

Krum High School 2023-2024



Cheerleader/Mascot Constitution, Procedures, and Tryout Information

After careful consideration and research, Krum Independent School District administrators and coaches have instituted the following cheerleader constitution and procedures for use with the cheerleading/mascot program at all levels. For the benefit of fairness and consistency to all members who participate in the program, we will support, in word and action, the following rules, guidelines, and procedures.

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PHILOSOPHY/PURPOSE

Being a cheerleader/mascot is an honor and special privilege. Cheerleaders, mascots, and spirit groups exist to promote good sportsmanship, good citizenship, wholesome and enthusiastic school spirit, and are, first and foremost, representatives of their school. Cheerleaders/mascots should exemplify both individual and group behavior suitable to their position and in accordance with the rules as stated in the KISD Student Code of Conduct and Athletic Handbook. Members of these groups have a fundamental responsibility to play a leadership role in building teamwork and helping the school achieve its goals and objectives. Because of these responsibilities, members of the cheerleading squad will be expected to maintain a higher standard of behavior, both on and off campus, and academic achievement than that of their peers.

OBJECTIVES

Cheerleaders/mascots are expected to be physically and mentally skilled in learning and remembering cheers and dances. They are also expected to be able to publicly demonstrate a skill level suitable for the team position and the timing necessary for group performance. **Off the field, they are to enthusiastically support all athletic teams through advertisement, personal attitude, and attendance at events chosen by the coach and approved by the principal.**

ELIGIBILITY – TRYOUT

A student is eligible to try out for cheerleader/mascot if:

- At the time of the tryout, the student is enrolled in the Krum Independent School District. A student who is not currently enrolled in KISD, but intends to enroll in KISD, is eligible to tryout for the JV squad. With not being currently enrolled in KISD you will be ineligible to tryout for the Varsity Squad. Only freshman, sophomores and juniors are eligible for JV
- The student will have to provide documentation that their home has sold, proof of residence or that their home is for sale.
- They attend all mandatory tryout clinics, the week of tryouts, and any meetings.
- They must be able to be in the cheer class period during the school day.

COMMITMENT

Candidates selected are expected to make a commitment for **the full year**. All cheerleaders/mascots are required to be in the cheer athletic period during the school year. Any cheerleader/mascot who voluntarily quits the squad before the end of the school year will not be allowed to try out for the next school year. CL/M are expected to perform their duties until the last day of the calendar school year.

Sample Varsity/Mascot Week Football/Volleyball:

Monday: Off
Tuesday: Off
Wednesday: Practice
Thursday: Off
Friday: Pep rally, Game (Football)

Sample JV/Mascot Week Football/Volleyball:

Monday: Off

Tuesday: Off
Wednesday: Practice
Thursday: Game (Football)
Friday: Off (Homecoming Varsity Game)

Sample Week Basketball/Baseball/Softball:

Monday: Practice
Tuesday: Game
Wednesday: Off
Thursday: Off
Friday: Pep rally, Game

Any cheerleader/mascot whose intention is to leave the school district, quit the cheerleading squad, or are removed from the squad will be required to sign a waiver of position and return all cheerleading/school property. This process is finalized and irreversible once the cheerleader/mascot has signed the waiver.

SELECTION

The Krum Independent School District will hold a centralized tryout for the selection of the high school cheerleading squads and mascots. The goal of the centralized tryout will be to provide a consistent, equitable and monitored tryout process for all high school cheerleader/mascot candidates across the district. The KHS tryouts will be held on a Friday in March to be determined by the school principals and coaches.

The coaches and principal will facilitate the tryouts. The principal designee and coaches will be present in the building during the entire tryout process.

TRYOUT GUIDELINES

Coaches will meet annually to review the constitution and update tryout information. These documents are then approved by the principal.

Each coach will be responsible for the preparation and distribution of a packet of information to be made available to all candidates. This information will include specific tryout dates, times, attire, and procedures. All coaches and principals prior to distribution must approve this information. Candidates and parents must sign a form stating that they understand and will comply with all the information in the packet before the student is allowed to participate in the tryout process. This includes the responsibilities, rules and consequences.

The following procedures are to be followed to the letter. Any deviations require principal approval prior to the deviation.

