

Athlete's Name: \_\_\_\_\_



Week #	Lessons	Total
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

<b>K-2</b>	Levels Needed	<b>3-5</b>	Levels Needed
Gold	More than 60	Gold	More than 70
Silver	40-60	Silver	50-70
Bronze	20-39	Bronze	30-49

