

**UPDATE WILL BE  
RELEASED AND NEW  
SIGNATURE WILL BE  
REQUIRED  
KRUM ISD**

**2019-2020**

**ATHLETIC  
HANDBOOK**

## **KRUM ATHLETIC HANDBOOK 2019-2020**

### **GENERAL POLICIES AND PROCEDURES OF KRUM ATHLETICS**

One of the primary goals of UIL, this community, and the Krum ISD athletic program is to teach sportsmanship to our student athletes. In order for extracurricular athletic activities to be a vital part of the educational curriculum; coaching staff, student athletes, and community spectators must adhere to the rules of sportsmanship as outlined by UIL and this statement of policies and procedures.

Coaching staff, student athletes, and community spectators will demonstrate the following sportsmanship standards:

- will treat opponents, student athletes or spectators, with dignity and class
- will treat officials with respect
- will shake hands with opponents at the conclusion of all contests
- will not insult another opponent
- will not taunt another opponent
- will not “celebrate” in violation of UIL rules
- will not use profanity in any practice or athletic event
- will not demonstrate unsportsmanlike behavior by verbal or physical action
- will not be involved in a verbal or physical confrontation connected with any athletic event in which a KISD person or team is participating

KISD coaching staff will review acceptable standards with student athletes and model these standards in his/her capacity as the athletic department representative.

#### **A. THE STUDENT ATHLETE**

Athletics at KISD is a privilege. Since participation in athletics is a privilege, a student athlete who violates the general policies and procedures prescribed by the UIL and KISD may lose the privilege to participate. The philosophy of the KISD Athletic Department is to create a successful program based on high standards and high character. The coaching staff will work with each individual student athlete to ensure appropriate sportsmanlike behavior. The coaching staff will address any violation of policies – sportsmanship, training rules, missing

practice, poor attitude, etc., - with the desire to help the student athlete. The welfare of the KISD Athletic Department and student teams will take priority. Each coach:

- has the right to discipline student athletes on his/her team keeping in mind the welfare of the team as well as the welfare of the individual.
- should exercise sound judgment in evaluating situations and penalties being as consistent as possible.

A coach will dismiss a student athlete from a team only after:

- Reviewing procedure for dismissal
- Discussion of action with Athletic Director
- Documenting situation and actions
- Providing documentation to parents and student athlete
- Making sure that all documentation is on file

A coach must report in writing any major disciplinary action within twenty-four hours of the incident to the Athletic Director and the appropriate School Principal.

Disciplinary due process procedures for removal of student athletes:

1. Notification of principal and athletic director(s) within 24 hours
2. Conference with parent(s), if requested by parent, coach or athletic director
3. Any student athlete removed from the athletic program for disciplinary reasons may not be eligible to participate in sports for the remainder of the school year.

Student athletes and parents should be aware:

1. A school year begins immediately after the last day of the previous school year.
2. The student athlete must be in attendance for a half day on the day of competition, unless participating in an all day competition/activity with the school district.
3. Any athlete who quits one sport to participate in another will not begin the new sport until the completion of the first sport's regular season(excluding playoffs). Exception: The coach of the first sport gives permission in writing, per request of the athlete, for the athlete to depart from the team and begin practicing the second sport, AFTER a "Return to Practice/Play" protocol is completed. (Protocol to be determined by athletic directors and will be consistent across all sports.) The athlete must be in good standing with the first sport.
4. Any athlete placed in Alternative Education Program (AEP) will be ineligible for athletics during the period of time in which the athlete is in AEP. Upon returning to Krum schools, the athlete's coach or coaches may require the athlete to meet/fulfill other requirements before being allowed back on the team. These requirements must be approved by the Athletic Director(s). Any subsequent assignments during the same school year to any of the following:
  - AEP
  - ISS
  - administrator detentions
  - out-of-school suspension
  - expulsionmay result in suspension from athletics for the remainder of the school year.
4. Any athlete placed in ISS will be ineligible for any activities of the athletics department until the prescribed time is served Tuesday/Saturday school and detention assignments will be addressed by

coaching staff and consequences explained to student athlete. Additional consequences may be assigned by coaches and/or administrative staff.

