
Describe how you will ensure class time, and individual time if needed, for creative opportunities	We are continuing to provide time, space, and creative opportunities and outlets (art, music, movement/dance, creative writing, clubs and interest groups, etc.) for our students and staff to make sense of their experiences, and to process personal and professional stresses, emotions, trauma, and grief. This includes extra elective classes at the middle school level, and a menu of CTE courses at the

that allow students and staff to explore and process their experiences.	high school level. With the addition of new staff members, individual time for studetns, as needed, becomes the reality of our system. Opportunities for immediate response to student need or crisis is now manageable because of the extra personnel and supports that have been put into place.
Describe how you will link staff, students and families with culturally relevant health and mental health services and supports.	We have a menu of services available to our students, staff and families. We will connect people to services as the needs arise. We will be informed of the needs through our student assistant/care teams. School psychologist, school counselors and district-wide mental health specialists will work with our students to provide referrals to outside mental health providers as needed. Additionally personnel will support the mental health needs of our students by implementing best practice, evidenced-based programs including PAX, RULER, and anti-bullying classroom instruction while analyzing results for maximum impact. Additionally personnel will support students emotional and mental health needs by leading care team meetings, providing break space, and collaborate by leading district-wide SEL meetings with all district mental health providers.
Describe how you will foster peer/student lead initiatives on wellbeing and mental health.	We have deployed several student/staff surveys to inform all of the decisions that are made within our district. These surveys include the SEED survey and the Youth Truth Survey. Our school psychologist, school counselors and district-wide mental health specialists will continue to work with our students to provide referrals to outside mental health providers as needed. Additionally, district personnel will support the academic, mental and emotional health of our students in a variety of ways.

Section 3. COVID-19 Outbreak Prevention, Response & Recovery:

Implementing mitigation activities, responding to periods of increased transmission, resuming baseline level mitigation, and debriefing actions to improve the process

Planning for and implementing proactive health and safety mitigation measures assists schools in reducing COVID-19 transmission within the school environment for students, staff, and community members. COVID-19 will continue to circulate in our communities and our schools for the indefinite future. Schools will utilize different mitigation measures based on COVID-19 transmission within their facilities and communities. In the following section, teams will document their school's approach to the CDC, OHA and ODE advised health and safety measures at baseline, during increased COVID-19 transmission, and as they roll back the increased mitigating measures, incorporating lessons learned.

Suggested Resources:

- 1. CDC Guidance for COVID-19 Prevention in K-12 Schools
- 2. Communicable Disease Guidance for Schools which includes information regarding
 - Symptom-Based Exclusion Guidelines (pages 8-12)
 - Transmission Routes (pages 29-32)
 - Prevention or Mitigation Measures (pages 5-6)
 - School Attendance Restrictions and Reporting (page 33)
- 3. COVID-19 Investigative Guidelines
- 4. Planning for COVID-19 Scenarios in School
- 5. CDC COVID-19 Community Levels
- 6. <u>Supports for Continuity of Services</u>

Table 5.	COVID-19 Mitigating Measures
OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
COVID-19 Vaccination	 CDC, OHA, and ODE recommend COVID-19 vaccination for all eligible individuals. Please include whether your school will offer COVID-19 vaccine clinics or notices about where to access vaccines in your community. Our partnership with Santiam Hospital has provided many opportunities for staff, students and our community to be vaccinated if that is their choice. We will continue to partner and advertise vaccination opportunities for our staff and community. Covid information will be posted in buildings and on social media as it becomes available.
Face Coverings	Masking will remain optional. If a student or staff member tests positive for COVID, or has symptoms, they must be quarantined for days 0-5. They may return on day 6 if symptoms are resolved, and must wear a mask at all times on days 6-10.
Isolation	Students or staff who are showing signs of infection for COVID-19 at school will go immediately to the designated room in the school for further evaluation. Students will be provided with a COVID-19 rapid tes (unless parental approval is not obtained), to determine if he/she tests positive for the virus. Students exhibiting signs of illness will be isolated for their peers in a designated space in the school, until they can be picked up by their parent/guardian.
Symptom Screening	Students who come to school sick will be isolated in a designated area until their parents can pick them up. Students will be tested for COVID 19 with parent permission.
COVID-19 Testing	OHA offers both <u>diagnostic and screening testing programs</u> to all public and private K-12 schools in Oregon. Please include whether your school will offer diagnostic and screening testing, respectively. Schools within the Jefferson School District will not offer diagnostic testing, but will offer screening testing for students, with parental permission, and for staff members.
Airflow and Circulation	The district will continue to ensure effective ventilation and improved indoor air quality. Our focus has been and will continue to be: Increasing the amount of fresh outside air that is introduced into the system; Exhausting air from indoors to the outdoors; and Cleaning the air that is recirculated indoors with effective filtration methods (e.g., HEPA filters) to remove virus-containing particles from the air. Opening windows and doors unless doing so creates a health or safety risk. Consider conducting some activities, meals, and classes outside when reasonable.

