

West Mesa High School

Emergency Reaction Plan (ERP) for the **Main Weight Room**

**This ERP is to be used for any event (conditioning and practices) that requires the use of the Main Weight Room**

Current Personnel

Luisa Storey	Head Athletic Trainer	(505) 249 - 4915
Shonn Schroer	Athletic Director	(505) 681 - 4233

\*Head Coach is responsible for being a first responder (if the Athletic Trainer is unavailable) and calling 911.

\*Assistant coaches are responsible for crowd control or guiding emergency response teams to the Main Weight Room

**In case a severe emergency occurs, follow these steps:**

- Call 911 and provide the dispatcher with the following information:
  - The Nature of the Emergency (trauma, illness, etc)
  - The location of the injured student - athlete, please provide the physical address and then the specific directions to the **Main Weight Room**
  - The callers name and phone number, in case of disconnection
    - The caller could be either the Certified Athletic Trainer (ATC), Athletic Director (AD), Head or Assistant coaches, or college level student athletic trainers (ATS)
  - Number of patients
  - What has been done so far such as: first aid, bleeding control, inhaler, epi-pen delivery, etc.
  - Once EMS has arrived, they'll ask for any vital signs that were taken and any medical history that is pertaining to the situation

**\*Make sure that parents have been notified or are aware that EMS has been called. EMS will not leave with the Student-Athlete unless a parent or guardian is present unless it's a life or death situation - please refer to Emergency Contact Sheets\***

**Transportation:**

Student's who are unable to drive due to an injury or illness, a parent or guardian must transport them, unless other arrangements have been made prior to the injury.

**Documentation:**

\*Please refer to the emergency patient care documents\*

All emergency situations must be documented, please fill out the form with all pertinent information \*Include timestamps\*

Physical Address

6701 Fortuna Rd NW  
Albuquerque, NM 87121-1306

Specific Directions to the Main Weight Room:

From Coors turn onto Glenrio Rd, pass the baseball field and tennis courts before you turn into the gated parking lot (*There must be someone standing at the gate*). Once in the parking lot, keep going straight, passing the Main Gym and the mustang sign going between the Old Main Gym and Mustang Academy. Using the west side door of the weight room (*There must be someone standing outside the west side weight room door*)

Emergency Equipment	Location
AED's	- Located in the <b>Main Gym</b> lobby on the west wall by the snack bar just before the entrance doors to the gym
Vacuum Splint bag	In the Athletic Training Room, once you enter through the door immediately go to the middle treatment table, it'll located under the table in a red bag
First Aid Kit <ul style="list-style-type: none"> <li>- Blood pressure cuff/Stethoscope</li> <li>- Blood control kit</li> <li>- Band aids</li> <li>- Taping supplies</li> </ul>	<b>Practices/conditioning:</b> In the Athletic Training Room, when you enter the room, look between the first 2 tables under a gray cart. There will be a basic first aid kit.
Closets Fire Extinguishers	Are near major doorways and within the hallways of the Old Main gym

**Emergency contacts/Communications:**

Calls within the Main Weight Room can be made with a cellular device but the nearest Landlines is available in the weight room and the surrounding offices.

- **Call 911 for Immediate Emergencies**

Nearest Trauma Hospital - UNM Hospital (505) 272 - 2111

Nearest After Hours Urgent Care: NextCare Urgent Care - 1800 Unser Blvd NW Albuquerque, NM 87120, (505) 205 - 1271

APS Security (505) 243 - 7712