A panel of judges shall select the cheerleaders and mascots. Candidates wishing to try out for cheerleader/mascot must file all the required forms with the appropriate team coach by the specified deadline. Schools may elect to set an earlier date for turn in (ex. at the parent meeting), but no student will be penalized as long as the information is turned in by the specified deadline.

The coaches and principal will establish a uniform tryout outfit. Every item of clothing should be carefully considered to insure equity, affordability, and safety for the students during the tryout procedure. This uniform should be limited to a plain t-shirt with no visible logo, solid black shorts (style to be determined by the coach), a solid white bow, and any type of white athletic shoe.

Parents, friends, relatives and current/former cheerleaders/mascot members will not be allowed in the building during any phase of the Krum High School tryouts. The only exception would be a graduating cheerleader who is helping facilitate tryouts.

SQUAD MAKEUP

The varsity squad will be composed of **up to 14** cheerleaders and may be co-ed. **However, that does not guarantee that 14 cheerleaders will for sure make the team.** The number will be decided with the natural break in scores. The team will be open to upcoming seniors, juniors, sophomores, and freshmen.

The junior varsity squad will be composed of **up to 8** cheerleaders and may be co-ed. **However, that does not guarantee that 8 cheerleaders will for sure make the team.** The number will be decided with the natural break in scores. It will be open to juniors, sophomores and freshmen. No seniors are permitted on the junior varsity squad.

Mascot selection will be based on the highest score awarded by the judges. However, an alternate may be selected to help fulfill various obligations required of the Mascot position. Mascot participation will be at the varsity level only.

JUDGING CRITERIA FOR HIGH SCHOOL CHEERLEADER

Entrance (15)

- Presence/Poise (5)
- Running Tumbling (5)
- Spirit/Enthusiasm (5)

Jumps/Standing Tumbling (35)

- Toe Touch- Jump #1 (10)
- Jump #2 (10)
- Jump #3 (10)
- Standing Tumbling (5)

Cheer (30)

- Motion Technique (10)
- Voice/Projection (10)
- Memory (5)
- Smile (5)

Sideline (30)

- Motion Technique (10)
- Voice/Projection(10)
- Smile (5)
- Memory (5)

Dance (30)

- Motion Technique (10)
- Timing (10)
- Smile (5)
- Memory (5)

JUDGING CRITERIA FOR HIGH SCHOOL MASCOT

Entrance (15)

- Appearance in mascot suit (5)
- Movement (5)
- Coordination (5)

Cheer routine (1 cheer) (20)

- Spirit, enthusiasm, and creativity (10)
- Crowd interaction (10)

Prepared routine (1 minute) (30)

- Creativity (10)
- Use of props (10)
- Music incorporation (10)

JUDGES

There will be a minimum of **three judges** on each panel. Judges will be selected from NCA, UCA, ACA, other professional cheerleading associations, universities, and/or out of district coaches. Each school is responsible for reserving and paying for its own judges.

Judges should not be hired to judge tryouts if they have tutored or taught the cheerleader/mascot candidates during the current school year. Every attempt should be made to hire judges who have not worked with students in the Krum area. However, with the hundreds of camps in the state of Texas, attended by thousands of cheerleaders/mascots, and taught by hundreds of instructors, it may be possible

at some time that a member of the judging panel may have had some contact with a candidate who is trying out.

Professional judges with proper credentials and references will be hired for all tryouts. They will be instructed to judge the candidates based only on the mastery of the skills that they see demonstrated during the tryouts. Tryout results will not be challenged. KISD cheerleader coaches may not serve as a judge for cheerleader tryouts.

PANEL TRYOUTS

Panel tryouts will be closed to everyone except judges, coaches, principals and principals' designees.

There will be no students, parents, or existing cheerleader/mascot in the tryout room/area, nor will they be involved in the collection or tabulation of scores.

TABULATION OF SCORES

The principal designee will provide a network connection that will contain an Excel spreadsheet with the formulas already inserted. It will be the responsibility of the building principal or his/her designee to enter the student's name and tryout number on this spreadsheet. This spreadsheet will then be brought to the centralized tryout site and the principal or his designee will oversee the entry of the judges' scores into the spreadsheet. Candidates will then be ranked from highest to lowest and the appropriate number selected for each squad.

The formula for tabulating final scores should be as follows:

Cheerleader:

- Each judge may award up to 140 points total per candidate. The judges' scores will be averaged together to get the final judges score. The top scores will be used to determine squad selection.

Mascot:

- Each judge may award up to 65 points total per candidate. The judges' scores will be averaged together to get the final judges score.. The top scores will be used to determine the mascot selection.

Scores will be locked in the principal's office.

In the case of a tie, see EXCEPTIONS.

EXCEPTIONS

- A. In the case of a tie, there is the possibility of call backs. If a candidate is not present in the case of a call back, they will forfeit their opportunity to be selected as a cheerleader. The principal must be notified prior to the announcement of winners when a tie is involved.
- B. In the case of physical injury prior to the tryout, the coach must be notified with a doctor's note for permission to have any deviations in the tryout procedure.
- C. Tryouts will not be held at an alternate date. If a candidate cannot make the tryouts, they must have an administrator's approval for an excused absence. A video try-out will be administered for those with an approved absence.

VIDEO FILM GUIDELINE USAGE

No video footage may be used for any portion of the tryout process, unless the candidate has an administrator approved absence. In that case ONLY will a video try-out be used. The video try-out will ONLY contain elements of the general try-out filmed by a coach. No additional skills or material will be allowed in the selection process.

NOTIFICATION

After all tryout scores for a school are tabulated and confirmed by the principal designee, each candidate will be given instructions on how to find out the results of the tryouts.

The winning candidates' names will be posted on the Krum High School Cheer website.

This list will be alphabetical order of the candidate's names with no indication of ranking.

PARENT REQUEST FOR SCORES

Parents have 10 school days after the conclusion of tryouts to request to see their own child's score (no rank scores) from the principal and/or coach. Parent requests must be made in writing through email by the morning of the tenth school day. By law, all other student scores are protected and cannot be shared with anyone except the coach, principal, or principal designee. **The original judges' score sheets will not be released to parents or students.**

REPLACEMENTS

If a member of the cheerleading squad moves (or there is an opening for any reason), the principal and coach may fill the opening based on the tryout rank

scores. Any replacement will take place on or before the first day of school and is at the principal's and coach's discretion. Any opening after the first day of school will not be filled.

SELECTION OF LEADERSHIP/ CAPTAINS

Being named co-captain of a squad is a special privilege, as well as a responsibility. Varsity can have two co-captains, JV will have one.

In order to try out for Varsity co- captain, you must have been a Varsity cheerleader at Krum for your junior year. These individuals should be an example for the rest of the squad. The captains are expected to support, in word and in action, all guidelines set forth in this constitution, along with the rules of KISD. This position will require a time commitment outside of the “normal” cheerleader obligations.

Selection of Captains at the Varsity Level:

- Selection of Varsity and Junior Varsity captains will be based on,
 - i. Squade Vote: 15%
 - ii. Three teacher recommendation Letters & Grade check: 10%
 - iii. Tryout Score: 25%
 - iv: Coach’s Evaluation: 50% (portfolio)
- Cheerleaders classroom and cheer period behavior, leadership skills, grades, and attendance will be taken into consideration

The coaches’ decision of co-captain is final.

ELIGIBILITY-MAINTENANCE

In order to be eligible for any nine-week period following the initial nine-week period of a school year, a student shall not have a recorded grade average lower than 70 on a scale of 0-100 in any course for the preceding nine-week period. To be eligible to participate in the nine-week periods

following the initial nine-week period of a school year, a student must not have a recorded grade average lower than a 70 in any course for that preceding nine-week period.

A student whose recorded nine-week grade average in any course is lower than a 70 at the end of a nine-week period shall be suspended from competition or performance. A suspension continues for at least three weeks and is not removed during the school year until the student is passing all subjects taken for the regain eligibility checkpoint. This suspension will follow the eligibility schedule provided by UIL each school year.

Refer to Local FM policy for list of courses, which are exempt from this policy

Students on academic probation must continue to attend classes and participate in all in-school practices, must sit out of all performances, may not sit with or ride with the team to appearances or performances, and may not participate in other out-of-school activities. Ineligible students are not allowed to wear the cheerleading uniform. This state policy does not apply to social activities.

Academics are the school’s top priority. Therefore, if an average of below 70 exists for any two (2) nine weeks in the same course or in different courses during the school year, the student may be removed from the cheerleading squad for the remainder of the school year. Failure of a UIL exempt course for any two nine weeks will result in academic probation and any additional failure of any nine weeks will result in removal from the squad.

GENERAL CONDUCT RULES

Cheerleaders/Mascots are expected to behave in a manner that is becoming to the individual, as well as

to the organization they represent. They should be aware that in or out of uniform they are representatives of the cheerleading squad, KISD, and should act accordingly. Cheerleaders/mascot members engaging in lewd and/or inappropriate behavior may be dismissed from the squad.

Proper manners should be used at all times to address adults. Mutual respect and politeness toward members within the squad are basic elements that contribute to the total success of the squad.

Anyone sent to in-school suspension or given out of school suspension for any reason will be subject to the following actions:

- First Offense – Benched three school calendar weeks. Principal/Coach review, placed on probation for duration of year
- Second Offense –Removal from squad

Students assigned to in-school suspension or given out of school suspension may not perform, wear the cheerleader uniform, or practice with the squad while in ISS or OSS, plus one calendar school day.

Any member failing to abide by published school rules relating to conduct, use of drugs, alcoholic beverages, or other illegal activities will be subject to review by the coach and principal. This also includes being present in any location where the above occurs. Probation for the duration of the school year or dismissal from the group may result from that review.

Any member who is expelled from school will be removed from the cheerleading/ mascot position for the remainder of the school year and will not be allowed to try out for the following school year.

SPECIFIC GUIDELINES/RULES

UIL, KISD Regulations and Policies

- Students may not purchase food items or other “goodies” for other students.
- Students shall not be required to purchase gifts for other students or gifts for teachers.
- Students shall not be required to pay "dues" to a booster club or be required to purchase a membership.

CHAIN OF COMMAND

Krum ISD asks that parents and students follow the chain of command when filing grievances. All issues or concerns should first be addressed with the coach of the athlete. If the manner cannot be resolved at that level, the head coach will then get involved. If the manner can still not be resolved at this level, the girls athletic director will then advise. Parents and athletes are asked to respect the chain of command and ensure that they follow it when concerns arise.

NOTES

- A. Cheerleading is considered a program, not an academic class. Grades are reflective on whether or not the CL/M follows the rules and regulations set forth in the deduction system.

- B. Grades will be calculated at the midpoint and the end of each three weeks. The progress and end of three weeks grade will be averaged together to arrive at the CL/M final nine weeks average.
- C. Benched: CL/M must arrive on time in complete uniform and sit next to coach or in a designated area.
- D. Probation: CL/M will remain eligible to participate in all activities; however, when the next disciplinary action is taken, it may result in removal from the squad.
- E. Ineligible: CL/M must continue to attend classes and participate in all in-school practices, must sit out of all performances, may not sit or ride with the team to appearances or performances, and may not participate in out of school activities as a member of cheerleading. Ineligible cheerleaders are not allowed to wear the cheerleading uniform.
- F. Injuries: If an injury occurs that keeps the student out of two or more practices, a note from the student's parent or doctor stating the reason will be required. If the injury restricts the student from three or more practices, a doctor's note will be required. This note should state the nature of the injury, the length of time of the restriction, the specific task the student cannot perform, and any special instructions. **Lack of participation will be categorized as missing practice if there is no note.**
- G. Repeated/excessive offenses may result in a coach/principal review. A repeated/excessive offense is defined as repetition of the same offense two or more times during the duration of a year. Violation of the same rule or guideline two or more times in a year may result in the CL/M being placed on probation for the remainder of that year. Violation of the probation by further misconduct could result in dismissal from the squad.
- H. Any coach and principal review of a student's actions may result in dismissal from the squad.
- I. Guidelines: These are general rules and guidelines for all KISD cheerleaders. Failure to comply may, at times, require judgment calls to be made. These decisions will be left up to the individual coaches for each squad. Coaches reserve the right to upgrade any penalty (immediate benching/office referral/dismissal from squad) depending on the severity of the situation.

**RECOMMENDATIONS AND
GUIDELINES FOR CHEERLEADING
SAFETY**

GENERAL GUIDELINES

A. CL/M squads should be placed under the direction of a knowledgeable coach or coach.

B. The cheerleading coach or other knowledgeable designated school employee will be in attendance at all practices, performances, functions, and will ride with the CL/M on the bus when bus transportation is required.

