

Beaver Lake Middle School

School Counseling Annual Review
2020-21 average enrollment: 830 students



2020-2021

HIGHLIGHTS

SOCIAL EMOTIONAL

Parent Anxiety Book Club
Data Driven Small Groups
- Executive Functioning
- Perfectionism
- Mindfulness
- Pop Ups
14 CPS Calls
Connect to community basic needs
Needs Assessment

199 Students received Tier 2 interventions at one point
611 Fall minute meetings
26 Guidance Team Referrals

ACADEMIC

299 8th grade minute meetings
35 New student enrollments
Hi-Cap Goal Setting & Needs Assessment
Virtual Career Fair
HSBP Guidance Lessons 7th/8th

COLLEGE & CAREER

BLMS Counseling Mission Statement

We provide counseling services based on the American School Counselor Association (ASCA) model. Working through an equity lens, our goal is to partner with students, families, staff, and community agencies to provide a comprehensive support system that facilitates and encourages academic success, social-emotional health, and high school and beyond readiness. All students should feel welcome at BLMS and we advocate for every student to have a sense of belonging.

A Year Like None Other

Pandemic/remote learning/hybrid transition
Difficult to access students
Increased mental health needs
Outdated state testing (SBA) data
No OSPI attendance regulations or truancy
New Learning Management System
Limited non-academic connections to school
Increased non-counseling duties

School Counselors: Rashi Eisenberg (A-H), Rachel Auffant (I-P), Kat Antes-Tadros (Q-Z)

Student Meetings

1087
(non minute mtgs)

Small Group Participants

472

504 Plans

89
* Incl. 16 Initials

Swedish Mental Health Referrals

46

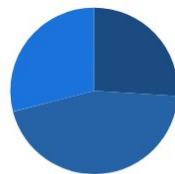
Crisis Response

39
*911/Safety Plan/etc

Bulldog Pledge (Spring 2021)

Together, we will embrace uncertainty, show up to support each other, grow together, and prioritize our connection to each other. We will navigate 'moving through and moving forward' with grace, acceptance, humor, and calmness. Show up as you are Bulldogs. You are enough.

Measuring Urgency (Referrals+Crises+CPS)

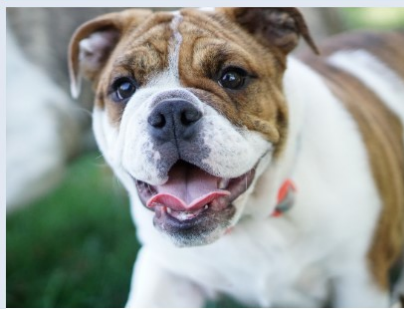


Tri 1 (26%) Tri 2 (45%) Tri 3 (29%)

"Thank you for always being an open ear and helping me explore more of how to be my best self. You're an amazing counselor who is always ready to support!"

- BLMS 8th grade student

Beaver Lake Middle School's Counseling program offers a data-driven, comprehensive school counseling program that focuses on the Academic, Social-Emotional, and College/Career success of our students. Our program is aligned with the American School Counseling Association (ASCA) model. Counselors have Master's Degrees in School Counseling, and hold membership in both ASCA and WSCA.



Leadership

MTSS Implementation
District committees
BLMS Equity Team

Advocacy

2021-2022 Structured Studies Class

Fun

Lunch Groups
Mindful Mornings
Staff Collaboration
YESS 2.0

Needs Assessment Themes

Anxiety
Loneliness
Executive Functioning

"I feel like I still have a lot to process from the book, but the discussions were very helpful. I definitely feel more ready to take on helping my child manage his anxieties."

- Participant feedback from "Freeing Your Child From Anxiety" parent book study