



CAMP HARBOR 2023

DAILY CHOICES:

A = MAC & CHEESE

W/ BROCCOLI

B = GRILLED CHEESE

W/ MIXED FRUIT

C = GARDEN CHICKEN SALAD
GRILLED CHICKEN,
TOMATOES, CUCUMBERS,
& AVOCADO OVER ROMAIN

LUNCH IS \$7.75

INCLUDES BOTTLE OF WATER

CHECK OFF 1 OPTION

1, 2, A, B or C FOR

EACH DAY

Catered by:



FREE PIZZA FOR ALL

CAMPERS ON FRIDAYS



Monday	Tuesday	Wednesday	Thursday
26 <div>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 PENNE ALA VODKA W/ CAESAR SALAD</div> <div>2 CHICKEN & BROCCOLI OVER PASTA</div> <div>3 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 HOT DOGS W/ SWEET POTATO FRIES</div> <div>2 GRILLED CHICKEN ON A ROLL W/ SWEET POTATO FRIES</div> <div>10 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 CHICKEN FINGER W/ TATER TOTS</div> <div>2 CHEESEBURGER W/ TATER TOTS</div> <div>17 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 RAVIOLI W/ CAESAR SALAD</div> <div>2 SPAGHETTI & MEATBALL</div> <div>24 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 TURKEY BURGER W/ MACARONI SALAD</div> <div>2 PULLED PORK ON A ROLL W/ MACARONI SALAD</div> <div>31 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BAKED ZITI W/ SALAD</div> <div>2 CHICKEN CAESAR SALAD</div> <div>7 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 FISH STICKS W/ FRENCH FRIES</div> <div>2 CHICKEN FINGERS W/ FRENCH FRIES</div>	27 <div>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BEEF TACO W/ CARROT STICKS</div> <div>2 CHICKEN QUESADILLAS W/ CARROT STICKS</div> <div>4 </div> <div>11 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 CHICKEN TACO W/ CORN</div> <div>2 BEAN BURRITO W/ CORN</div> <div>18 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 STEAK QUESADILLA W/ GUACAMOLE</div> <div>2 CHICKEN CAESAR SALAD</div> <div>25 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BEEF TACO W/ CARROT STICKS</div> <div>2 BLACK BEAN & SPINACH QUESADILLAS W/ CARROTS</div> <div>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 VEGETARIAN CHILI W/ TORTILLA CHIPS</div> <div>2 TACO SALAD</div> <div>8 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 CHICKEN BURRITO W/ GUACAMOLE</div> <div>2 CHEESE QUESADILLA W/ GUACAMOLE</div>	28 <div>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BACON, EGG AND CHEESE ON A ROLL W/ BANANA</div> <div>2 PANCAKES W/BANANA</div> <div>5 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 FRENCH TOAST BAGEL W/CREAM CHEESE W/ MIXED BERRIES</div> <div>2 COCOA PANCAKES W/MIXED BERRIES</div> <div>12 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 FRENCH TOAST STICKS W/ MIXED FRUIT</div> <div>2 BAGEL W/ CREAM CHEESE & MIXED FRUIT</div> <div>19 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 SPINACH, EGGS & AVOCADO WRAP W/ APPLE SMILES</div> <div>2 HAM EGG & CHEESE ON A ROLL W/ APPLE SMILES</div> <div>26 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 FRENCH TOAST STICKS W/ ORANGE</div> <div>2 SAUSAGE EGG & CHEESE ON A ROLL W/ ORANGE</div> <div>2 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BAGEL W CREAM CHEESE W/ MIXED BERRIES</div> <div>2 PANCAKES W/ MIXED BERRIES</div> <div>9 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BACON, EGG & CHEESE ON A ROLL W/ MIXED BERRIES</div> <div>2 POTATO EGG & CHEESE WRAP W/ MIXED BERRIES</div>	29 <div>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 ROAST BEEF & CHEESE ON A ROLL W/ MIXED FRUIT</div> <div>2 CHICKEN SALAD WRAP W/ MIXED FRUIT</div> <div>6 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BOLONGA & CHEESE ON A ROLL W/ POTATO SALAD</div> <div>2 AMERICAN HERO W/ POTATO SALAD</div> <div>13 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 BLT ON A ROLL W/ APPLE SMILES</div> <div>2 ITALIAN HERO W/ APPLE SMILES</div> <div>20 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 TURKEY & AMERICAN ON A ROLL W/ MIXED FRUIT</div> <div>2 GRILLED CHICKEN, BLT ON A ROLL W/ MIXED FRUIT</div> <div>27 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 HAM & AMERICAN CHEESE ON A ROLL W/ WATERMELON</div> <div>2 TURKEY CLUB W/ WATERMELON</div> <div>3 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 MEATBALL PARM HERO W/ PASTA SALAD</div> <div>2 CHICKEN PARM HERO W/ PASTA SALAD</div> <div>10 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</div> <div>1 AMERICAN HERO W/ MACARONI SALAD</div> <div>2 ITALIAN HERO W/ MACARONI SALAD</div>

ALL LUNCHES ARE PREORDERED. PLEASE HAVE MENUS IN BY WEDNESDAY BEFORE THEIR START DATE FOR THE WHOLE SUMMER. THANK YOU!

NAME _____ GROUP _____ NUMBER of LUNCHES _____ CHECK # _____