C. All CL/M should receive proper training before attempting any form of advanced

- cheerleading skills (tumbling, stunts, pyramids, and jumps.)
- D. If possible, all practice sessions should be held in a location suitable for the activities of CL/M, i.e., use of tumbling mats where warranted, away from excessive noise and distractions, etc.
- E. Training in proper spotting techniques should be mandatory for all squads attempting CL/M skills; i.e., camp.
- F. Warm-up and stretching should precede all practice sessions, pep-rallies, games, competitions, and other physical activities.
- G. If possible, all cheerleading squads should develop a conditioning and strength-building program.

SPECIFIC SAFETY GUIDELINES

- A. Toe pitch flips are prohibited.
- B. Free falling flips or swan dives from any type of toss, partner stunt or pyramid are prohibited.
- C. Knee drops, front, back or side tension rolls are prohibited.
- D. Single-based split catches are prohibited.
- E. Basket tosses or any type of toss must be performed from ground level and must be dismounted to a cradle position by the original two bases plus an additional spotter (third person scoop). Single-based tosses higher than shoulder-stand level must be cradled by two people.
- F. Pyramids or partner stunts may NOT move through or under a basket toss or suspended flip.
- G. Partner stunts and pyramids higher than a shoulder-stand must have a continuous spotter for each person over shoulder-stand level.

- H. Suspended forward rolls (where the person flipping is continually holding the bases hand) are allowed as long as the bases have their feet on the ground.
- I. Toe touch dismounts off of pyramids two-high are allowed as long as the person dismounting is caught by three persons in a cradle. Toe touch dismounts off of single layer tabletop stunts must have at least one spotter.
- J. Dismounts from double-based partner stunts and pyramids over shoulder level, if cradled, must use three catchers (either the bases and a spotter or three spotters.)
- K. Dismounts from single-base partner stunts over shoulder-stand level, if cradled, must be cradled by two catchers (the base and the spotter.) (Two female or one male)
- L. A co-ed squad (two or more males) may do unsuspended extensions with a continuous spotter.

Any coach may prohibit any pyramid or stunt at any time based on their discretion.

CHEERING ACTIVITIES

FOOTBALL*

1. Varsity CL/M will cheer varsity games.
2. Junior Varsity will cheer JV games, Varsity Homecoming, and any other games required by the Varsity Coach.

VOLLEYBALL*

1. Only Varsity CL/M will cheer at volleyball playoff games.
2. No out of town games or tournaments (excluding playoffs).

BASKETBALL*

1. Varsity CL/M will cheer all home games and all Varsity boys' and girls' district games.
2. JV will cheer at all JV home games.

BASEBALL/SOFTBALL*

1. Varsity CL/M will attend designated home baseball and softball games.
2. No out of town games or tournaments (excluding playoffs).
3. JV will attend any games specified by the JV or Varsity Coach.

HIGH SCHOOL PLAYOFF GAMES*

1. Varsity CL/M will cheer at all football, volleyball, and basketball playoff games.
2. The JV squad may attend varsity football playoff games, and possibly some volleyball and basketball playoff games.
3. Volleyball/Football Conflict: JV CL may attend the regional and state VB games. Varsity CL/M may be given the option of which game to cheer for.
4. The JV squad must ride with the Varsity squads to all playoff games that they are required to attend.

CHEER COMPETITION

The Varsity cheer squad may participate in the UIL Gameday cheer competition. This competition will require additional outside school practices. Selected junior varsity cheerleaders may be used as alternates for this performance.

OUTSIDE COMPETITION SQUADS

Competition squads are viewed as secondary to the responsibilities of a KISD cheerleading squad. Absences due to competition squads/practices will be unexcused.

TRANSPORTATION

The bus driver will shuttle individual squads to their away games so that they will arrive and depart as their games begin and end. All high school CL/M are expected to go and return with the squad. Each CL/M may choose to ride home with their parents for **one** event during the year, or at the coach's discretion with a sign-out provided sign-out sheet.

Deviations from this process may be made with written permission from the principal prior to leaving for the event or in the event of major medical emergencies requiring hospital care. Leaving without prior permission may result in dismissal from the squad.

BOOSTER CLUBS

Booster clubs are optional, but may be allowed at the discretion of the principal and coach. Booster clubs are formed by school patrons to help enrich an organization's participation in extracurricular activities. This should be their primary focus.

