

STUDENT-PARENT/GUARDIAN ATHLETIC PARTICIPATION INFORMATION
Verbum Dei Jesuit High School (VDJHS)

Philosophy

The philosophy of the Verbum Dei Jesuit High School (VDJHS) athletics program is founded in our four pillars and athletic motto:

Athletic Motto:

Victory through brotherhood, integrity, dedication and discipline.

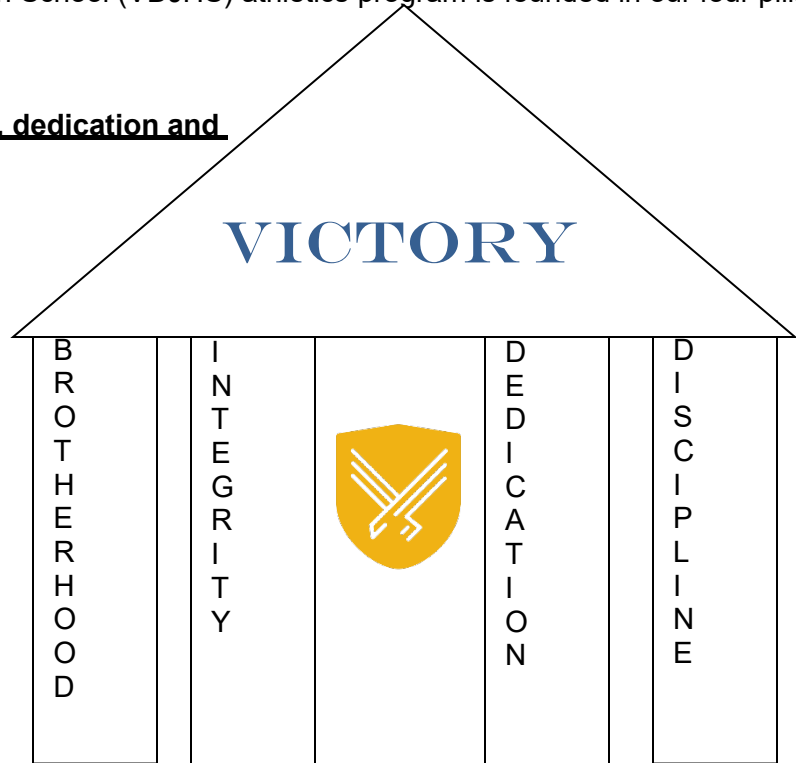
The four pillars:

Brotherhood: We push our brothers to be better on the field and off it.

Integrity: We always respect ourselves, our opponents and play with pride.

Dedication: Be all in for yourself, your brother and the program.

Discipline: We are an exemplar of what a Verbum Dei gentleman is in and out the class



Sportsmanship

An important goal of the interscholastic athletics program is to teach and reinforce values relating to sportsmanship, competition, and fair play. It is expected that team personnel, parents/guardians, and spectators promote the four pillars and motto by exhibiting appropriate behavior at athletic events.

Student Eligibility Requirements

Students must meet the following requirements to be eligible to participate. Participation of ineligible students will result in individual and team sanctions, including forfeits for the team.

1. Students must submit a current *Pre-participation Physical Evaluation Form*, a *Student/Parent/Guardian Athletics Participation Agreement and Assumption of Risk and Release of Claims for Participation in Athletics Programs* before being allowed to participate in practices or contests.
2. Students must achieve a minimum 2.5 grade point average for the most recently completed marking period, with no more than one failing grade. Academic eligibility is determined on the date report cards are issued and remains until the next report card is issued.
 - Students can petition to continue to participate in a sport if they are above a 2.0 and form an academic action plan that the Athletic Director, Dean of Men, student and parents sign.
3. Students must attend all of their scheduled classes in order to participate in a practice or contest on that day. If the principal or designee grants an excused absence in advance for a prescheduled activity or an unforeseen emergency, the student may participate on that day.
4. If during the season a student has an unexcused absence, the student may not compete in the next contest after the violation has been verified.
5. In addition to other infractions, a student may be suspended or removed from a team for unexcused absences or chronic tardiness to classes or team practices.

6. Students may not participate in more than one interscholastic sport in one season.
7. A student may not participate in practices or contests when serving an in-school or out-of-school suspension. The student becomes eligible to participate on the next school day following the suspension.
8. Students must satisfy school Participation Standards.
9. Students should refer to *Verbum Dei Jesuit High School Parent/Student Handbook* for additional guidelines and regulations related to eligibility.

