

Parent Guide

A Jump Start to Kindergarten

Reading/Writing	What you can do to help	Math	What you can do to help	Socially	What you can do to help
Able to hear words that rhyme. Develop a comfort level with books.	<ul style="list-style-type: none"> • Read to your child every day. Read books, nursery rhymes, poems, newspapers, and magazines. • Let your child see you reading for information and pleasure. They will imitate what they see. 	Make an effort to count from 0-20.	<ul style="list-style-type: none"> • Play games that involve identifying numbers. • Play games with dice, hopping spaces, and counting objects. 	Be able to follow a 2-step direction given verbally.	<ul style="list-style-type: none"> • Practice with them. “Put that toy away and then put on your coat.” “Tell me how many fingers I have up and then write the number.”
Begin to learn the letters of the alphabet.	<ul style="list-style-type: none"> • Point out letters on cereal boxes or other items in grocery line or in their name. • Use flashcards. • Use alphabet puzzles. 	Become familiar with numbers and number identification.	<ul style="list-style-type: none"> • Point to numbers as you count from 1-10. Then allow them to say the numbers. • Locate numbers in grocery store lines, on cereal boxes . . . 	Ability to keep their space neat and respect other’s space.	<ul style="list-style-type: none"> • Give them their own space and help them organize it and be proud of how they take care of it.
Be familiar with letter sounds.	<ul style="list-style-type: none"> • You say and point. They repeat. • Use flashcards 	Arrange objects in size order (big to small and small to big).	<ul style="list-style-type: none"> • Practice with toys. 	Able to follow rules with minimal prompting and take turns while playing games.	<ul style="list-style-type: none"> • Positive reinforcement whenever rules are followed. Be consistent with rules and consequences.
Able to retell 1-2 details about a story read to them.	<ul style="list-style-type: none"> • Read a story and ask them specific “what”, “how”, “when”, “who” questions. 	Uses comparison words like “bigger”, “smaller”, “heavier”, “lighter”, “greater than”, etc . . .	<ul style="list-style-type: none"> • Practice comparisons of objects. 	Able to put on, take off, snap, zip, and/or button, their coat. Able to go to the bathroom alone.	<ul style="list-style-type: none"> • Practice, Practice, Practice. Rewards help to accomplish these.
Able to write their name with first letter being capitalized and the rest lower case.	<ul style="list-style-type: none"> • Write in sand, shaving cream, with chalk, and trace it. 	Recognizes a circle, square, and a triangle.	<ul style="list-style-type: none"> • Practice. Trace these objects while they say them. 	Attempt new tasks knowing it is ok to make mistakes.	<ul style="list-style-type: none"> • Encourage and praise efforts in new tasks. • Give a new task each week and be patient with failure.
Able to identify colors.	<ul style="list-style-type: none"> • Practice anytime anywhere. 				