Booster clubs should have a board of directors made up of at least a President, Vice-President and Treasurer. There should be at least two signatories on booster club checks. A detailed list of income and expenditures should be published by the Treasurer for the membership on a monthly basis.

CL/M shall not be required to pay dues to a booster club. CL/M shall not be required to raise money if a parent prefers to pay the student's cost.

MONEY COLLECTED BY COACHES

Cheerleader/mascot coaches collecting money from students will give receipts to students stating the amount of money collected and what the money is to be charged toward (trip, uniform, camp, banquet, etc.).

Coaches will keep a detailed accounting of income and expenditures of students' money.

FUNDRAISING

Fundraising for the cheerleading program will occasionally occur under the supervision of the individual campus in accordance with KISD board and campus policies.

All money fundraised in the name of the school cheerleading program is school property. If fundraising money is used to purchase uniforms, supplies, or other materials for CL/M, these items are the property of KISD. All money collected will be counted and verified by a coach or designee and another adult.

A) CLASS PERIOD/ PRACTICE

1.	Cheerleader/ mascot (CL/M) must wear appropriate workout clothing during class period/practices.	3 suicides
2.	No jewelry may be worn.	2 laps
3.	No chewing gum.	2 laps
4.	No long fingernails (athletic length)	2 laps
5.	CL//M must be on time to cheerleading class (No one in hallways after tardy bell.)	School policy
6.	CL/M must be on time to all in/out of school practice.	2 jumps for every minute late
7.	CL/M will attend all in/out of school practices. <u>Any absence must be cleared by the coach the day before the event.</u> <u>Excused:</u> Illness with school notification, appointments including doctor appointments (need a note), death in the family, religious holiday. <u>Unexcused:</u> Work/vacation, non-UIL involvement (All-Stars, etc.) <u>Note:</u> For safety reasons, missing practice may result in exclusion from certain aspects of a performance even if the absence is excused.	Excused: No penalty Unexcused: 4 laps/ 3 suicides
8.	CL/M cannot miss the last practice before a game.	
9.	CL/M will attend all summer practices.	

B) GAMES/PEP-RALLIES/ALL COACH DESIGNATED ACTIVITIES

1.	CL/M must be in correct/complete uniform at school on game/pep-rally days. Only letter jackets/designated sweats/sweaters may be worn with uniform or spirit attire.	3 suicides
2.	No jewelry may be worn.	2 laps
3.	No chewing gum.	2 laps
4.	No cursing/arguing.	2 laps
5.	No bright colored nail polish (nude colors only).	2 laps
6.	No long fingernails (athletic length)	
7.	CL/M will have required items upon arrival. (pom poms, megaphone, props, etc.)	2 suicides
8.	CL/M will maintain proper sideline behavior at all times. <ul style="list-style-type: none"> ● No excessive talking among CL/M. ● No talking to people in the crowd. ● No going up into the stands. ● Pay attention to the game/pep-rally. ● Stand in correct formation/stance. ● Cheer/spirit, jump and tumble the entire game or pep-rally. ● Only one person out of formation at a time for drinks. ● CL/M will show respect during the National Anthem and both school songs. 	

9. During the School Song, every cheerleader/mascot should stand still and sing the song (you must know the words).	
10. All CL/M will stay to clean up after each game/pep-rally and will be dismissed by the coach.	
11. CL/M will not engage in public displays of affection.	
12. CL/M will arrive on time and at the designated meeting area. <ul style="list-style-type: none"> If a CL/M misses the bus he/she will not be allowed to cheer at the game. Tardiness will not be accepted 	2 jumps for every minute late
13. CL/M will remain for the duration of the game/pep-rally.	
14. CL/M will be back on the field/court ready to cheer 3 minutes before the game begins or half-time ends.	
15. CL/M will stay on the field/court for the entire game/pep-rally.	
16. CL//M will attend all in/out of school games, pep rallies, meetings, functions and activities. <u>Any absence must be cleared by the coach the day before the event.</u> Excused: Illness with school notification, unexpected illness with doctor permit, death in family, religious holiday. Unexcused: Work/vacation, non-UIL involvement (All-Stars, etc.) Note: An absence from school does not excuse CL/M from the responsibility of letting the coach know.	Excused: No penalty Unexcused: 4 laps/ 3 suicides
17. CL/M will attend all designated playoff games. Any absence must be cleared by the coach prior to the event.	