5. Any athlete present at a party or gathering where alcohol and/or drugs are being used, may be suspended from athletics and/or may have to meet the following minimum criteria before returning to athletics:  
-Run 50 miles in a reasonable time and in increments determined by the coach and Athletic Director, complete 8 hours of community service, plus complete an Alcohol/Drug awareness program.  
If student athlete has repeat offenses, coach and Athletic Director(s) may dismiss student athlete from team.
6. Any athlete found to be in possession of or having used or distributed marijuana, narcotics, or other dangerous drugs or paraphernalia may be subject to the banning of participation in any athletic event for remainder of the school year or other disciplinary action as deemed appropriate by the Athletic Director. Any student testing positive through the mandatory school drug test will be disciplined through the KISD student code of conduct and in accordance with policy FNF (LOCAL).
7. Any athlete who is in possession of or found to be using alcohol or tobacco products of any kind may be suspended from the athletic program for up to three days. A second violation may result in dismissal from the athletic program for the rest of the year.
8. Any violation involving the police other than routine traffic violation may be grounds for disciplinary action.
9. Any athlete removed from a contest for unsportsmanlike behavior towards an opponent, coach, or official will be counseled by the Athletic Director and the Head Coach the next day. Should the action be repeated in the same school year, the athlete may be removed from the athletic program for the remainder of the year.
10. Student athletes are representatives of KISD; therefore, athletes should strive for acceptable and proper conduct at school and all school functions. Athletes should show respect for all coaches, teachers, and administrators.
11. All athletes competing in athletic contests will remain with the team and under the supervision of the coach or trainer until dismissed by the coach or trainer. If an athlete is ejected from the contest or substituted for in a contest, the athlete will remain under the supervision of the coach until the athlete is dismissed by the coach. In the case of injury, the coach, trainer, or doctor may become the supervisor of the athlete if the athlete is removed from the site of the contest.
12. Student athletes, managers, trainers, or students who leave the sideline, dugout, bench or stands to participate in a verbal or physical confrontation may be suspended for a future athletic contest(s). Coaches, officials, and the Administrator on duty will deal with the situation. Any athlete, whether as a participating athlete or spectator, is expected to remove him/herself from any involvement in any verbal or physical altercation. The Athletic Director(s) will have final decision in all actions taken.
13. Student athletes are responsible for all uniforms or equipment issued to him/her. Coach(es) will keep accurate records of equipment and to whom it is issued. Student athletes must be aware of the financial responsibility of using KISD uniforms and equipment.

### **KISD Student Athlete Strength and Conditioning Program**

1. The Strength and Conditioning Program is designed to provide conditioning, strength, and skills improvement for all sports. Each sport will have a sports specific program to benefit those athletes.
2. All student athletes are given access to a strength and conditioning program held during a given time during the summer months.

### **KISD Student Athlete Hair and Dress Code**

Student athletes are required to follow the dress code outlined in the handbook and student code of conduct; however, to participate in the KISD athletic program (including attendance at the banquet), athletes will comply with the following additional guidelines:

1. Dress code for road trips will be addressed by each coach and athletes will comply.
2. An athlete will have no facial hair such as beards, goatees, or mustaches.
3. Sideburn length may not extend below the middle of the ear.
4. Male athletes' hair must follow the school's "student code of conduct" guidelines.
5. No names, numbers, or designs may be cut or placed in the hair. No unnatural hairstyles or color will be allowed.
6. School dress code must be followed, as well as, any head coaches requirements specific to each program.

**\*\*COACHES HAVE DISCRETION ON STRICTER GUIDELINES FOR EACH PROGRAM\*\***

## **COMMUNICATIONS WITH PARENTS**

To ensure appropriate communication and to meet UIL and KISD deadlines, the following information will be communicated to all student athletes at the beginning of each sports season:

1. Physicals required and deadline
2. Waiver and Consent form and deadline
3. Acknowledgement of Rules form and deadline
4. Steroid Use/Testing form and deadline
5. Concussion Acknowledgement form and deadline
6. Sudden Cardiac Arrest Awareness form and deadline
7. Eligibility requirements to participate in extracurricular activities
  - a. Age
  - b. Grades – no pass/no play
  - c. District residence
8. Schedule of games
9. Athletic Handbook distributed and athlete/parent receipt returned and filed
10. Drug testing form to be turned into school office

## **AMATEUR ATHLETIC STATUS**

An amateur participates in athletics for the aesthetic, physical, mental and social benefits derived therefrom. Therefore, the purpose of such participation is playing for the intrinsic rewards rather than for valuable consideration. The amateur rule is a safeguard against exploitation and commercialization of high school students. It poses a responsibility on the student at all times (whether in school or outside school) to abide by the letter and intent of amateurism. Schools are charged with the responsibility of informing students of all applicable subsections of this rule and enforcing this rule. Administrators and coaches must insure that athletes

receive only services specifically permitted by written rule. Any breach of the rule undermines the educational goals of interscholastic athletics.

