

Lesson 1

Plotting Out My Goals

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. What goals did you have at my age and how did you reach them?

2. When were you proud of yourself for practicing deferred gratification?

3. We are learning about living our standards and beliefs. Why would you want me to make a mature choice instead of a popular choice?

Advice from my parents/guardians:

Lesson 2

Maneuvering Media Messages

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. I know that advertisers use sex to sell their products. I don't want to be used and tricked into buying certain things-how can you help me choose products for their value not a brand name label?

2. What boundaries should I have on internet and phone use?

3. I know that pornography is addictive and violent. What can I do to protect myself from viewing pornography?

Advice from my parents/guardians:

Lesson 3

Where My Journey Began / Human Development

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. What is your favorite things about being a parent? Do you think I will be a good parent one day?

2. What are some of the consequences for the babies of teen parents?

3. Why is it important for teens who have been sexually active to seriously think about claiming renewed abstinence?

Advice from my parents/guardians:

Lesson 4

Caution! Don't Trip and Catch an STD

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. It cost 16 Billion dollars a year to treat STDs. Why don't teens think they will catch an STD?

2. How would having a baby now impact my future? What are some good reasons why I should wait until marriage to have sex?

3. How did your life change when you became a parent?

Advice from my parents/guardians:

Lesson 5

Laws Allow Me to Live with Freedom

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. It is illegal in the state of Texas to have sex if you are 17 and under. How does this law protect children?

2. What should I do if someone texts me inappropriate pictures of their body or asks me to send pictures of myself?

3. If I have a friend who is being slapped, hit, or touched sexually what should I do to help them?

Advice from my parents/guardians:

Lesson 6

Real Life Can Take you Higher Than Drugs

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. If no one wants to be controlled by someone or something, why do people let substances into their lives that negatively impact their bodies and minds?

2. When you were growing up did anyone you know get hurt because of someone driving while intoxicated?

3. What could I do if a friend is being pressured into smoking by some people at a new job?

Advice from my parents/guardians:

Lesson 7

My Rescue Team: Boundaries, Limits, and Consequences

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. We are learning about choices and consequences. What could you do to help me better understand responsible or irresponsible choices?

2. What are your favorite things about my personality? What in my personality do you think I need to work on to better reach my goals?

3. What stress management techniques work for you? What are some ways I can practice calming myself?

Advice from my parents/guardians:

Lesson 8

Climbing the Cliffs of Communication

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. When have you had to use courage in making a decision?

2. I want to learn how to be more proactive instead of inactive or reactive – how can you help me be more proactive?

3. Why are positive communication and problem solving steps important for me to practice when I have challenges with people?

Advice from my parents/guardians:

Lesson 9

Don't Rush and Risk a Wreck! Prepare for a Positive Relationship

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. What are few character traits I should look for in loyal friends?

2. What age should I start one-on-one dating?

3. What are some good dating standards I should follow when I do start dating? What types of qualities should I look for in someone to date?

Advice from my parents/guardians:

Lesson 10

I am Choosing the Road that Ends in Happiness

Parent Discussion Questions

Students will ask the questions below to their parents/guardians:

1. Why does the media glamorize cheating and infidelity and does not show any negative consequences?

2. Has there ever been something that you waited for and you were glad you did? What helped you wait?

3. What are the good qualities that make up a healthy marriage? What type of person do you hope I choose to marry?

Advice from my parents/guardians:
