



SCHOOL COUNSELING PROGRAM 2022-2023

School Counseling Department Mission Statement: We provide counseling services based on the American School Counselor Association (ASCA) model. Working through an equity lens, our goal is to partner with students, families, staff, and community agencies to provide a comprehensive support system that facilitates and encourages academic success, social-emotional health, and high school and beyond readiness. All students should feel welcome at BLMS and we advocate for every student to have a sense of belonging.

School Counselor Contacts TOTAL # OF DOCUMENTED COUNSELING CENTER VISITS:

2,013

AVG BLMS
COUNSELOR
RATIO:

405 : 1

SMALL GROUPS:

6

CLASSROOM
LESSON TOPICS:

5

REFERRALS TO
SWEDISH
COUNSELOR:

42

RESPONSIVE
SERVICES
(CRISIS)

52

GUIDANCE
TEAM
REFERRALS:

15

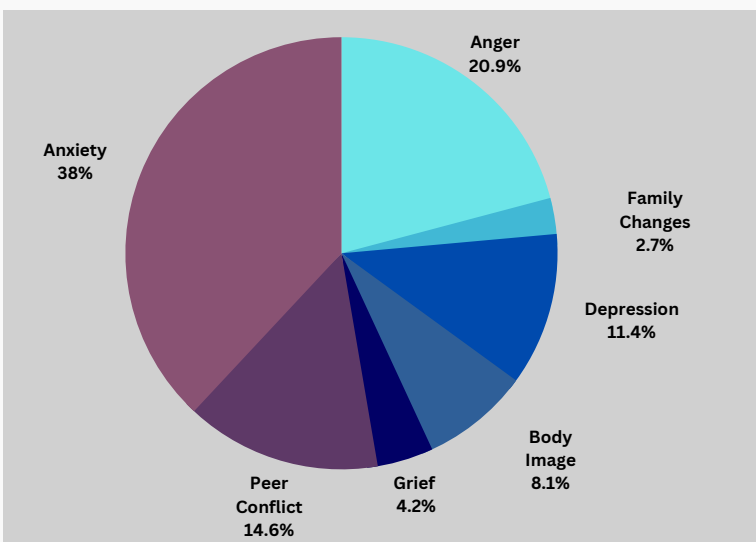
TIER 2 LESSON HIGHLIGHT: ANXIETY AWARENESS AND COPING SKILLS (DELIVERED IN STRUCTURED STUDIES CLASSES)

Mindset & Behavior Standards Addressed:

M1 / M5 (Belief development of whole self, including a healthy balance of mental, social/emotional and physical well-being/ belief in using abilities to their fullest to achieve high-quality results and outcomes)

B-SMS 6/7 (Ability to identify and overcome barriers/ Effective coping skills)

STUDENT REPORTED NEEDS (FALL 2022)



LESSON/ GROUP TOPICS

SUICIDE PREVENTION LESSONS
STUDENT SELF-ADVOCACY LESSONS
ANXIETY IN THE BRAIN LESSONS
COPING SKILLS & BOX BREATHING LESSONS
GOAL SETTING LESSON
CAREER EXPLORATION LESSON/ ACTIVITY
BODY IMAGE SUPPORT GROUPS
BOYS FRIENDSHIP / LEADERSHIP GROUP
ANXIETY / COPING SKILLS GROUP
DIVORCE/ FAMILY CHANGES GROUP
MULTICULTURAL GROUP
PARENT BOOK GROUP: SUPPORTING CHILDREN WITH ANXIETY

GOALS FOR 2023-2024 SCHOOL YEAR

- Minute meetings with every student to determine school need
- Increase direct-student service percentage from 39% to 50%
- Collect outcome data for groups/lessons aligned in ASCA Mindset & Behavior standards