Hazing

Hazing is prohibited at all times. Hazing involves any act that subjects teammates to mental or physical discomfort, embarrassment, harassment, or ridicule. In some instances, hazing constitutes a criminal act. At a minimum, hazing may lead to immediate dismissal from a team. All stakeholders across the VDJHS athletics program are expected to exhibit behaviors that promote a positive culture.

Communication with Coaches

Parents/guardians should not attempt to address coaches immediately after contests and practices. Coaches have many post contest/practice responsibilities, including supervision of players. Parents should wait for an appropriate time when the head coach can have another coach supervise students. If a concern cannot be addressed or resolved the parent can contact the Athletic Director.

Electronic Communications

Parents/guardians and students are expected to utilize appropriate, positive use of social media, e-mail messages, blogs, websites, and other electronic communications. Parents/guardians and students shall not make inflammatory or derogatory comments and/or post inappropriate descriptions or pictures regarding students, staff members, coaches, and/or other teams or schools.

Participation Expectations and Standards

Participation in interscholastic athletics is a privilege. Accordingly, students must meet certain standards in order to earn the privilege of participation. At a minimum, the following standards are required of all student-athletes:

1. Demonstrate behavior that promotes and reflects the four pillars of VDJHS Athletics.
2. Exhibit public behavior that will reflect positively on the team, school, and community.
3. Exhibit responsible, respectful, and trustworthy behavior to teammates and coaches.
4. Exert efforts to maintain a high level of academic achievement.
5. Comply with all team, school, and school system rules, regulations, and policies.
6. Exhibit appropriate behavior at all team and school-related activities.
7. Attend all team functions unless ill or given prior permission to be absent by the coach.
8. Respect and comply with decisions made by the coach, athletic department, and contest officials.
9. Report to the coach any issues or developments that may affect eligibility status.
10. Comply with safety and health precautions distributed and emphasized by the school system.

Illegal Substances/Alcohol/Tobacco/Steroids/Controlled Substances

VDJHS Athletic regulations state that any student-athlete with verified use, distribution, or possession of alcohol, tobacco, e-cigarettes, illegal drugs, and/or controlled substances (including marijuana) on school property or at a school-sanctioned event is prohibited.

Verbum Dei Jesuit High School (VDJHS)
STUDENT-PARENT/GUARDIAN ATHLETIC PARTICIPATION
AND PARENT PERMISSION FORM

Student: _____ Student ID: _____

School: _____ Team: _____ School Year: _____

Parent/Guardian and Student-Athlete: Review this form carefully (front and back), complete information as requested, affix signatures, and return the completed /permission form to the school.

Stipulations

We have received and read the *Student-Parent Athletic Participation Information Form*. Based on this information, we understand and stipulate to the following. I/We:

1. Understand the eligibility regulations required for participation and affirm that all eligibility requirements have been satisfied, including age, residence, and academics.
2. Understand that participation of ineligible players will result in individual and team sanctions, including forfeits for the team.
3. Affirm that the student will exert effort to maintain a high level of academic achievement.
4. Understand that there is potential for serious, catastrophic, or life-threatening injury associated with participation in a sport.
5. Acknowledge receipt and review of safety and health information made available by the school, including information regarding concussions, hygiene, heat acclimatization, hydration, steroids, and sudden cardiac arrest.
6. Affirm that the student shall not participate in hazing at any time, of any nature.
7. Shall exhibit, as a participant or spectator, a high level of sportsmanship at contests, which promotes and reflects the four pillars of Verbum Dei Jesuit Athletics.
8. Shall follow appropriate procedures in communicating concerns to coaches and the Athletic Director.
9. Affirm that the student will abide by all team and participation standards.
10. Shall utilize appropriate, positive use of technology, including social media and other electronic communications.
11. Affirm that the student shall not use steroids, illegal drugs (including marijuana), alcohol, e-cigarettes, or tobacco unless medically prescribed for a specific condition or illness.
12. Shall allow certified athletic trainers contracted by VDJHS to administer emergency and first aid care to the student, as allowed by the State of California, the National Athletic Trainers Association (NATA), the California Board of Physicians, and Board policies.

Permission to Participate

I, _____, and I, _____
(parent's name) (student's name)

have carefully reviewed the *Student- Parent/Guardian Athletic Participation Information*, the *Student/Parent/Guardian Athletic Participation Contract*, *Recreational Activities Permission Form* and *Assumption of Risk and Release of Claims for Participation in Athletics Programs*. I/We understand the conditions for participation in the VDJHS interscholastic athletic program, and I/we understand that there are inherent risks associated with participation.