Cohorting	Cohorting will be informal, but managed by assigned classroom (elementary) and assigned schedule (middle and high school). Whenever possible, we will identify students and staff members who might be considered a close contact. Currently Marion County Health Departmet has no contacting requirments for students or staff members who are considered to be in close contact with a known positive case.
	Physical distancing will be encouraged as necessary.
Physical Distancing	
Hand Washing	Regular hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. Washing hands can keep you healthy and prevent the spread of respiratory and diarrheal infections from one person to the next. OHA and ODE strongly advise that schools create protocols and systems to ensure access to soap, water and alcohol-based hand sanitizer with at least 60% alcohol at key times and that schools prioritize handwashing with soap and water after students or staff use the restroom. JSD is committed to containing the spread of germs by providing plentiful access to soap, water.
Cleaning and Disinfection	Our custodians will continue to use a rigorous cleaning and disinfecting routine thoughout the school day in an effort to mitigate the spread of any illness.
Training and Public Health Education	We will continue to seek all udpated COVID-19 information and protocols from ODE, CDC, OHA, and MCHD. We will dissemenate updated information on social media, and through-out our schools as it becomes available.

Table 6.

OHA/ODE Recommendation(s) Layered Health and Safety Measures	MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in- person learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).
COVID-19 Vaccination	We will continue to partner and advertise vaccination opportunities for our staff and community.Covid information will be posted in buildings and on social media as it becomes available.
Face Coverings	CDC, OHA, and ODE recommend universal use of face coverings during periods of high transmission. Please include whether your school will implement this critical recommendation. During periods of high transmission JSD will consider the use of mandatory masking as directed by ODE, CDC, OHA, and MCHD.
Isolation	Students or staff who are showing signs of infection for COVID-19 at school will go immediately to the designated room in the school for further evaluation. Students will be provided with a COVID-19 rapid test (unless parental approval is not obtained), to determine if he/she tests positive for the virus. Students exhibiting signs of illness will be isolated for their peers in a designated space in the school, until they can be picked up by their parent/guardian. We will once again look to our local health authority for guidance.
Symptom Screening	Students who come to school sick will be isolated in a designated area until their parents can pick them up. Students will be tested for COVID 19 with parent permission.
COVID-19 Testing	Schools within the Jefferson School District will not offer diagnostic testing, but will offer screening testing for students, with parental permission, and for staff members.
Airflow and Circulation	The district will continue to ensure effective ventilation and improved indoor air quality. Our focus has been and will continue to be: Increasing the amount of fresh outside air that is introduced into the system; Exhausting air from indoors to the outdoors; and Cleaning the air that is recirculated indoors with effective filtration methods (e.g., HEPA filters) to remove virus-containing particles from the air. Opening windows and doors unless doing so creates a health or safety risk. Consider conducting some activities, meals, and classes outside when reasonable.
Cohorting	Schools should notify their LPHA about unusual respiratory disease activity if the following absence thresholds are met and at least some students are known to have influenza or COVID-like symptoms: 1. At the school level: ≥ 30% absenteeism, with at least 10 students and staff absent 2. At the cohort level: ≥ 20% absenteeism, with at least 3 students and staff absent Cohorting will remain informal, until such a time that our local health agency suggests otherwise.