a. **NOT AN AMATEUR**

For purposes of competing in an athletic contest, a student in grades 9-12 is not an amateur if that individual, within the preceding 12 months received money or other valuable consideration for teaching or participating in a League sponsored school sport or received valuable consideration for allowing his or her name to be used in promoting a product, plan or service related to a League contest or accepted money or other valuable consideration from school booster club funds for any non-school purpose. It is a violation of the athletic amateur rule for parents of student athletes to accept tickets to athletic contests where their children are participating. It is also a violation for parents of student athletes to accept free pass gate admission to athletic contests where their children are participating unless they are at the contest in another capacity, i.e., if the parent is an employee of the school or a board member, or working at a concession booth, etc.

b. **EXCEPTIONS:**

1. Seniors may sign a letter of intent or scholarship agreement, which contains the conditions of a scholarship with a post-secondary institution.
2. For purposes of competing in an athletic contest, the participant school, school district or student's parent(s) may provide medical examination and services, athletic insurance, transportation and other travel expenses incurred in competing away from home, or supplies and services during and in connection with a game or practice period.
3. Participant schools and member school districts may permit student athletes to attend contests by permit admission through a pass gate.

c. **INAPPLICABILITY TO LOWER GRADES:**

The amateur rule applies only to student athletes in grades 9-12. This rule does not apply to students until the first class day of their ninth grade year. From that day is in continuous effect during the school year and summer months until all athletic competition is completed in the 12<sup>th</sup> grade.

d. **INAPPLICABILITY TO SWIMMING:**

Athletes may be paid for teaching beginning swimming and lifesaving, provided the fees do not exceed the prevailing rates for those services.

e. **STATUS REGAINED:**

If a student did not realize that accepting the valuable consideration was a violation of the amateur rule, and returns the valuable consideration within 30 days after being informed of the violation, that student may regain athletic eligibility as of the date the valuable consideration is returned. If a student fails to return it within 30 days, that student remains ineligible for one year from when he or she accepted it. During the period of time a student is in possession of valuable consideration, he or she is ineligible for all varsity athletic competition. Any games or contests in which the student participated during the time would be forfeited as the minimum penalty.

f. **TEAM VIOLATION**

If the team violates this section, the penalty shall be assessed against the team and not against each individual.

# POLICY CONCERNING ATHLETIC LETTER JACKETS

The following criteria will be used to determine lettering in a particular sport:

## Baseball

- Must play on varsity during district play.

## Basketball

- Must play a minimum of four quarters or equivalent to four quarters on the varsity team during district play.

## Cheerleader

- Must have cheered at varsity games and be in good standing according to the cheerleading sponsor(s).
- Must have completed the year without being ineligible, put on probation, or suspended for discipline reasons or failing grades.

## Cross Country

- Must run in a minimum of four varsity meets.
- Qualify for regional meet as an individual or as a member of a team or have run on varsity team for two years.

## Football

- Must play equivalent to one quarter in a varsity game.

## Golf

- Must qualify for regional meet as individual or as a member of a team, or have played on the varsity team for two years.

## Managers (All Sports)

- Must be manager for at least two years, with one of those years being a varsity manager.

## Powerlifting

- Accumulation of any points in varsity powerlifting meets and/or place in top six in the district varsity meet.
- Participate in at least 3 varsity meets in a season or participate on varsity powerlifting for 2 years meeting the three meets per season rule.

## Softball

- Must play on varsity during district play.

## Special Olympics

- Student must compete in four local track meets during their high school enrollment. This could include the following: Krum, Sanger, Denton, Gainesville, or other locally sponsored event.
- Those 4 meets must span over a minimum of two years participation.

## Track

- Accumulation of any points in varsity track meets and or place in top six in district varsity meet.
- Must also participate in at least three varsity meets in a season or participate in varsity track for two years meeting the three meets per season rule.

## Tennis

- Must play on varsity 50% of the season, plus the district tournament

## Trainer

- Must work at least five varsity games

## Volleyball

- Must complete the season as a squad member in good standing.
- Must play an equivalent to one set in a varsity match.

All letter jackets will be purchased through a sporting goods supplier approved by the Athletic Director. Any person dismissed from a team for any reason (quitting included) will not receive a letter jacket. KISD will purchase one (1) jacket or blanket per student if the above criterion is met during their four years of high school. With approval of the Coach and Athletic Director, a player can letter without meeting the above criteria.



## Receipt of Athletic Handbook 2019-2020

I understand and consent to the responsibilities outlined in the Athletic Handbook.

I also understand and agree that my child \_\_\_\_\_, shall be held accountable for the behavior and consequences outlined in the Athletic Handbook, regardless of time or location.

I understand that any student/athlete who violates the Handbook codes shall be subject to disciplinary actions.

I understand that my child \_\_\_\_\_ will not be able to participate in any athletic contest until this form has been properly signed by both the student athlete and the parent/guardian.

\_\_\_\_\_  
Parents/Guardian

\_\_\_\_\_  
Student Athlete

\_\_\_\_\_  
Date