I/We agree as follows:

- My child has my/our permission to participate in _____ (name of sport(s) at Verbum Dei Jesuit High School.
- I/We understand and conform to all of the statements in the Stipulations portion of this form.

Please affix signatures below.

Signature of Parent or Legal Guardian Date _____ Date

Signature of Student Date

**In the event that both parents retain legal guardianship of the student, the signatures of both parents are required.*

**ASSUMPTION OF RISK AND RELEASE OF CLAIMS
FOR PARTICIPATION IN ATHLETICS PROGRAMS AGREEMENT**

The participating Student’s Parent/Legal Guardian (“Parents”) must read carefully and sign this Agreement before the Student participates in any athletics program sponsored by Verbum Dei Jesuit High School. In consideration for permitting the Student named below (“Student”) to participate in Verbum Dei team sports, such as but not limited to football, basketball, baseball, track and field, cross country and soccer including but not limited to training, practices, camps, playing at team games and travel to and from practice, team games or other events (“Athletics Program”) with Verbum Dei Jesuit High School (“Verbum Dei” or “School”), Parents, on behalf of themselves and their heirs, executors, administrators and assigns, and on behalf of the Student, hereby agree to the following terms and conditions (“Agreement”):

1. Voluntary Participation.

Parents and Student understand and recognize that Student’s participation in any Athletics Program sponsored by Verbum Dei Jesuit High School is strictly voluntary and participation is not required for graduation or part of any mandatory course work.

2. Acknowledgment of Physical and Emotional Injury Risks.

Please check the box of the Athletics Program the Student intends to participate in or play in order to acknowledge the risks associated with that sport. By checking the box below, Parents acknowledge the risks associated with the sport Student will be participating in:

CROSS COUNTRY

Cross Country can be a dangerous sport with many inherent risks of injury. Students run for several miles in all weather conditions, during late afternoon and early evening hours, on various types of terrain including trails, pavement, concrete, polyurethane track, sand, crossing busy streets, intersections, and bridges, and exposure to flora/fauna/the elements. Practices may take place in the neighborhoods immediately surrounding the School, and other locations, including, but not limited to, Kenneth Hahn State Recreation Area, Dockweiler Beach, Baldwin Hills Scenic Overlook. In addition, Student will not be under close supervision at all times while participating in Cross County. While School staff will be present and monitoring students during Cross Country activities, given the differing speed and levels of participant Students and the distances covered, the School is not able to closely supervise Students at all times. Injuries from participating in Cross Country may include the following: players may suffer trauma to tendons or joints, broken bones, muscles, internal organs, and brain injuries, such as concussions. There also may be heat-related illness, and injuries inflicted from vehicles making contact with students while running, and injuries from contact with weights during weight training. These injuries can be severe and may result in paralysis or even death.

FOOTBALL

Football can be a dangerous sport with many inherent risks of injury. Students participate in all weather conditions during early morning, late afternoon and early evening hour practices and late afternoon and early to late evening games. Practices can be and not limited to: weight training, conditioning, in-game simulations in which students can encounter heavy tackling and *real* in game situations. Practices may take place on school campus field, gym, weight room, but not limited to Kenneth Hahn State Recreation Area, Dockweiler Beach, Baldwin Hills Scenic Overlook. Games can be and not limited to traveling, in a bus, across California to compete against CIF-Southern Section Schools. Games can be but not limited to being played in between late afternoon, early evening and late evening hours. While school staff will be present and monitoring students during Football activities, given the levels of participants the school is not able to closely supervise students at all time. Participating in football contains risks, These risks include, but are not limited to: inconsistent playing conditions, i.e. an uneven surface, potholes, extreme weather, pitch flooding, the actions of opposing players, i.e. dangerous tackles or accidental collisions, inappropriate footwear, i.e. boots not having the right studs inadequate protective equipment, i.e. players not wearing pads, helmet or football girdles, participating in weightlifting and conditioning. Specifically, players may suffer trauma to tendons or joints, broken bones, muscles, internal organs, and brain injuries like concussions. There also may be heat-related illness. These injuries can be severe and may result in paralysis or even death.