	Whenever possible, we will identify students and staff members who might be considered a close contact. Currently Marion County Health Departmet has no contacting requirments for students or staff members who are considered to be in close contact with a known positive case.
Physical Distancing	In the event that we reach a period of high transmission, JSD schools will first consult with our local health authority, and then support physical distancing in all daily activities and instruction, as directed.
Hand Washing	Regular hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. Washing hands can keep you healthy and prevent the spread of respiratory and diarrheal infections from one person to the next. OHA and ODE strongly advise that schools create protocols and systems to ensure access to soap, water and alcohol-based hand sanitizer with at least 60% alcohol at key times and that schools prioritize handwashing with soap and water after students or staff use the restroom. JSD is committed to containing the spread of germs by providing plentiful access to soap, water, and alcohol-based hand sanitizer.
Cleaning and Disinfection	Our custodians will continue to use a rigorous cleaning and disinfecting routine thoughout the school day in an effort to mitigate the spread of any illness.
Training and Public Health Education	We will continue to seek all udpated COVID-19 information and protocols from ODE, CDC, OHA, and MCHD. We will dissemenate updated information on social media, and through-out our schools as it becomes available.

Table 7.

OHA/ODE Recommendation(s) Layered Health and Safety Measures	STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?
COVID-19 Vaccination	Our partnership with Santiam Hospital has provided many opportunities for staff, students and our community to be vaccinated if that is their choice. We will continue to partner and advertise vaccination opportunities for our staff and community.Covid information will be posted in buildings and on social media as it becomes available.
Face Coverings	During periods of gradual return JSD will consider the use of mandatory masking as directed by ODE, CDC, OHA, and MCHD.
Isolation	Students or staff who are showing signs of infection for COVID-19 at school will go immediately to the designated room in the school for further evaluation. Students will be provided with a COVID-19 rapid test (unless parental approval is not obtained), to determine if he/she tests positive for the virus. Students exhibiting signs of illness will be isolated for their peers in a designated space in the school, until they can be picked up by their parent/guardian. We will once again look to our local health authority for guidance.
Symptom Screening	Students who come to school sick will be isolated in a designated area until their parents can pick them up. Students will be tested for COVID 19 with parent permission.
COVID-19 Testing	Schools within the Jefferson School District will not offer diagnostic testing, but will offer screening testing for students, with parental permission, and for staff members.
Airflow and Circulation	The district will continue to ensure effective ventilation and improved indoor air quality. Our focus has been and will continue to be: Increasing the amount of fresh outside air that is introduced into the system; Exhausting air from indoors to the outdoors; and Cleaning the air that is recirculated indoors with effective filtration methods (e.g., HEPA filters) to remove virus-containing particles from the air. Opening windows and doors unless doing so creates a health or safety risk. Consider conducting some activities, meals, and classes outside when reasonable.
Cohorting	Cohorting will remain informal, until such a time that our local health agency suggests otherwise. Whenever possible, we will identify students and staff members who might be considered a close contact. Currently Marion County Health Departmet has no contacting requirments for students or staff members who are considered to be in close contact with a known positive case.

Physical Distancing	In the event that we are gradually returning from a high transmission episode, JSD schools will first consult with our local health authority, and then support physical distancing in all daily activities and instruction, as directed.
Hand Washing	Regular hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. Washing hands can keep you healthy and prevent the spread of respiratory and diarrheal infections from one person to the next. OHA and ODE strongly advise that schools create protocols and systems to ensure access to soap, water and alcohol-based hand sanitizer with at least 60% alcohol at key times and that schools prioritize handwashing with soap and water after students or staff use the restroom. JSD is committed to containing the spread of germs by providing plentiful access to soap, water.
Cleaning and Disinfection	Our custodians will continue to use a rigorous cleaning and disinfecting routine thoughout the school day in an effort to mitigate the spread of any illness.
Training and Public Health Education	We will continue to seek all udpated COVID-19 information and protocols from ODE, CDC, OHA, and MCHD. We will dissemenate updated information on social media, and through-out our schools as it becomes available.

PRACTICING PLAN TO IMPROVE PROCESS

Training exercises are essential to preparedness ensuring individuals understand their role in a communicable disease event. Exercises can also help identify gaps in the planning, thereby building upon and strengthening the plan over time. Schools, districts, and ESDs should schedule to exercise this plan annually and when any revisions are made to update the plan. The plan, or component(s) of the plan, can be tested through conversations, practice exercises, or other activities. https://www.jefferson14j.com/domain/226

Date Last Updated: August 23, 2022

Date Last Practiced: June, 2022