C) SIGNS (At High School Level Only)

1. CL/M will put up and take down all spirit signs.	
2. Cheerleaders will paint the required number of signs during the summer months. All signs must be neat and include appropriate sayings with correct spelling/grammar.	
3. All spirit signs must be painted correctly and returned by the designated date.	

D) GENERAL

1. CL/M hair will be a natural color	
2. CL/M will not leave food, trash, or mess in the cheer room, practice area, halls, bus, or any performance area.	
3. CL/M will not participate in any public display of affection during school, at school activities or while wearing the CL/M uniform.	
4. CL/M will follow the head CL/M(s) instructions at all times during CL/M activities.	
5. CL//M will respect/respond to all coaches at all times. Rudeness/insubordination will not be tolerated.	

6.	CL/M will respect all teacher/staff members at all times.	
7.	CL/M placed in in-school suspension (ISS) or given out of school suspension (OSS) for any reason.	First Offense – Benched 2 events, Principal/Coach Review, Probation Second Offense – Removal from squad
8.	CL/M receiving an N in conduct from any teacher.	Benched one event per N conduct grade, coach & principal review
9.	CL/M receiving a U in conduct from any teacher.	Benched three weeks
10.	CL/M receiving a failing grade for any class.	See Eligibility-Maintenance
11.	CL/M identified as truant from school.	Benched 3 events, Probation, Coach & principal review

Guidelines for High School Cheerleaders: Social Media

Dear Cheerleaders,

As you begin participation in this new cheer season, the Athletic Department of Krum High School wants to make sure you are aware of the social networking guidelines. KISD and the Athletic Department recognize and support the cheerleader-athletes' rights to freedom of speech, expression, and association, including the use of social networks. As a cheerleader-athlete, you represent Krum. Our school and the community of Krum are expecting you to portray yourself, your team, and the school district in a positive manner at all times.

Below you will find social networking guidelines for usage of social networking sites:

- Everything you post is public information. Any text or photo placed online is completely out of your control the moment it goes online – **even if you limit access to your site/profile**. Information (including pictures, videos, sharing, and comments) may be accessible even after you remove it. Once you post a photo, share something, or comment on a social networking site, that photo, share, or comment becomes the property of the site and may be searchable **even after you remove it**.
- What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, shares, comments, and posts).
- Similar to comments made in person, the KISD Department of Athletics will not tolerate disrespectful comments and behavior online, such as:
 - Derogatory language or remarks that may harm teammates or coaches; other Krum students, athletes, teachers, or coaches; and student-athletes, coaches, or

representatives of other schools, including comments that may disrespect opponents.

- Incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism, stalking; underage drinking, smoking, vaping, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
- Creating a serious danger to the safety of another person or making a credible threat of **any** physical or emotional injury to another person.
- Indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional.

In short, do not have a false sense of security about your rights to freedom of speech.

Understand that freedom of speech is not unlimited. The online social network sites are **NOT** a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is **considered public information**. Protect yourself by maintaining a self-image of which you and your teammates can be proud for years to come.

Social Media Contract

As a Krum High School cheerleader/mascot, the coaches, principals, teachers, and community hold you to a higher standard of behavior. This high standard of behavior includes the use of social media such as Facebook, Instagram, Twitter, Tumblr, Tik-Tok, etc. If you use social media and post pictures and/or printed material on your account, including but not limited to the use of drugs, alcohol, vaping, tobacco, sexual conduct, and bullying can, and will, result in immediate suspension and/or removal from the team. The discipline will be decided by the coach and principal.

As per the constitution, “the area of appropriateness will include, but are not limited to, language (abbreviated or alluding to), pictures, suggestive poses, clothing, threatening danger or emotional injury to someone, reference to alcohol, drugs, and tobacco.” Any question of appropriateness will be decided by the cheer coach, athletic director and principal.

As per the constitution, “the possession and/or use of alcohol, tobacco, and illegal drugs are expressly forbidden and will not be tolerated. Any infraction, on or off campus, may result in **immediate removal** from the cheer team.”

Student Signature

Date

Parent Signature

Date