BASKETBALL

Basketball can be a dangerous sport with many inherent risks of injury. Students participate in all weather conditions during early morning, late afternoon and early evening hour practices and late afternoon and early to late evening games. Practices can be and not limited to: weight training, conditioning, in-game simulations in which students can encounter high pace and *real* in game situations. Practices may take place on school campuses field, gym, weight room, but not limited to Kenneth Hahn State Recreation

Area, Dockweiler Beach, Baldwin Hills Scenic Overlook. Games can be and not limited to traveling, in a bus, across California to compete against CIF-Southern Section Schools. Games can be but not limited to being played in between late afternoon, early evening and late evening hours. While school staff will be present and monitoring students during Football activities, given the levels of participants the school is not able to closely supervise students at all time. Participating in basketball contains risks, These risks include, but are not limited to: inconsistent playing conditions, i.e. an uneven surfaces, inconsistent gym floors, and the actions of opposing players, i.e. accidental collisions, inappropriate footwear, i.e. non-basketball shoes, participating in weightlifting and conditioning. These risks include but are not limited to: Injuries from running and jumping on a wood court or Sport Court. Injuries also may be caused by contact with other players or with the basketball. Specifically, players may suffer trauma to tendons or joints, broken bones, muscles, internal organs, and brain injuries like concussions. There also may be heat-related illness. These injuries can be severe and may result in paralysis or even death.

SOCCER

Soccer can be a dangerous sport with many inherent risks of injury. Students participate in all weather conditions during early morning, late afternoon and early evening hour practices and late afternoon and early to late evening games. Practices can be and not limited to: weight training, conditioning, in-game simulations in which students can encounter high paced *real* in game situations. Practices may take place on school campus, gym, weight room, but not limited to Kenneth Hahn State Recreation Area, Dockweiler Beach, Baldwin Hills Scenic Overlook. Games can be and not limited to traveling, in a bus, across California to compete against CIF-Southern Section Schools. Games can be but not limited to being played in between early afternoon, late afternoon, early evening and late evening hours. While school staff will be present and monitoring students during Soccer activities, given the levels of participants the school is not able to closely supervise students at all time. Participating in soccer contains risks, these risks include, but are not limited to: inconsistent playing conditions, i.e. an uneven surface, potholes, extreme weather, pitch flooding, the actions of opposing players, i.e. dangerous tackles or accidental collisions, inappropriate footwear, i.e. boots not having the right studs, inadequate protective equipment, i.e. players not wearing shin pads, and participating in weightlifting and conditioning. These risks include, but are not limited to: injuries from running, jumping, and sliding on a dirt and grass or artificial turf field. Injuries also may be caused by contact with other players or with the soccer ball. Specifically, players may suffer trauma to tendons or joints, broken bones, muscles, internal organs, and brain injuries like concussions. There also may be heat-related illness. These injuries can be severe and may result in paralysis or even death.

BASEBALL

Baseball can be a dangerous sport with many inherent risks of injury. Students participate in all weather conditions during early morning, late afternoon and early evening hour practices and late afternoon and early to late evening games. Practices can be and not limited to: weight training, conditioning, in-game simulations in which students can encounter *real* in game situations. Practices may take place on school campus, weight room, but not limited to MLB Youth Academy, Athens Park and Ted Watkins Park. Games can be and not limited to traveling, in a bus, across California to compete against CIF-Southern Section Schools. Games can be but not limited to being played in between late afternoon, early evening and late evening hours. While school staff will be present and monitoring students during Baseball activities, given the levels of participants the school is not able to closely supervise students at all time. Participating in baseball contains risks, These risks include, but are not limited to: inconsistent playing conditions, i.e. an uneven surface, potholes, extreme weather, pitch flooding, the actions of opposing players, i.e. accidental collisions, hit by pitch or from a run, inappropriate footwear, i.e. boots not having the right studs, inadequate protective equipment, i.e. players not wearing baseball helmet, participating in weightlifting and conditioning. These risks include, but are not limited to: Injuries from running, swinging, or walking on grass or sand. Injuries also may be caused by contact with other players or with the golf ball. Specifically, players may suffer trauma to tendons or joints, broken bones, muscles, internal organs, and brain injuries like concussions. There also may be heat-related illness. These injuries can be severe and may result in paralysis or even death.

TRACK AND FIELD

Track & Field can be a dangerous sport with many inherent risks of injury. Students participate in all weather conditions during early morning, late afternoon and early evening hour practices and late afternoon and early to late evening track meets. Practices can be and not limited to: weight training, conditioning, and timed runs which can over exert a student. Practices may take place on school campus, weight room, but not limited to Kenneth Hahn State Recreation Area, Dockweiler Beach, Baldwin Hills Scenic Overlook. Track Meets can be and not limited to traveling, in a bus, across California to compete against CIF-Southern Section Schools. Track Meets can be but not limited to being played in between late afternoon and early evening hours. While school staff will be present and monitoring students during Track and Field activities, given the levels of participants the school is not able to closely supervise students at all time. Participating in track and field contains risks, these risks include, but are not limited to:

inconsistent running conditions, i.e. an uneven polyurethane track surface, extreme weather, the actions of opposing runners, i.e. accidental collisions, inappropriate footwear, i.e. not having track spikes, and participating in weightlifting and conditioning. These risks include, but are not limited to: Injuries from running and jumping on a concrete or polyurethane track, grass, or sand. Injuries also may be caused by contact with other players or with the equipment such as hurdles, discuses, shot puts, pole vaults, or starting blocks. Specifically, players may suffer trauma to tendons or joints, broken bones, muscles, internal organs, and brain injuries like concussions. There also may be heat-related illness. These injuries can be severe and may result in paralysis or even death.

Parents understand that these risks also include, but are not limited to, serious impairment of the injured Student's future abilities to earn a living, and to engage in other business, social and recreational activities. Parents also understand that emotional trauma may result from the physical injuries described above.

Students are responsible for minimizing risk through responsible behavior. This includes adherence to School or team rules and directions from coaches or instructors. Failure to do so may significantly increase risks. Parents understand and agree that because of the dangers of participating in any Athletics Program, it is important to follow coaches' and instructors' instructions regarding playing techniques, training and other team and program rules, etc. Parents acknowledge that even if Student follows all directions, instructions, and rules and exercises utmost personal care, there will remain a certain irreducible inherent risk to the activity, and Parents accept that risk.

3. Acceptance of Assumption of Risk.

Parents have read and understand the above physical and emotional injury risk warnings and, on behalf of themselves and my Student, Parents **agree to assume any and all risks of physical or emotional injury and any results from such injuries.** Parents further agree that Student will obey any and all rules, policies, and follow specific instructions given by Verbum Dei Jesuit High School coaches, instructors, and their assistants/support personnel, either employed by Verbum Dei Jesuit High School or volunteers acting under the direction of Verbum Dei Jesuit High School personnel.

4. Release from Liability.

Parents, on behalf of themselves and Student, voluntarily release, discharge, waive and relinquish Verbum Dei Jesuit High School, its officers, trustees, directors, employees, volunteers, agents and representatives (collectively "the Released Parties"), from any and all claims, damages and liability, for any acts, omissions or other occurrences that transpire during, are in any way related to, or arise from Student's participation in Verbum Dei Jesuit High School's Athletics Program, including but not limited to claims for personal injury, emotional distress, property damage or wrongful death occurring to the Student, and claims for personal injury, disability, illness, damage or death or from exposure to COVID-19. This release, discharge, waiver and relinquishment also pertains to any instruction or supervision related to Verbum Dei Jesuit High School's Athletics Program on the part of the Released Parties. This Release extends to any loss, damage or injury resulting from, caused by, or contributed to by the Released Parties, except to the extent caused by the gross negligence or intentional misconduct of the Released Parties. It is the intent of this Agreement to relieve the Released Parties to the greatest extent permitted by law.

5. Authorization for Medical Treatment.

Parents consent to any of the staff, employees and representatives of the School administering or consenting to the administration of such emergency medical care to the Student as such person(s) deem appropriate under the circumstances. The School will maintain secondary student accident insurance coverage. However, Parents agree to assume the responsibility for primary insurance coverage for Student and to be liable for any costs that are not covered by their insurance or by the School's secondary insurance.

6. Severability

If any provision of this Agreement is held invalid or unenforceable, the remainder of this Agreement shall nevertheless remain in full force and effect.

7. Entire Agreement

This Agreement, along with Tuition & Letter of Intent Contract, constitutes a single, integrated contract expressing the entire Agreement of the parties with regard to the subject matter addressed in this Agreement: there are no other agreements, written or oral, express or implied, between the parties concerning the subject matter of this Agreement.

MY SIGNATURE BELOW INDICATES THAT I HAVE CAREFULLY REVIEWED THE TERMS OUTLINED IN THIS SECTION WITH MY STUDENT AND THAT I HAVE ACCEPTED ALL TERMS OUTLINED IN THIS SECTION ON BEHALF OF MYSELF AND MY STUDENT.

Student's Name

Student's Grade

Parent's/Legal Guardian's Signature

Printed Name

Date

Parent's/Legal Guardian's Signature

Printed Name

Date

**In the event that both parents retain legal guardianship of the student, the signatures of both parents are required.*